

NAMI Southern Arizona Family Support Group Meeting Schedule

1st Thursday of the month, 1:30-3 p.m., in person
Northwest YMCA, 7770 N. Shannon Road, conference room

1st Friday of the month, 12:30-2 p.m., in person seasonally (December, 2023-
April, 2024)
Friends In Deed, 301 W. Camino Casa Verde, Green Valley

2nd Wednesday of the month, 5:30-7 p.m., in person
NAMI Southern Arizona office, 6122 E. 22nd St., conference room

3rd Tuesday, 6-7:30 p.m., in person
St. Philip's in the Hills Episcopal Church, 4440 N. Campbell Ave., Ironwood Room

3rd Wednesday of the month, 6:30-8 p.m., on Zoom

3rd Thursday of the month, 6-7:30 p.m., Spanish in person
St. John's the Evangelist Catholic Church, 602 W. Ajo Way

Starting March 2024: 4th Tuesday of the month, 5:30-7 p.m., in person
St. Pius X Catholic Church, 1800 N. Pio Decimo, Kino Room

Email supportgroups@namisa.org for more information.

