

Gator Gossip



www.gogreystonegators.com

[@GreystoneUpdate](#)

June 10, 2019

Important Dates

June 11 - Meredith Townes (Home)
June 12 - Morning practices start
June 18 - Granite Falls (Away)
June 25 - North Hills (Home)
June 27 - Family Fun Night/
Swim-A-Thon
July 2 - Seven Oaks (Away)
July 3 - Team trip to Tucker Lake
July 9 - Northbrook Meet and
Senior Recognition (Home)
July 16 - Greenway Club (Away)
July 20 - TSA Championship
July 23 - Awards Night

Swim Practice Schedule

May 30 - June 11

6-and-unders	4:00 - 4:45 p.m.
7-10 year olds	4:45 - 5:45 p.m.
11-and-ups	5:45 - 6:45 p.m.

Starting June 12

Afternoon and evening practices

Monday, Wednesday & Thursday:

6-and-unders	4:00 - 4:45 p.m.
7-10 year-olds	4:45 - 5:45 p.m.
11-18 year-olds	5:45 - 6:45 p.m.

Friday Afternoons

7-18 year-olds 4:30 - 5:30 p.m.

Morning practices

Monday, Tuesday, Thursday & Friday:

7-18 year-olds	9:00 - 10:15 a.m.
6-and-unders	10:15 - 11:00 a.m.

Wednesday:

All age groups Donuts and Ribbons

10:00 - 11:00 a.m.

**All practices are subject to change
due to other activities at the pool.*

Message from Coach Brendan

Hello Gator Families,

We are just a few days away from our first meet of the 2019 summer season. I am looking forward to watching everyone race this coming Tuesday. Our first meet is against Meredith Townes Swim Team. This coming week also marks the start of our school's out summer schedule on Wednesday with Donuts and Ribbons for all Gator swimmers.

Two practices a day are offered starting June 12. The morning practices are 9:00 - 10:15 a.m. for the 7-18-year old's, and 10:15 - 11:00 a.m. for the 6-and-under swimmers. This morning schedule will occur on Mondays, Tuesdays, Thursdays and Fridays - with Wednesdays being donuts and ribbons in the morning. The afternoon practices stay the same except for Friday. We now only have 4:30-5:30 p.m. for 7-18-year-olds.

The coaches have been working hard with the swimmers on dives and racing through the walls over the last week. We have also spent a lot of time on breaststroke and butterfly with our 10-and-under groups. We hope that everyone has been having a great time at practice. Remember, all coaches are available for private swim lessons during non-swim practice times. **Go Gators!**

You can reach Coach Brendan at gatorcoach16@gmail.com.

Important Meet Reminders

- **Home meet**
- Arrive at 4:40 p.m., warm-ups start at 4:45 p.m.
- **Remember to show good sportsmanship** during the meet.
- If swimmers have to leave early, you must **notify both the child's age group parent and a coach**.
- Pack **extra towels** and chairs (if desired). Pack low-tech entertainment with few parts. Leave prized possessions at home.
- Swimmers should **sit with their age group at all times**. Older swimmers need to listen carefully so they do not miss their event.
- **Participant ribbons** will be given to younger swimmers at the end of each race. First heat ribbons will be handed out the next day.
- **Volunteer positions still needed for this week's meet:**
 - Place Judges - 2 judges needed
 - Recorder

To sign-up please visit our web site and go to the "Swim Meets and Events" tab, then click on "Job Sign-Up" next to the Meredith Townes swim meet.



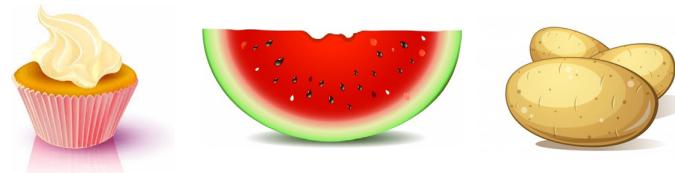
Your Help is Needed for the Gator Grill!

The Gator Grill will be OPEN at this week's home meet. The grill will be serving all our favorites, so come hungry and **bring small bills!** We will be serving burgers, hot dogs and baked potatoes! For this week's Bake Sale, we ask that families please bring baked potatoes, a dessert or fruit depending on the first letter of your last name.

The Gator Grill is a big team fundraiser!

This week, families with names beginning with:

- **A- D please bring fruit**
- **E-N please bring desserts**
- **O-Z please bring baked potatoes**



Desserts - One dozen per family. Please package the desserts so that we can sell them individually and priced at \$0.50. Suggestions: Brownies, Cookies, Cupcakes, Cake, Crispy Treats, Dessert Bars. Use colored cellophane and ribbon for a more appealing package.

Fruits - One dozen per family. Please package the fruits so that they also can be sold individually and priced at \$0.50. Suggestions: Watermelon, Cantaloupe, Grapes, Pineapple, Strawberries, etc. Use small plastic cups covered with a sealed wrap. We can then just stick a fork in the top and serve.

Baked potatoes - Four potatoes per family. Please wash, wrap in foil, cook for one hour at 400 degrees. Bring hot. We will provide a warmer to put them in.

Ribbons & Doughnuts



Each **Wednesday at 10 a.m.**, Gators meet at the Swamp for a ribbon ceremony and sugar feast. It's a fun chance to con-gratulate our swimmers. First heat and relay ribbons will be handed out. All other swimmers get ribbons during the meet. The coaches also recognize two swimmers (one 10-and-under swimmer and one 11-and-up swimmer) who have shown the most "Gator Guts" during the previous week by awarding the two **Gutsy Gator** trophies. **Go Gators!**



Join us after the Meet!

Gators and their families head to CHOW after each Tuesday meet. CHOW is located at 8311 Creedmoor Road, in the Harris Teeter shopping center near the intersection of Creedmoor and Strickland Roads.

The staff is prepared for us to visit but we ask that everyone is polite and on their best behavior. Parents, please keep your little ones under watchful eye and ensure that they represent the Gators well. When ordering, please give the server your last name to prevent confusion with the tickets.

Volunteers positions needed for Tuesday's meet!

- Place Judges - 2 judges needed
- Recorder

Register to volunteer!



Individual Photos

Photographer [Deb Scioletti](#) will take individual photos by request. Orders for both individual and team pictures will be processed and printed professionally. You can complete the order form on page 4 and bring it to the pool. Paper copies will be available at the pool. Drone pictures are \$10. Deb Scioletti accepts cash, check, PayPal to debsphoto@yahoo.com or Venmo @Deb-Scioletti.

Gator Caps & String Bags

Remaining swimsuits, caps and string bags can be picked up at the meet this week. Each swimmer receives one silicone cap. Also, each swimmer receives a free string bag compliments of Vanderwall Orthodontics.

Thank you!



Gators on the Go! 2019 Durham Bulls Swim Night Thursday, June 13th @ 7:05pm EST



Gators on the Go is pleased to join Swim Teams for a night of baseball at Durham Bulls Athletic Park! Take a break from the lanes to come watch the Durham Bulls take the field for our annual Swim Night event.

[BUY TICKETS HERE](#)

Volunteering Update

Great job at time trials to all those who tried something new! Thank you to everyone for being willing to show up and do whatever is needed.

If you learned a new job at time trials, please sign-up to do that job at least one time during the season.

Remember - swim team parents are required to volunteer at 3 meets. Meets cannot be conducted effectively without your help.



- If you sign-up to be an age group parent, please only sign-up for this job one time per child. These slots are often highly sought after, and we want to allow others to have the opportunity. Other good slots for parents with small children include being a runner at a home meet, relief timer, bake sale, and kid pusher.

- Great job on signing up for the first meet. 97% of the slots are filled. For this week, we still need 2 Place Judges and a Recorder.

To sign-up please visit our [web site](#) and go to the "Swim Meets and Events" tab, then click on "Job Sign-Up" next to the Meredith Townes swim meet.

Gator Swim Suit Sell or Swap

Do you have a gator swim suit from last year that's too small? Or do you want to purchase a used swim suit in good condition? Check out our public [google doc](#) on our team [web site](#) under "links." Feel free to add information about the suit you wish to sell or contact individuals selling suits if you find one in the size your swimmer needs.

Greystone Swim Team Coaches Available for Lessons!

Our coaches are available for individual lessons. Sign-up posters are available in the pool shelter.



GREYSTONE SWIM TEAM & INDIVIDUAL ORDER FORM

Athlete's Name: _____

Parent's Name: _____ **Phone:** _____

Parent's E-Mail: _____

PORTRAIT PACKAGES & SPECIALTY ITEMS

Feel free to contact me if you do not see a specialty item listed.

Description	Qty	Price	Subtotal
A - (1) 8x10 Team, (1) 8x10 Ind, (4) 5x7 Ind, & (8) Wallet Ind		\$55.00	
B - (1) Memory Mate, (1) 8x10 Team, (2) 5x7 Ind, & (8) Wallet		\$45.00	
C - (3) 5x7 Individual, and (1) 5x7 Team		\$35.00	
D - (1) 5x7 Individual, and (1) 5x7 Team		\$20.00	
Memory Mate includes (1) Team and (1) Individual on 8x10		\$15.00	

INDIVIDUAL PORTRAIT ITEMS

Description	Qty	Price	Subtotal
(2) 4x6		\$10.00	
(2) 5x7		\$18.00	
(1) 5x7		\$10.00	
(1) 8x10		\$15.00	
(8) Wallets		\$10.00	
(2) Refrigerator Magnets		\$15.00	

TEAM PHOTOS

Description	Qty	Price	Subtotal
(1) 5x7 Team		\$10.00	
(1) 8x10 Team		\$15.00	

TEAM PHOTO VIA DRONE

Description	Qty	Price	Subtotal
(1) 5x7 Photo of Team VIA Drone		\$10.00	

PAYMENT OPTIONS

Amount

Cash (Attached to Order Form)	
Check payable to Debra Scioletti (Attached to Order Form)	Check #
Return Check Fee \$30	
PayPal: DebSPhoto@yahoo.com or Venmo: Deb-Scioletti	

DEB SCIOLETTI PHOTOGRAPHY

DebSPhoto@yahoo.com 919-539-1463

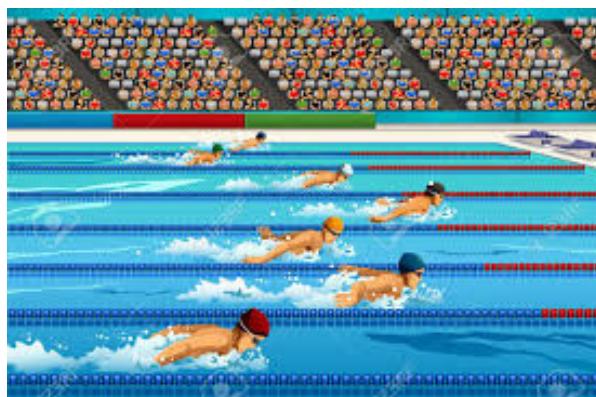
SSSPortsPhotography.Smugmug.com

Facebook: Deb Scioletti Photography

TSA Meet Information



- This week the Gators will be hosting our first home meet of the year. The Meredith Townes Mudpuppies will be visiting the Swamp. They have 130 swimmers this year. It will be very important to pay close attention to the announcer and starter to keep the meet running smoothly.
- **Parking** – Let's be good hosts and leave the parking lot around the pool open for our guests. There is parking available along Sawmill Road, in the parking lot of the Mercy Vineyard Church across from the pool and in other side streets. Harbor Drive is often a good parking choice and the above grade walkway in the tunnel under Sawmill can be used to cross under the traffic.
- **Seating** - Greystone swimmers and families will setup on the south side of the pool, near the kiddie pool, on the deck and in front of the bar area. There is some shade but you'll want to bring additional chairs. It's going to be hot and probably a little buggy, so prepare accordingly.
- **Food** – The Gator Grill will be open with the regular treats including burgers, hot dogs, sweets and more. In addition, we will have Kona Ice for all home meets.
- **Declaring** - Please be sure to declare for the meet on time. In addition, last minute participation changes cause a great deal of stress and confusion for the clerk of course and coaches. This could lead to missed race entries and reduce scoring opportunities. If you declare to participate in the meet, the team is counting on you to participate in all of the events you are entered in. Unless of course some unforeseen injury or illness occurs. This is especially true for our experienced swimmers who don't have those first meet jitters.
- **Final reminder** - Don't forget to leave your area clean when you leave. As always, make sure you pack your good manners and sportsmanship along with your goggles and towels!



Declaring for Swim Meets

This year, for each meet, including time trials, you will need to declare “yes” or “no” whether your swimmer(s) can attend.

Instructions:

- Sign-in to your account on our [web site](#)
- Click on “Swim Meets & Events” tab. You can also access the list of meets at the bottom of the home page.
- Click “Edit Commitment” for the event you wish to declare, and you will see your list of swimmers.
- Click on your swimmer’s name, and a screen will appear with a pull down menu under “Declaration.”
- Choose either “Yes, please sign [swimmer name] up for this event,” or “No thanks, [swimmer name] will NOT attend this event.”
- You may make any notes you want the coaches to see.,
- Make sure to click the “Save Changes” button!
- Repeat this process for each swimmer.

Already know your summer schedule? It’s OK to go ahead and declare for ALL the meets for the season. It is important that you follow this process. Swimmers who do not declare will not be put in the meet lineup. Reminders will be sent from our Team Unify system 7 days before the deadline for each meet. The signup deadline is two days before the meet (ex: Sunday for a Tuesday meet).
Deadline for declaring for Time Trials is May 31.

Don't Get Caught in the Rain!

Text messages will be sent through our Team Unify [web site](#)/platform if there is a weather delay for meets or practice.



When you confirm your account on our Team Unify web site, please enter your mobile number in the “SMS” field choose your carrier. And let’s hope for no rain on Tuesday nights this summer!

Check out the Greystone Gators Handbook!

Whether you are a new or an experienced swim parent, you will find helpful information to reference throughout the season in this year’s updated handbook— like the practice schedule, tips for swim meet survival, and contact information for Gator board members.

The [handbook](#) can be found on the [Greystone Gators Web site](#).

Update on Gator Merchandise

Gator merchandise can be picked up before or during the first swim meet June 11.

Questions? Contact [Janice Skelly](#)

If you are waiting on your swimsuit, please contact [Michelle Anderson](#).



Greystone Gator Swim Team *Family Fun Night and Swim-A-Thon!*



Thursday, June 27

5pm at the Greystone Pool

Limited Pool Availability From 5-7pm



Let's get ready to Rock the Swamp!

Are you a Rockstar or a Popstar? You get to choose!

COSTUME CONTEST...Come dressed up as your favorite Rockstar or Popstar! Families are encouraged to dress up...form your own Rock & Roll Band or Hip Hop Group.

SWIM-A-THON!!!

You'll have 30 minutes to Rock & Roll in the lanes.
Swim as many laps as you can and raise money for our Gator Seniors!

COACHES SKIT

This year might even include a lip sync battle! Who will rock out the hardest?



ROCKSTAR MENU

The main dish (BBQ and hot dogs) will be provided for Swim Team Families! Everyone is asked to bring a Rockstar worthy side dish...this is your chance to rock our world with the Annual Side Dish & Dessert Cook-off Contest! Who will be crowned this year's Rockin' Gator!
Watch for details via email and the Gator Gossip

We will rock the night away with: fun contests, lip sync battles, and super splash contests...who's got the best air guitar off the diving board?

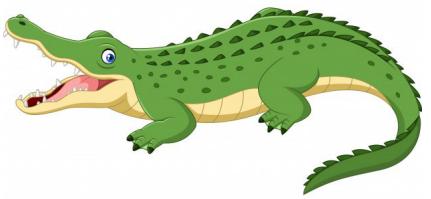


Let's get ready to rock the swamp! More details to come!
Be sure to check your email, the Gator Gossip, and Sign-Up Genius.



What's your Gator Best?

Greystone Swim Team 2019



Meet	Freestyle	Back	Breast	Fly
Time Trials June 1, 2019				
Meredith Townes June 11, 2019				
Granite Falls June 18, 2019				
North Hills June 25, 2019				
Seven Oaks July 2, 2019				
Northbrook July 9, 2019				
Greenway Club July 16, 2019				