

Adventure Resource Solutions

◆ What We Have Done ◆

These are different aspects on how we have helped our clients since November 2014 until February 2017. We have helped 31 and all in good health and living life. 3-5 check in often.

- Life skills (such as budgeting, food shopping, cooking, savings, social activities, coping skills).
- Self awareness with family involvement (providing education about mental health and applying understanding).
- Employment (Resume building, interviewing, motivation, job search and coaching).
- Help outreach to resources and assistance.
- Being available in crisis situations, inpatient and in jail providing support and redirection.
- Apply for public assistance (food stamps, insurance such as private and AHCCCS, social security, Free Phone and other assistance).
- Be a role model and advocate in community forums or events.
- Assisting those who might need help with applying for SMI assistance from a clinic, help with advocating and providing education on processes.
- Providing access to any available crisis hotlines, helplines and contact centers for information and assistance of help.
- Education on Alcohol and Drug Addiction and Recovery, 12 step programs, treatment, sober living, halfway houses and sponsorships. Providing Navigation and Intervention Support.
- Education and role playing on Self Respect, Self Care and Responsibility.
- Resolving couple and family conflict on miscommunication, misunderstanding and lack of willingness compared to able to communicate, be open minded, listening to our innself, being available and supportive.
- Locating housing and providing support. Understand who to call or where to go when feeling unsafe or unwelcomed.
- Reconnecting with family and home after being removed
- Providing Support and Education to Seniors. Volunteers as requested.
- and much more.