

METROPOLITAN COMMUNITY CHURCH OF NORTHERN VIRGINIA

June 14, 2026 ~ Pridetide II

*Spirit, Community, Action – Inside & “Out”
Celebrating 45 Years of Being Out in Northern Virginia!*

There is a book at the Sanctuary entry where prayer requests may be entered.

There is also a Square device at the Sanctuary entry if you would like to make your Offering Donation via credit card.

Like Life, The Order of Worship is Subject to Change Without Notice

Gathering Music

Jorge Martinez

Welcome & Announcements

Rev. Emma Chattin

Centering

At the sound of the singing bowl,
please take a few moments to prepare yourself for our worship together

Illumination

Tee

Prayers of the Community

Andrea Albamonte

Choir Response

First Reading ~ *Ruth 3:2-5, 4:13-17*

Susan McGlohn

(Naomi said) “Now Boaz, whose workers you have been following, is our closest relative. Tonight he'll be winnowing grain on the threshing room floor. Wash up and put on perfume and dress in your finest clothes. Then go down to the threshing floor. But don't let him know you are there until he has finished eating and drinking. When he goes to sleep, watch to see where he lies down. Then go and 'uncover his feet' and lie down with him. He'll tell you what to do next.”
Ruth replied, "I will do as you tell me."

So Boaz took Ruth and she became his wife. When they came together, YHWH enabled Ruth to conceive, and she gave birth to a son. Then the neighborhood women said to Naomi, “Praised be YHWH who has not left you this day without next-of-kin; and may his name be remembered through all of Israel. He shall give you renewed life and support you when you are old. For Ruth, who loves you, who is more to you than seven sons, has given birth to him.” Naomi took the child and laid him in her bosom, and became his nurse and caretaker. The women of the neighborhood gave him a name, saying, “A son has been born to Naomi!” They named him Obed (meaning ‘Faithful One’, ‘Servant’). He became the father of Jesse, the father of David.

Second Reading

Kat Velkoff

~ *adapted from Brené Brown in “The Gifts of Imperfection:*

Let Go of Who You Think You're Supposed to Be and Embrace Who You Are.

Love and belonging are essential to the human experience. It's as simple and complicated as this: If we want to fully experience love and belonging, we must believe in our worthiness. When we can let go of what other people think of us, and take ownership of our story, we gain access to our worthiness.

(continued)

When we spend time trying to distance ourselves from the parts of our lives that don't fit with who we *think* we are supposed to be, we find ourselves standing *outside* of our story. This is a very difficult place from which to effect any change. We mainly seek to perform for and to please others. Our sense of worthiness—that important piece that gives us access to love and belonging—lives *inside* of our story. It is there that we find our self, and the perfect place from which to write a brave new story for who we are.

Response Song

How Could Anyone

Words & Music: Libby Roderick
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*How could anyone ever tell you
You were anything less than beautiful?
How could anyone ever tell you
You were less than whole?
How could anyone fail to notice that your loving is a miracle?
How deeply you're connected to my soul?*

Reflection

Finding Ourselves in the Bible
Changing Our Story

Rev. Emma Chattin

Community Dialogue

Offering Invitation

Cornelius Butler

Offertory

We Are An Offering

MCC NoVA Choir

☞ Welcome To The Table! ☜

Kurt Jaeger and Ken Williamson

Sung Words of Institution:

"Let Us Be Bread"

By Thomas J. Porter

The Leader will sing the verses. Please join together on the refrain:

Let us be bread, blessed by our God, broken and shared, life for the world.

Let us be wine, love freely poured. Let us be one in our God.

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Invitation to the Table

Sharing The Open Meal of Christ

Community Blessing Kurt Jaeger

Closing Song

God of Change and Glory

No. 177

Benediction and Sending Forth

Rev. Emma Chattin

Postlude

☞ Go in Peace ☜