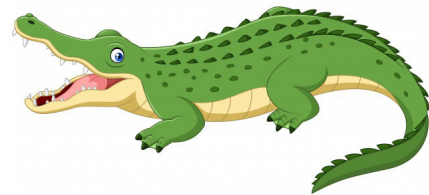


Gator Gossip



www.gogreystonegators.com

[@GreystoneUpdate](#)

June 14, 2019

Important Dates

- June 18 - Granite Falls (Away)
- June 25 - North Hills (Home)
- June 27 - Family Fun Night/
Swim-A-Thon
- July 2 - Seven Oaks (Away)
- July 3 - Team trip to Tucker Lake
- July 9 - Northbrook Meet and
Senior Recognition (Home)
- July 16 - Greenway Club (Away)
- July 20 - TSA Championship
- July 23 - Awards Night

Swim Practice Schedule

Afternoon and evening practices

Monday, Wednesday & Thursday:

- 6-and-unders 4:00 - 4:45 p.m.
- 7-10 year-olds 4:45 - 5:45 p.m.
- 11-18 year-olds 5:45 - 6:45 p.m.

Friday Afternoons

- 7-18 year-olds 4:30 - 5:30 p.m.

Morning practices

Monday, Tuesday, Thursday & Friday:

- 7-18 year-olds 9:00 - 10:15 a.m.
- 6-and-unders 10:15 - 11:00 a.m.

Wednesday:

All age groups Doughnuts and Ribbons
10:00 - 11:00 a.m.

**All practices are subject to change
due to other activities at the pool.*

Greystone Swim & Racquet Club
1115 Sawmill Rd.
Raleigh, NC 27615

***NEW POOL PHONE NUMBER:**
919-834-7865

A Message from Coach Brendan

Hello Gator Families,

What a great first four weeks of the summer swim season. This past week we had a great meet against Meredith Townes at home on a beautiful evening. We saw our Gators put up a tremendous performance against a tough team. We have had some rough weather over the last week, but the staff is very proud of the hard work the swimmers who have made practices.

Over the next week we will be working more on a few different things with the different age groups. For our 8-and-under Gators, we are going to focus on Breaststroke and Butterfly and starts. For our 9-10s, we are working on Starts and Breaststroke. For the 11-12s, we are going to put a great effort on our turns and streamlines off the walls. For the 13-18-year-olds, we are going to focus on the back half of our races with strong finishes as well as turns. All these different things will help us continue to have time drops at our meets.

Next week, we head to Granite Falls for an Indoor meet. This will be nice - we do not have to worry about rain and storms. We will need to bring the strong Gator spirit as we head out Hwy. 401 to Granite Falls. Be on the lookout for next week's Gators on the Go in the newsletter. Lastly, get out and work on getting sponsors for the Senior Awards swim-a-thon that will take place during the Family Fun night.

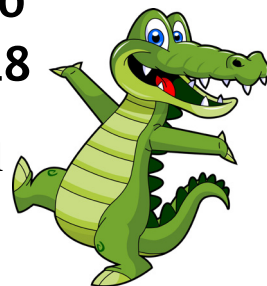
27 volunteer positions are needed for the swim meet against Granite Falls. [Sign up to volunteer today!](#)

Go Gators!

You can reach Coach Brendan at gatorcoach16@gmail.com.

Gators on the Go Tuesday, June 18

11:30 a.m. - 1 p.m.
Moe's Southwest Grill
at Brennan Station
8111 Creedmoor Rd.
Raleigh, NC 27613



Important Meet Reminders

- **Away meet** at Granite Falls:
800 Granite Falls Boulevard, Rolesville, NC 27587
- Arrive at 5:10 p.m., warm-ups start at 5:30 p.m.
- **Remember to show good sportsmanship** during the meet.
- If swimmers have to leave early, you must **notify both the child's age group parent and a coach**.
- Pack **extra towels** and chairs (if desired). Pack low-tech entertainment with few parts. Leave prized possessions at home.
- Swimmers should **sit with their age group at all times**. Older swimmers need to listen carefully so they do not miss their event.
- **Participant ribbons** will be given to younger swimmers at the end of each race. First heat ribbons will be handed out the next day.
- There is **no Chow meet-up** after the meet this week.
- **Volunteer positions still needed for this week's meet:**

**There are 27 open volunteer positions
for Tuesday's meet.**
[Please sign up to volunteer!](#)

To sign up please visit our web site and go to the "Swim Meets and Events" tab, then click on "Job Sign-Up" next to the Granite Falls swim meet.

Greystone Gators Family Fun Night & Swim-a-thon

**Thursday, June 27
5 p.m. - 8:30 p.m.**

**RSVP BY SUNDAY,
JUNE 23**

Details: Pages 6-8

Ribbons & Doughnuts



Each **Wednesday at 10 a.m.**, Gators meet at the Swamp for a ribbon ceremony and sugar feast. It's a fun chance to congratulate our swimmers. First heat and relay ribbons will be handed out. All other swimmers get ribbons during the meet. The coaches also recognize two swimmers (one 10-and-under swimmer and one 11-and-up swimmer) who have shown the most "Gator Guts" during the previous week by awarding the two **Gutsy Gator** trophies. **Go Gators!**



Keep it Clean!

All Gators are responsible for keeping their rest areas clean. During the meet, please place trash in the trash can, pick up all personal items and **keep things tidy**. Please check behind your swimmers at the end of the meet to make sure they have left things picked up and clean. Thank you.

Greystone Swim Team Coaches Available for Lessons!

Our coaches are available for individual lessons. Sign-up posters are available in the pool shelter.





Individual Photos

Photographer [Deb Scioletti](#) will take individual photos by request. Orders for both individual and team pictures will be processed and printed professionally. You can complete the [order form](#) bring it to the pool. Paper copies will be available at the pool. Drone pictures are \$10. Deb Scioletti accepts cash, check, PayPal to debsphoto@yahoo.com or Venmo @Deb-Scioletti.

Gator Caps & String Bags

The Gator Caps and String Bags are here! Please pick yours up at the swim meet this week. Each swimmer receives one silicone cap. Also, each swimmer receives a free string bag compliments of Vanderwall Orthodontics.

Thank you!



Volunteering Information

Thank you to everyone that volunteered at our first swim meet! We are adding group parents to the 7-8 boys and 9-10 boys. Please check the sign-up. These groups need a little extra help to ensure appropriate behavior at our swim meets.

• We have 27 volunteer positions open. We need your help, sign up today!



• If you sign up to be an age group parent, please only sign up for this job one time per child. These slots are often highly sought after, and we want to allow others to have the opportunity. Other good slots for parents with small children include being a runner at a home meet, relief timer, bake sale, and kid pusher.

To sign up please visit our [web site](#) and go to the "Swim Meets and Events" tab, then click on "Job Sign Up" next to the Granite Falls swim meet.

Greystone Gators vs. Meredith Townes Mudpuppies

Final score: Meredith Townes 289, Gators 215

Double/Triple Winners

Girls 6-and-Under: Juliet Christopherson (free, breast)

Boys 11-12: Holden Ball (free, breast, fly)

Sweeps

Girls

6-and-under, 15Y Freestyle - Juliet Christopherson • Ella Lewis • Hazel Stone

6-and-under, 15Y Backstroke - Virginia Dugan • Ella Lewis • Emelia Leocini

9-10, 25Y Backstroke - Madison Blaes • Virginia Christopherson • Charlotte Rinker

Boys

7-8, 25Y Freestyle - Stokes Oxrieder • Henry Thompson • Ryder Betts-Kitchen

7-8, 25Y Backstroke - Stokes Oxrieder • Trevor Munn • Emree Stevens

9-10, 25Y Breaststroke - Grant Shaffer • Sully Bridges • Evan Miranda



Gutsy Gators

Each week, our coaches recognize two swimmers who exhibit great sportsmanship and effort. These swimmers keep the beloved Gutsy Gator trophies for the week, then return them for the next winners.



(L-R) Duncan Burns, Jacob Wylie, Claire Thompson, Thomas Wright and Brendan Betts at the pool Thursday, June 13.

Claire Thompson

Our younger Gusty Gator this week is Claire Thompson, age 4. Claire comes to practice every day and swims. At Tuesday's meet, Claire got very upset and cried, but she swam at the meet anyway without anyone forcing her to swim. Claire loves swimming and listens to the coaches all the time. Her eagerness to learn and willingness to try even when she's sad makes her this week's Gutsy Gator.

Congratulations Claire!

Mayes Baker

Our older Gusty Gator this week is Mayes Baker, age 12. Mayes is a new member of our swim team. He joined with almost no knowledge of how to swim. In the last three weeks he has come to every practice ready to learn. Through his perseverance he has managed to learn every stroke. In Tuesday's meet, he competed in every race (without being DQ'd). His dedication and willingness to try something new is what made him this week's Gutsy Gator.

Congratulations Mayes!



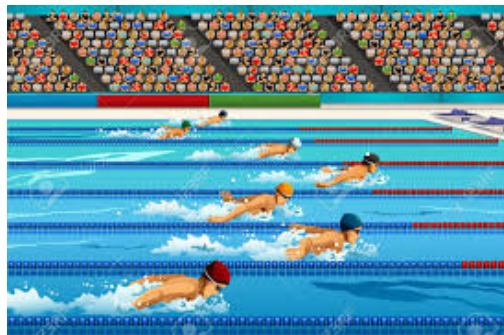
(L-R) Jacob Wylie, Thomas Wright, Mayes Baker, Brendan Betts, and Duncan Burns at the Swamp during ribbons and doughnuts Wednesday, June 12.



TSA Meet Information

Our first away meet is this week! We will be swimming against the Granite Falls Gators.

- Remember some important principles around summer swimming: working as a team (so ditch the electronics and get to know your age group friends), working hard and doing your best, showing good sportsmanship (by being polite), congratulating others in your heat and having fun!
- **Travel:** Their pool is located at **800 Granite Falls Boulevard, Rolesville, NC 27587.**
- **Parking:** Parking is available at the **front of the club**, but additional parking is typically needed and is available in the **grassy area across the street from the club**. Important, please note that there is an electrical box that you cannot park to the left of or you could be towed. Parking is not allowed directly on Granite Falls Boulevard. There will be additional parking that is available at the State Employees Credit Union located at the corner of Rogers Road and Granite Falls Boulevard after 5:00 pm with a shuttle van to help anyone who parks at the credit union.
- **Pool:** Granite Falls has an indoor 8-lane pool. Both teams' parents and spectators will be sitting on the parking lot side of the pool.
 - There will be metal bleachers but you can also bring chairs.
 - All of the swimmers will sit outside due to the limited deck space. So, prepare the kiddos to sit outside which means extra towels, bug spray, tents for shade, etc.
 - The outdoor pool will be open during the meet for Granite Falls members, please ensure swimmers stay out of the outdoor pool.
- **Concessions:** They will have a concession stand at the outdoor pool that will be open during the meet. The concession stand carries items such as hamburgers, hot dogs, pizza, etc. They accept cash and credit.
- **Final reminder:** Don't forget to leave your area clean when you leave. As always, make sure you pack your good manners and sportsmanship along with your goggles and towels!





ROCK VS. POP

Thursday, June 27, 5p.m. - 8:30p.m.



Are you a Rockstar or a Popstar? You get to choose!

Let that secret rockstar out!

This is your inner diva's time to shine!

No Gator can be upstaged on Family Fun Night!

CLICK HERE to RSVP for the SWIM-A-THON

Fabulous

Get the band back together!! Our evening will kick off with a costume contest (optional). Dress like your favorite rockstar, popstar, or create your own persona. Families can skyrocket to fame as a notorious rock 'n roll band or hip hop group. Let the paparazzi go crazy and take photos with your biggest fans. We will announce the winners of the costume contest sometime around 5:30, so be sure to arrive to the pool on time.

After those 15 minutes of fame, those who signed up will participate swim in our annual swim-a-thon to raise college fund money for our famous Senior Swimmers. (This is also optional, yet encouraged!) The battle of the bands will continue in the lap lanes where our rock stars and pop stars will swim their hearts out. Estimated swim-a-thon kick-off time is 5:45 and will last approximately 30 minutes.

Food

The swim team fund will provide and serve BBQ from Ole Time BBQ. Plates include a serving of shredded pork and banana pudding. The swim team will also provide hot dogs. Sides will be potluck style. Please select from the requested items on the Sign Up Genius. This year we have pre-planned/streamlined the food items so that the food is fair and consistent for all families moving through the buffet line.

Please prepare enough to serve 12 people.

Like last year, to cut down on the crazy line-up for food our hungry Gators are used to, we are going to be calling up families by groups, as indicated on a ticket you will receive when you arrive at the pool that evening. (Similar to airplane boarding zones). Also, please come to the buffet with your children, do not send them alone. We will work hard to keep a fair and steadily stocked buffet line..

Fun

Celebrity Chef Contest: Nobody knew you were a caterer to the stars! Anybody is welcome to enter their side, salad or dessert in a contest. If you are interested, simply indicate that when you come in. We will have someone to help you officially enter. We'll have a winner for the star-worthy chef!

Famous Coach's Performance • Air Guitar and Crowd Surfing Diving Board Contest

Penny Dive • Freeze Dance • Door Prizes

CLICK HERE to RSVP for FAMILY FUN NIGHT

RSVP BY SUNDAY, JUNE 23

This is a big event and we will need lots of help!

Stay tuned for a sign up request for small volunteer jobs we will need for the night to be a success!



2019 ROCKIN' SWIM-A-THON
Greystone Gators 4th Annual Scholarship Swim-A-Thon
Thursday, June 27 during Family Fun Night!!!
The fun begins at 5pm



What is a Swim-A-Thon? It's a fundraising event! Swimmers try to complete as many lengths of the pool as possible. Money is raised by swimmers collecting pledges from neighbors, friends, and family. Sponsors make a pledge for each length of the pool the swimmer completes or through a flat donation. **Swimmers can begin collecting pledges NOW!!!** Please follow the instructions on the back.

When is the Swim-A-Thon? The Swim-A-Thon will take place on **Thursday, June 27 during Family Fun Night!** Swimmers will swim 30 minutes and complete as many lengths as possible. **Please bring a labeled water bottle!**

What happens with the money raised? Half of the money will be used for senior gifts for our graduating teammates. The remainder will go into our Senior Scholarship savings account to grow for our youngest Gators when they are graduating seniors. The scholarship is a great incentive to keep as many Gators on the team from ages 6 & under through senior year of high school!

Why should you participate? It's going to be Fun! You get to raise money for our **Gator Seniors: Holly Uppena, Madeline Bachand, Kenna Haney, Anna Edelson, Casey Currin, and Duncan Burns!** Swim-A-Thon also helps to build confidence in our younger swimmers when they see how many laps they can swim in a half an hour...we even have incentives to encourage swimmers to challenge themselves!

What are the incentives? When swimmers pick-up their pledge form, they'll find a fun surprise inside! Swimmers who swim in the Swim-A-Thon on Thursday, June 27 will receive a Popstar Popsicle! And there's more, once swimmers turn in their pledges (on or before Wednesday, July 10) they'll get another SUPER SURPRISE!!! The **Grand Prize for the Top Boy and Top Girl who raise the most donations is FREE Swim Team Registration for 2019!!!!** The Top Age Group who raise the most donations will receive a Rockin' Ice Cream Sundae Party!

Who can participate in the Swim-A-Thon? The Swim-A-Thon is intended for swimmers age 7 & older since they will be swimming whole lengths of the pool for 30 minutes. If your 6 & under can swim the whole 25 yards, they are welcome to participate. 6 & unders are also encouraged to come and cheer on our super swimmers! **Please register your participant on Sign-Up Genius so we can plan ahead for the number of swimmers and lane assignments.**

How to support your swimmer? Encourage them to participate in the Swim-A-Thon. Make a pledge! Help them collect pledges from family, friends, and neighbors. Count the number of lengths they swim at the Swim-A-Thon. **Please bring a labeled water bottle – last year the swimmers were very thirsty!** Help make the swim-a-thon super fun: make a poster for your swimmer or bring noise makers like cowbells to cheer them on!!! You can even dress-up like a Rockstar or Popstar!

As a program, we would like to encourage everyone to participate in this year's Senior Scholarship Swim-A-Thon. **All money raised will be due back to Coach Brendan no later than Wednesday, July 10.** If you have any questions about the **Senior Scholarship Swim-a-Thon** please contact Coach Brendan. Happy Fundraising!!!!



2019 SWIM-A-THON
Greystone Gators Senior Scholarship Swim-A-Thon
The fun begins at 5pm on Thursday, June 27



All money raised will go to our Senior Scholarship Account. Half the money will go to the graduating seniors and the remainder will go to our Senior Scholarship savings account for it to grow for our future Senior Gators.

Swimmer's Name _____ **Age Group** _____

Parent or Adult Length Counter _____

- All Swim-A-Thon participants will receive a Popstar Popsicle!
- The Top Boy & the Top Girl who raise the most donations will receive FREE swim team registration for 2020!!!!
- The Top Age Group who raise the most donations will receive an Ice Cream Sundae Party!
- Turn in pledge money on or before Wednesday, July 10 and get another SUPER SURPRISE at Donuts and Ribbons on Wednesday, July 10!

SPONSOR NAME	PLEDGE Per length or Flat donation	TOTAL AMOUNT DUE Pledge x lengths completed OR Flat donation	DATE PAID

2019 GATOR SENIORS

Holly Uppena is graduating from Leesville Road High School and will be attending North Carolina State University with a Business Major. She's been a Gator for 7 years, and her favorite thing about being a Gator is the great friends she's made over the years. Holly is also lifeguarding and Assist Manager at Greystone.

Madeline Bachand is graduating from Cardinal Gibbons. She will be attending Seton Hall University, where she will study biology and she also plans on swimming. Since moving to North Carolina, Maddie has been a Gator for three years. Her favorite thing about being a Gator is seeing her friends and how excited everyone gets at meets.

Kenna Haney is graduating from Sanderson High School. Kenna has been a Gator since she was 5 years old, and her favorite thing about being a Gator is how excited the kids get about swimming. Kenna plans on attending Wake Tech with plans to transfer to NC State.

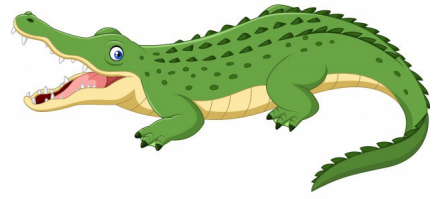
Anna Edelson is graduating with honors (Summa Cum Laude) from Leesville Road High School. She has been a Gator since she was 8 years old. Anna was on the Leesville High School swim team, lettering all four years. She is also a year round swimmer with New Wave Swim Team. Anna will be attending and swimming for Hamilton College in Upstate New York in the fall.

Casey Currin is attending East Carolina in the Fall. She has been a Gator since she was 5 years old. She is graduating from Sanderson where she has played tennis, been on the swim team, and played soccer all four years.

Duncan Burns is a graduate from Sanderson High School and will be attending Appalachian State this fall. This is Duncan's 2nd year as a Gator Coach and he loves getting to know all the swimmers. Duncan was captain of the swim team, Ultimate frisbee team and President of the band.

What's your Gator Best?

Greystone Swim Team 2019



Meet	Freestyle	Back	Breast	Fly
Time Trials June 1, 2019				
Meredith Townes June 11, 2019				
Granite Falls June 18, 2019				
North Hills June 25, 2019				
Seven Oaks July 2, 2019				
Northbrook July 9, 2019				
Greenway Club July 16, 2019				