

OLLI Guidelines

Please read this important information before joining OLLI for a class or trip. Together we can help to minimize any risk to both members and staff and ensure everyone has a memorable experience.

The following guidelines will be required by all members and non-members for classes and trips/local adventures:

- All participants are required to wear face masks when required by the university, state, or business
- All participants must observe social distancing
- Participants must observe posted maximum capacity signs on campus

You can find our complete [Reopening Guide](#) on our website [here](#).

We look forward to seeing you soon!

New OLLI Identification Policy

All OLLI Members will be required to wear their membership card as their nametag at all times in meetings, classes, on daytrips, and on local adventures. You will receive a lanyard to use with your card. Please keep it and use it for all OLLI events. This policy allows OLLI staff to identify and assist members easily when needed and allows members to get to know each other as well. Non-Members will be given a disposable nametag.

MEMBERSHIP BENEFITS

Monthly Meetings

Members enjoy 10 monthly meetings each year that feature a speaker and a chance to socialize with other members. Guests are welcome to attend one OLLI monthly meeting without charge and experience our program. Those who wish to attend more than one meeting may join OLLI or pay \$10 per meeting. These meetings may be virtual or face-to-face as guidelines permit.

Interest Groups

Interest groups offer a chance to meet on a regular basis with others who share a passion for a sport, social activity, or specific interest. For more information on current 20+ groups and leader information see our website svsu.edu/olli or call our office at (989) 964-4475.

Member Newsletter

Ten monthly electronic copies of *The Adventurer* and bi-monthly emails update members on OLLI programs and other SVSU activities, such as lectures, concerts, and theater productions.

Member Discounts

Classes

OLLI offers unique classes that are all about learning—but without tests, grades, and homework! Classes usually meet two-to-five times for two hours; there are no long-term commitments. Classes may be offered in face-to-face and/or virtual (via Zoom) options as guidelines permit.

Travel

We offer educational and “just plain fun” local adventures, virtual adventures, day trips and multiple-day domestic and international travel opportunities with OLLI members. We generally plan twelve day trips or local adventures per semester and several extended excursions each year. Virtual adventures are offered as guidelines require.

Ryder Center

With proof of your OLLI membership, you can purchase a discounted membership at the Ryder health and fitness center on campus. The current rate for this membership with the OLLI discount is \$150/year. This gives you access to 3 different walking/jogging tracks, full cardio and weightlifting areas, and a pool. Please contact the Ryder Center for current guidelines and regulations.

LOCATION DETAILS

Locations for OLLI Classes

Each class description includes a room number. The letter that precedes the number indicates the building. An abbreviation code follows:

C...Curtiss Hall on Main Campus (11 on map)

GS...Gilbertson South on Main Campus (18 on map)

H...Health and Human Services Building on Main Campus (22 on map)

Castle Museum Morley Room

(500 Federal Avenue, Saginaw)

SVSU Riverfront

(200 S. Washington Ave., Saginaw)

Memorial Park Building in Freeland

(150 Park St., Freeland)

Visit svsu.edu/visit/campusmaps for a full map of campus.

Class Designations

Classes with a “v” as part of the course number are virtual or have a virtual option. Virtual classes will be done via Zoom.

MONTHLY MEETINGS

Ever wonder what’s going on in other parts of Michigan? Join OLLI This Fall on the second Wednesday of the month for a viewing party and virtual meeting in collaboration with the other Michigan OLLIs.

Viewing parties will begin at 9:30 a.m., as usual, with the virtual meeting kicking off at 10 a.m. The meeting will be broadcast to the in-person audience in the Curtiss Hall Banquet Rooms. RSVP is required.

Bring your own coffee and enjoy a morning with friends, while learning something new! Registration is Required.

September 8

OLLI At Aquinas College

Virtual Tour of the Frederik Meijer Gardens

Osher Lifelong Learning Institute



Take a virtual tour of the Frederik Meijer Gardens and Sculpture Park in Grand Rapids with Curators of Education Eve Choi and Amber Oudsema. Opened in 1995 through the joint efforts of philanthropist Frederik Meijer and the West Michigan Horticultural Society, Meijer Gardens combines thought-provoking sculpture with beautiful flower and horticulture displays. Annually, 700,000 visitors come to view this spacious 158-acre park, which continues to add world class sculptures and gardens to its collection. Meijer Gardens’ mission is to promote the enjoyment, understanding, and appreciation of gardens, sculpture, the natural environment, and the arts.

October 13

OLLI at the University of Michigan

“Detroit’s Black Bottom and Paradise Valley Neighborhoods: The Settings for Alice Randall’s *Black Bottom Saints*.”



A panel discussion including panelists Jamon Jordan, educator, historian, and founder of Black Scroll Network & Tours in Detroit; Lars Bjorn, retired Professor of Sociology, University of Michigan - Dearborn and co-author of *Before Motown: The History of Jazz in Detroit, 1920-1960*; and Jim Gallert, producer and host of jazz programs on WEMU-FM and WDET-FM for 25 years as well as co-author of *Before Motown*,

which gives details on clubs such as The Flame Show Bar that appear in Randall’s book. OLLI UM’s Craig Ramsay will introduce this program and moderate a discussion afterward, incorporating questions from the audience.

November 10

OLLI at Western Michigan University

Unveiling American Genius with the KIA



WESTERN MICHIGAN UNIVERSITY

Osher Lifelong Learning Institute

OLLI at Western Michigan University provides a reimagining of the Kalamazoo Institute of Arts permanent collection. Entitled “Unveiling American Genius,” it illuminates the ingenuity that springs from all corners of American society. Honoring KIA’s ongoing commitment to an ever more diverse and more inclusive representation

of American artists in its holdings, it features key stories that women, African Americans, Latinx, and other artists have told about our culture, our art, and our history. The presentation shows abstract and contemporary works as well as traditional genres of painting such as landscapes, still life, and portraits. The KIA opened in 1924 as a nonprofit organization and now owns nearly 5,000 fine artworks. It includes 10 galleries, the Kirk Newman Art School, and the KIA Gallery Shop.

December 8

OLLI at Saginaw Valley State University

Frankie Lymon: Three Wives and an Unmarked Grave



OLLI at Saginaw Valley State University completes the programming with Dr. J of the Michigan Rock and Roll Hall of Fame. Dr. J will delve into the twisted life, career, and death of boy rocker Frankie Lymon, the lead singer of the Teenagers (1954-Present), America’s first all-teenage rock and roll group. Lymon’s soprano voice made audiences swoon. He sang The Teenagers’ first and biggest hit, “Why Do Fools Fall in Love” at just 13 years of age. It reached number six on *Billboard*’s Pop Singles Chart, and was later covered by The Beach Boys, Diana Ross, and many more. Dr. J leads the way through the dramatic twists and turns of Lymon’s life after this smash hit, into a failed solo career, heroin addiction, three wives, and one unmarked grave.

These four Michigan OLLIs are only a small sampling of the 124 total Osher Lifelong Learning Institutes thriving across the United States. All were spearheaded and funded by Bernard Osher, a former art dealer, now in his 90's and still passionate about opportunities to learn during retirement. He believes in giving monies, then letting each OLLI do what its volunteers do best, which may vary from region to region. He sponsors the Osher National Resource Center, which provides an online wealth of information about OLLI programming and available expertise.

*The events described above are **free** to members of the four participating Michigan OLLIs and their guests.*

Registration is required! Don't miss these exciting events highlighting the arts in different regions of Michigan!

CANCELLATION POLICY

Policy for Classes

There is a \$10 cancellation fee. The remainder of the registration fee will remain as a credit on your account or be refunded (minus the cancellation fee) if done more than 1 week before the start of the class. If the university is closed due to weather or other reasons, we will make every reasonable attempt to reschedule missed classes, but no refunds will be given. If you miss class due to COVID or other illness you will be issued the online link or recording if available or you will be issued a credit to your account if done within a week of the start of the class.

Policy for Day Trips

Day trips are non-refundable unless we can fill your spot, in which case you will receive your registration fee, minus a \$10 cancellation fee. If the university is closed due to weather or other reasons, daytrips will go on as scheduled unless you are directly notified of other plans. No refunds will be given if you choose to stay home.


Weather Policy

If the campus of SVSU is delayed or closed, OLLI's office and classes will also be delayed or closed accordingly. Missed classes may be rescheduled. Day trips will go on as planned.

ADVENTURES



Below you will find the details for our traditional day trips and “local adventures.” Local adventures join together OLLI members all around the Great Lakes Bay Region to reveal the magic of their own backyards. Participants will drive themselves and meet at designated locations for these adventures when you see the symbol to the left. **Other adventures are traditional motorcoach transportation that will leave from SVSU.**

Remember to bring your favorite standard 3.5 mm headphones or earbuds when you see the  symbol which means we will be using our listening devices.

- A reminder email with local adventure and motorcoach trip details will be sent out to all registered participants at least 24 hours in advance. No letters will be mailed, so please make sure you have an email address on file. (If you need help setting one up, please contact the OLLI office.)
- No refunds will be given for cancellations unless your spot is filled. If you are unwell the day of the event, please DO NOT attend, but notify the OLLI office and we will issue a synchronized or virtual learning option, if possible, or a credit to your account.
- Masks may be required to be worn indoors and on the motorcoach, and social distancing maintained whenever possible. Outdoor events require social distancing and optional, but highly recommended, mask use. Check in with OLLI staff immediately when you arrive on campus or at the adventure location.
- All adventures are subject to change with state, local, and university health and safety guidelines.
- You should plan a full day for all day trips. Exact itineraries will be sent out with trip details before the trip.

MOTORCOACH RULES:

- **You must have a mask with you at all times.**
- **Proof of vaccination will be required to ride the motorcoach.**
(Those who are not vaccinated are encouraged to drive themselves and meet up with the group. The trip price is the same.)
(Please bring your vaccination card or a copy with you the day of the trip. Those without proof of vaccination will not be allowed to board the motorcoach.)

(1) The Soo Locks

Participants will get a chance at an insider’s view of what goes on year-round at the world-famous, engineering marvel Soo Locks. Michelle Briggs, chief park ranger at the Soo Locks, will use photos to illustrate virtually how the locks operate, the work that goes into keeping them working and the massive ships that rely on their operation. After a chance to ask questions and learn more about the locks, participants will enjoy lunch at Goetz’s Lockview Restaurant before loading a boat to see the Locks up close. Following this floating tour, participants will visit Sault Ste. Marie’s historic Museum Ship Valley Camp. The Museum Ship Valley Camp offers more than just a tour of her deck. Housed inside her massive cargo holds is a 20,000 square foot museum with over 100 exhibits! In addition to the museum exhibits, the Museum Ship Valley Camp displays four 1,200 gallon aquariums stocked with various species of fish from the Great Lakes region. Before heading home we’ll stop at Antler’s Restaurant for a hand dipped ice cream cone. This trip includes motorcoach transportation to Sault Ste. Marie, lunch, floating tour of the Soo Locks, and entrance to the Museum Ship Valley Camp.



You Must Register for This Trip by 12 p.m. on August 20

Wednesday, September 1

Price: \$170 for members • \$195 for non-members



(2) OLLI Ice Cream Social

Meet at 2282 East Salzburg Rd., Bay City (The Farm @ Apple Acres)

This local, family owned ice cream shop and apple orchard offers a very safe, socially distanced setting to enjoy a nice afternoon social event with all your OLLI friends or *new* friends that are thinking of joining. Play-N-Folk band, a husband and wife duo from Harrison, Michigan will entertain us with a variety of country, traditional and original music while you choose from 120 different kinds of ice cream! After you choose your sweets, enjoy time around the bonfire or check out the farm animals. This social adventure includes live music, ice cream of your choice, and time to explore The Farm. If weather conditions are unfavorable, this program may be cancelled. Participation is limited to 50 people.



Thursday, September 2 • 2 pm- 4 pm

Price: \$20 for members and non-members

(3) Elk Viewing Carriage Ride and Gourmet Lunch

We're heading north to Hillman, Michigan to enjoy the beautiful scenery and some fine dining. We'll arrive at the resort around lunchtime and your adventure will begin as you board a horse-drawn carriage that will take you through the wooded resort and into the Elk Preserve where you will get a close look at majestic bull elk. Our deep-woods destination is the Elk Antler Log Cabin, where the resort's culinary staff will prepare a five-course meal to include: Pear & Apple Dumpling, Shrimp Cocktail, Jan's Homemade Chicken Noodle Soup, Thunder Bay Sweet Napa Salad and Croissant, Crown Roast of Pork with Roasted Red Skin Potatoes, and White Chocolate Mousse Filled Pizzelles with Fresh Raspberries for dessert. Lunch also includes locally produced wine. After lunch, we'll take the same route back through the woods to the motor coach. On the way home we'll stop at Rose Valley Winery in Rosebush for a tour & tasting. This trip includes elk viewing carriage ride, gourmet lunch, and Rose Valley Winery tour and tasting.



You Must Register for this Trip by 12 p.m. on August 24

Friday September 10

Price: \$165 for members • \$190 for non-members

(4) *Fancy* at Meadowbrook Theatre, Rochester

Inspired by Reba McEntire's hit recording, *Fancy* is the story of a young girl turned out of her mother's house with nothing but her guitar and the clothes on her back who rises to superstardom in the world of country music. The question is, at what cost? *Fancy* features a glorious score of chart-topping, crossover hits including "Mama, He's Crazy," "Before He Cheats," "I Walk the Line," and many more. Our first stop will be to pick up Pat McKay of the Rochester Hills Museum for a step-on guided tour of the area, followed by lunch at Rochester Mills Brewing Company. This trip includes motor coach transportation from SVSU, lunch, guided tour and ticket to the performance.



You Must Register for this Trip by 12 p.m. on August 20

Wednesday 9/22

\$135 for members * \$160 for non-members

(5) Art Dart—Art Prize Edition

What a glorious feast for the senses! *See* the intriguing artwork, *smell* the crisp fall air, and *hear* the pop-up musical presentations as the bus weaves through a bustling downtown. Grand Rapids' knowledgeable art narrator and tour guide, Caroline Cook, will step-on and guide us through a "maze of amazing" ArtPrize entries in the morning. You'll get a glimpse of the nearly 1,000 works of art that line the streets, parks and buildings as part of the world's richest art competition. Learn all about the back stories...who and why and how...the artists, the muses, and the creations that never fail to push the boundaries of public art in Grand Rapids. In the afternoon you will have free time on your own to explore. This trip includes motor coach transportation from SVSU, choice of boxed lunch from Holiday Inn, step on guided-tour and free time in Grand Rapids in the afternoon.



You Must Register for this Trip by 12 p.m. on September 15

Thursday, September 30

\$90 for members • \$115 for non-members

(6) Russian Polish Cultural Tour

Zabawmy się! On this tour, we'll learn about the immigration and migration issues, the population, community involvement, insights and challenges, and the arts and culture of Russian and Polish communities in Metro Detroit. We'll begin with a stop at the Holy Trinity Russian Orthodox Church, where we'll tour with Father Lev Kopistiansky. From there, we'll dine on a seven-course Russian Tea at the Royal Eagle Restaurant on the grounds of the St. Sabbas Monastery in Harper Woods where you can also take a self-guided tour of the church and gardens. We'll finish our trip with a bus tour of Hamtramck led by our guide, Linda Yellin, exploration of the Hamtramck Historical Museum and Polish Art Center and visit a polish baker in Hamtramck; bakery costs are on your own. This trip includes motor coach transportation from SVSU, Russian tea room lunch at the Royal Eagle, and the tour. *Please note that there is a dress code of covered shoulders and below the knee skirts or pants at St. Sabbas.



You Must Register for this Trip by 12 p.m. on September 20

Thursday, October 7

Pricie: \$135 for members • \$160 for non-members

(7) Grand Rapids Graveyards

Do you believe in ghosts, ghouls, poltergeists, apparitions, phantoms, spooks, psychic phenomena or things that go “bump” in the night? If one person sees a ghost, even if several times, they may blame it on an active imagination; but if two or more people see the same spirit in the same place several years apart, they may just reconsider. Local guide Caroline Cook and OLLI will tour the iconic Fulton Street Graveyard of 1838 which contains the graves of Grand Rapids pioneers such as John Ball, and parklike Oakhill Cemetery, which opened in 1859 and served as the final resting place of the movers and shakers of Grand Rapids, such as David Wolcott Kendall, the Dean of American furniture design. Enjoy lunch and a presentation by Caroline on Grand Rapids most haunted people and places between cemetery tours. Join us and see who is still hanging around Grand Rapids. Ability to walk up to 2 miles with extended standing required for this trip. Comfortable shoes recommended.



You Must Register for this trip by 12 p.m. on September 20

Friday, October 8

\$125 for members • \$150 for non-members

(8) Buried in Detroit: The Historic Cemeteries Tour

From our French founding in 1701 through British rule, from America’s fight for independence through the great boom of post-Civil War era, and the ups, downs, and all around of this last century, Detroit has filled its cemeteries with the industrial tycoons, labor leaders, political powerhouses, and entertainment legends who built the town. Join Detroit History Tours as we explore the city’s historic cemeteries in a respectful, historical, adventure into our past. You’ll walk the quiet paths and tree-canopied hallows of Detroit’s world of the dead. With over thirty cemeteries in Detroit, Highland Park, and Hamtramck, we’ll hop aboard our luxury motor coach to traverse the tombstones, mausoleums, grottos, and memorials of two of our most famous. You’ll see the final resting place of the men of the Arsenal of Democracy, pay your respects to a Civil Rights icon, and toast the pharmacist inventor of a local favorite with the drink he himself created. Along our travels you may encounter the final resting place of sports stars, music icons, brilliant inventors, captains of industry, and the soldiers, sailors, and airmen who faithfully served our country. All the while, you will explore the architecture, design, landscape choices, and history of the cemeteries. As a special treat for our SVSU VIP’s we will visit the iconic Whitney Restaurant, the former mansion of David Whitney Jr. located on Woodward Ave. You’ll arrive to be greeted with coffee, cookies, and a private ghost tour of the house turned restaurant. Following the departure of the Whitney family in 1920, the house became the headquarters of the Wayne County Medical Society and functioned as a TB ward for several years. This trip includes guided tour of two Detroit cemeteries, lunch at Traffic Jam & Snug and Whitney ghost tour with refreshments. Ability to walk up to 2 miles on uneven terrain and stand for extended periods of time required for this trip. Comfortable shoes recommended. *If you want to know more about Detroit’s historic cemeteries before the trip, check out Bailey’s class “Historic Cemeteries of Detroit” at SVSU on Wednesday, October 6. See class number 155 for details.*



You Must Register for this Trip by 12 p.m. on October 4

Wednesday, October 20

Price: \$135 for members • \$160 for non-members

(9) Clue on Stage at Meadowbrook Theater and Shopping at Nino Salvagio’s

It’s a dark and stormy night, and you’ve been invited to a very unusual dinner party. Join the iconic oddballs known as Miss Scarlet, Professor Plum, Mrs. White, Mr. Green, Mrs. Peacock, and Colonel Mustard as they race to find the murderer in Boddy Manor before the body count stacks up. Was it the candlestick in the conservatory? A dagger in the library? A lead pipe in the dining room? You’ll have to put on your cap and play detective to figure it out. Based on the 1985 cult classic film and the popular board game, *Clue* is a madcap comedy that will keep you guessing until the final twist. This trip includes shopping stop at Nino Salvagio’s, lunch at the Red Ox Tavern, and tickets to the performance.

You Must Register for this trip by 12 p.m. on September 15

Saturday, October 23

Price: \$125 for members • \$150 for non-members



(10) A Holiday Classic: A Christmas Carol at Meadowbrook with a Holiday Lunch and Tour of Meadowbrook Hall

Meadow Brook Hall's annual Holiday Walk brings the magic of the season alive with an unforgettable series of activities and special events. Experience the wonder of more than 50 magnificent trees at this historic 110-room mansion and National Historic Landmark located in Rochester on the campus of Oakland University—including a 10-foot-tall poinsettia tree created by 150 live plants, dazzling trimmings, and lights galore! After the tour of Meadowbrook Hall and delicious holiday lunch, sit back and relax as you're taken back to the time of Ebenezer Scrooge and Tiny Tim at Meadowbrook Theatre's performance of A Christmas Carol. This trip includes motor coach transportation from SVSU, tour of Meadowbrook Hall, holiday lunch, and tickets to the performance.



You Must Register for this Trip by 12 p.m. on October 1

Wednesday, December 1

Price: \$135 for members • \$160 for non-members

**Remember, space is limited! Sign up right away to
reserve your seat!**

Opening Doors

(101) Village Glass Works

Join OLLI for a behind the scenes look at creatively designed and built glass art and glass blowing at Village Glass Works. With over 50 years of combined experience in fused, blown, and stained glass, Village Glass Works staff are excited to show OLLI members their studio and tell them more about this craft.

Instructor: Linda Philips, OLLI Member

Tuesday 11/9 • 3:30-5 p.m.

Location: Village Glassworks (118 West Midland Rd, Auburn)

Price: \$25 for members • \$50 for non-members



(102) Michigan Sugar

In 1901, The German-American sugar company was built in Bay City. Later known as Monitor Sugar, the factory was eventually acquired by Michigan Sugar, a conglomeration of several sugar refining factories around the country. Both Monitor Sugar and Michigan Sugar are owned and controlled by their growers as a cooperative. Join our OLLI host on this behind the scenes tour of this locally grown, locally owned company. Please wear long pants, closed toe shoes and no jewelry except solid wedding bands.

Instructor: Cheryl Revard, OLLI Member

Tuesday • 10/19 • 11 a.m.-12:30 p.m.

Location: Michigan Sugar (2600 S. Euclid Ave., Bay City)

Price: \$25 for members • \$50 for non-members



(103) Amigo Mobility International

While you may know Amigo as the mobility chairs found at Walgreens across the country, they offer much more than that and are made right here in Mid-Michigan. Started in 1968 by Al Thieme after a loved one lost mobility due to multiple sclerosis, Amigo has quickly grown to be the world leader in allowing people to keep their independence. Still run by Al and Beth Thieme, Amigo remains a family-owned, local business more than 50 years later. Join OLLI in opening the doors to Amigo and enjoy a picnic lunch afterward.

Instructor: OLLI Staff

Tuesday • 9/7 • 10 a.m.-Noon

Location: Amigo (6693 Dixie Hwy, Bridgeport)

Price: \$25 for members • \$50 for non-members



OLLI

(104) New Member Orientation

This is your chance to learn more about OLLI and SVSU. While not required for membership or to register for classes and trips, this orientation will give you an inside look at all the details of OLLI membership. You will meet the OLLI staff and advisory board members and take a tour of the SVSU campus. Although there is no cost for the orientation and tour if you are already a member, you must register so we know how many to expect. The orientation will be held in C129 (the OLLI classroom).

Wednesday • 9/8 • Noon-2 p.m.

Location: C129

Price: Free for members • \$60 for non-members (Includes OLLI Membership)

Art

(105) Art Appreciation: European Medieval, Romanesque and Gothic Art and Architecture

Continue our art appreciation series with a look at the towering vaults, flying buttresses, and pointed arches that came to characterize Gothic architecture and art. Developing from Romanesque arches, piers, and vaults, the Gothic style quickly permeated the landscape of Medieval Europe.

Instructor: Andrea Ondish, Marshall Fredericks Sculpture Museum

Tuesdays • 11/9, 11/16, 11/23 • 1-3 p.m.

Location: SVSU Museum Classroom

Price: \$29 for members • \$52 for non-members

(106) Exploring Watercolors Creatively

Begin or continue your artistic journey painting with watercolors. Our veteran OLLI instructor shares a variety of stylized painting techniques. Students will be working on projects provided by the instructor. She will demonstrate step by step with students following along. But don't expect any realism! The class is all about loosening up and playing with watercolor! Open to beginner and intermediate painters, and to anyone who wants to paint but can't draw a straight line! Please download the supply list and contact the instructor if you have any questions.

Instructor: *Stacie Rose, Veteran Instructor*

Fridays • 10/22, 11/5, 11/19, 12/3 • 10 a.m.-3 p.m.

Location: *SVSU Museum Classroom*

Price: *\$89 for members • \$119 for non-members*

Computers and Technology**(107) How to Buy and Sell on the Internet**

This class goes beyond eBay! While in this class, participants will learn how to establish an eBay account, search to find different things, and complete a transaction. Participants will also learn about and how to use other Internet market platforms, such as Craigslist and Facebook Marketplace. In the second half of the class, participants will learn how to sell something online. This class will cover how to make your item stand out, how to deal with common issues like bad checks, postage, and other issues.

Instructor: *Gary Holik, Veteran Instructor*

Wednesdays • 10/6, 10/13 • 6-9 p.m.

Location: *C141*

Price: *\$54 for members • \$74 for non-members*

(108) Cryptocurrency

Have you heard of Flooz, Beenz, or Digicash? Does Bitcoin sound familiar to you? These are all types of cryptocurrency-digital or virtual currency designed to work as a medium of exchange online. Many of these cryptocurrencies came on the Internet scene during the technology boom of the 1990s and quickly disappeared. However, Bitcoin has been making inroads as an online currency here to stay. In this class learn about cryptocurrency in its various forms and how to use it.

Instructor: *Gary Holik, Veteran Instructor*

Wednesday • 10/20 • 6-9 p.m.

Location: *C129*

Price: *\$30 for members • \$50 for non-members*

**(109) Viruses and How to Clean Your Computer**

Computer viruses can destroy computer data and hard drives, and make your computer completely unusable. Knowing how to prevent them and what to do if infected is essential. In the first half of this class, participants will learn about viruses, malware, spyware, and adware. This class will discuss various software applications that can help prevent viruses and how to remove viruses once they are on the computer. In the second half of the class, participants will learn how to keep your computer running at top speed by clearing excess files and data. Participants will also learn how to remove unwanted programs and how to find and delete old files, temp files, or the garbage left over when downloading programs.

Instructor: *Gary Holik, Veteran Instructor*

Wednesday 10/27, 11/3 • 6-9 p.m.

Location: *C141*

Price: *\$54 for members • \$74 for non-members*

(110) Cutting the Cord

Sling, YouTubeTV, Hulu, Amazon Prime, and Netflix have taken off during the pandemic and replaced cable in many homes. As television bills keep getting more and more expensive, people are "cutting the cord" or getting rid of cable and using these streaming services. In this class the instructor will cover how you can get the most out of these services and reduce monthly bills.

Instructor: Gary Holik, Veteran Instructor

Monday • 12/6 • 6-9 p.m.

Location: C129

Price: \$30 for members • \$50 for non-members

(111) Apple OS

Have you just purchased a new iPhone or iPad and you're lost at how to use it or you want to know more about using the one you have? In this class the instructor will cover the basics: how to download apps, access content, and make participants feel more comfortable with their Apple phone or tablet. This course is great for beginners, but others will learn a trick or two.

Instructor: Gary Holik, Veteran Instructor

Wednesday • 11/10, 11/17 • 6-9 p.m.

Location: C129

Price: \$54 for members • \$74 for non-members

(112) Android OS

Although iPad is the most popular tablet, there are many other options available which are less expensive and use Google's open source Android operating system. If OLLI friends own one of these devices but don't feel as though their use is at its full potential, join us for this class! The instructor will cover the basics: how to download apps, get content, and feel comfortable with an Android.

Instructor: Gary Holik, Veteran Instructor

Mondays • 11/8, 11/15 • 6-9 p.m.

Location: C129

Price: \$54 for members • \$74 for non-members

(113) Learn to Zoom

If you haven't jumped on board the technology band wagon yet, here is your chance to learn to Zoom-enough to enjoy an OLLI online class or setup a session to chat with friends to maintain social distancing. Zoom is an easy platform available in an app for your Android or Apple device, desktop app for your computer, or web version. Anyone with a smart device or computer with sound can participate. Join us and learn how to become the Zoomer Generation.

Instructor: Gary Holik, Veteran Instructor

Wednesday • 9/29 • 6-9 p.m.

Location: C141

Price: \$30 for members • \$50 for non-members

**(114) How to Get on the Internet**

If you're new to the web or thinking about getting online, this is the class for you! The instructor will cover all the basics, such as internet service providers and internet speed as well as discuss how to surf the web, different types of website addresses, and how to search the internet. ALL OLLI members without internet service or that are new to the net are encouraged to take this course!

Instructor: Gary Holik, Veteran Instructor

Wednesday • 9/22 • 6-9 p.m.

Location: C141

Price: \$30 for members • \$50 for non-members

(115) How to Work with Your Pictures

So you own a digital camera or have a camera on your smart phone--now what? In this class participants will learn how to edit photos to make them look better, resize them, or even change coloring. The class will discuss strategies for taking great pictures, the best way to store them, and the best and/or easiest way to reproduce them. Bring a camera or phone to class.

Instructor: Gary Holik, Veteran Instructor

Wednesday • 12/1, 12/8 • 6-9 p.m.

Location: C141

Price: \$54 for members • \$74 for non-members

(116) Social Media/Facebook

Are you afraid of social media? Look no further than this course. If it seems that everybody is using Facebook (except you!), join us and learn how to use Facebook and other social media platforms to communicate and keep in touch with family or connect with friends from the past. Learn how to share photos, "like" a post or page (like OLLI's Facebook page!), and "friend" someone. OLLI uses social media for updates and events, so keep up to date by learning to use it too! Learn how to secure an account as well.

Instructor: Gary Holik, Veteran Instructor

Monday 11/22 • 6-9 p.m.

Location: C221

Price: \$30 for members • \$50 for non-members

(117) Google Apps

Gmail, Google Calendar, GChat, Google Drive...if these terms sound foreign, join OLLI for this session on just what is included within the Google Apps system and how to use them. Providing lower infrastructure costs and services for people and businesses, Google's selection of apps can be used for a variety of work and play, including communication, organization, word processing, storage and more.

Instructor: Gary Holik, Veteran Instructor

Monday • 11/29 • 6-9 p.m.

Location: C221

Price: \$30 for members • \$50 for non-members

**(118) Accessibility Tools within Windows**

Do you have trouble using your computer because of a disability? Windows offers several accessibility tools to make a computer easier to utilize. Magnification, narration, on screen keyboards, and speech recognition are just some of the tools available for the user in need. Join us for this introductory class to learn how to use these tools and more

Instructor: Gary Holik, Veteran Instructor

Wednesday • 9/15 • 6-9 p.m.

Location: C141

Price: \$30 for members • \$50 for non-members

(119) How to Buy a Computer

Is it just time to upgrade that dusty desktop? Is a new laptop in the budget? Maybe it's been 5 or more years--what do you even need as far as computing power? Do you know what options are out there? Desktops, laptops, chromebooks, tablets and more will be discussed in this class and suggestions given on what to buy for various uses.

Instructor: Gary Holik, Veteran Instructor

Wednesday • 9/8 • 6-9 p.m.

Location: C129

Price: \$30 for members • \$50 for non-members

Cooking

(120) Preserving Gifts for the Holidays

In this useful OLLI course, learn how easy it is to preserve food for holiday gifts. Using simple ingredients such as juice, fruit and vegetables, delicious gifts come together in no time at all. Join this session to create two take away gifts. Take home easy to use recipes using a water bath canner or large stock pot.

Instructor: *Lisa Treiber, MSU Extension*

Tuesday • 10/26 • 10 -11 a.m.

Location: *C129*

Price: *\$18 for members • \$36 for non-members*

Crafts and Hobbies

(121) Trendy Jewelry: Be the Maker

Dreaming about wearing the latest and trendiest jewelry? It is fun to watch the changing trends, but it is expensive to be able to wear the trends every season. In this class, participants will look at current jewelry trends, and learn how to design and construct the pieces seen in catalogs, online, and in stores, at a fraction of the cost. Participants will learn basic jewelry making techniques and how to look at a piece of jewelry and see how it was assembled. Participants will also check out trendy colors and materials, gain understanding of the tools that work best for the job, and learn to make jewelry that matches a special outfit or to give as a personalized gift. Participants will make and take home at least one trendy, yet professional-looking piece of finished jewelry each week.

Instructor: *Kim Ballor, Veteran Instructor*

Thursdays • 9/2, 9/9, 9/16, 9/23, 9/30 • 6-8 p.m.

Location: *C129*

Price: *\$51 for members • \$71 for non-members*

(122/123) Basket Making

Since the start of time, people from all cultures have woven plant materials together to make baskets for gathering and transporting goods. Now OLLI participants can learn the timeless craft of basket weaving themselves and create their own utilitarian art. The September basket is a jelly jar basket measuring 5 inches across by 4.5 inches high with a wire and wood handle. It holds a pint-sized jar. The October basket is the scarecrow basket measuring 8 by 12 inches. Supply fee of \$25 per person for the September session and \$30 per person for the October session to be paid to the instructor in class - cash or check only.

Instructor: *Sue Collins, OLLI Member*

Wednesday 9/15 or Thursday 10/14 • 12:30-4:30 p.m.

Location: *SVSU Museum Classroom*

Price: *\$15 for members per session • \$35 for non-members per session*



Jelly Jar Basket



Scarecrow Basket

(124) Polishing and Shaping Petoskey Stones

Learn the history of Michigan's State Stone, the Petoskey Stone (*Hexagonaria percarinata*). Choose a raw, off the beach, Petoskey Stone to polish, shape, and take with you at the end of the course. With the use of sand paper (wet sanding) and metal files, you will have the opportunity to design your Petoskey Stone into a beautiful pendant, business card holder, lapel pin, or just a beautiful display piece for your desk or coffee table. Learn the process of hand sanding and hand filing to design your specific piece.

Instructor: *Greg Behe, SVSU*

Tuesdays • 9/28, 10/5, 10/12, 10/19 • 5-7 p.m.

Location: *C129*

Price: *\$38 for members • \$70 for non-members*

(162) Pop Up Cards

If you still send greeting cards and want to make them "POP." Join OLLI and learn how to create pop up cards that will jump out at your family and friends as they open them. Learn some basic techniques and then let your imagination expand into unique greetings. We'll attempt two cards each week. An additional \$5.00 fee is due to the instructor on the first day for all paper, cardstock, and envelopes you'll need.

Instructor: Mark De-Wolfe Ott, OLLI Member
Tuesdays • 9/14, 9/21, 9/28 • 10 a.m.-Noon
Location: C129
Price: \$29 for members • \$52 for non-members

Current Events

(125) Emergency Preparedness for Older Adults

What is your plan in the event of an emergency? Are you prepared for a flood, snowstorm, power outage? Most people are not prepared but do not realize it until it is too late. Don't let that be you! The winter season is just around the corner and anything could happen this year. Join an MSU Extension educator for this timely program to discuss the importance of planning and being prepared.

Instructor: Lisa Treiber, MSU Extension

Tuesday • 11/9 • 10-11 a.m.

Location: C129

Price: \$18 for members • \$36 for non-members

Exercise, Sports, and Fitness

(126a-e) Cardio Drumming

Join OLLI for the ultimate in fun workouts! Jam to the music as participants burn calorie after calorie in this unique cardio workout! Pick up your sticks and be prepared for a great stress relieving workout! Sign up for a single class or all of them! Please download the supply list to make your own cardio drumkit!

Instructor: Courtney Piper, Veteran Instructor

Tuesdays • 10/26(a), 11/2(b), 11/16(c), 11/23(d), 11/30(e) • 6:15-7 p.m.

Location: Ryder Center Auxillary Gym

Price: \$12/individual class for members
 \$24/individual class for non-members



(127/128) Senior Strength Training

Are you ready to be a stronger, fitter you? This strength training class is for anyone considering a stronger, healthier body, but maybe needs some guidance on how to make that happen! Participants can learn in a friendly, supportive, group atmosphere. Strength training increases overall fitness by increasing bone density and muscle mass, both kicking up the calorie burn! This also means decrease in body fat percentage! Participants will use hand weights, machines, bands, stability balls, medicine balls, bosu balls, and bodyweight exercises to keep it both challenging and fun!

Instructor: Anna Vankirk, Veteran Instructor

Tuesdays and Thursdays • Session One: 9/7, 9/9, 9/14, 9/16, 9/21, 9/23, 9/28, 9/30

Session Two: 10/5, 10/7, 10/12, 10/14, 10/19, 10/21, 10/26, 10/28 • 10:15-11:15 a.m.

Location: Ryder Center Auxillary Gym

Price: \$65 for members per session • \$95 for non-members per session

(129) Beginning Tai Chi

Tai Chi and Qigong are beneficial for the health of mind and body. Tai Chi is one of the exercises recommended by the CDC for better balance and fall prevention. The slow and gentle movement is suitable for all ages. In this class, students will learn a form of Yang style Tai Chi tailored for beginners for better balance. The fundamental Yang style Tai Chi steps and the technique of mindfulness of breathing will also be covered in class. Class will be held outdoors in front of Founders Hall. If there is rain or the temperature drops below 50 degrees, class will be moved to the Ryder Center Auxillary Gym. Physical distancing will be practiced. Mask guidelines will follow the most current state and campus guidelines

Instructor: Lily Kalantar, Veteran Instructor

Tuesdays • 9/14, 9/21, 9/28, 10/5, 10/12, 10/19 • 11:30-12:30 p.m.

Location: Outdoors in front of Founders Hall (Rain Location is Ryder Aux Gym)

Price: \$52 for members • \$82 for non-members

(130/131) Continuing Qigong and Tai Chi

If you participated in a past OLLI Qigong & Tai Chi Festival or Workshop, or have taken Tai Chi elsewhere, this class is for you. We will assume that you are familiar with some basic warm-up exercises and the beginning sequences of the classic Yang style form. Wear comfortable clothing.

Instructor: *Jim Bush, Veteran Instructor*

Mondays • Session One: 9/13, 9/20, 9/27, 10/4, 10/11, 10/18 **Session Two:** 10/25, 11/1, 11/8, 11/15, 11/22, 11/29 • 10:30-11:30 a.m.

Location: R244

Price: \$52 for members per session • \$82 for non-members per session

(132/133/134) Beginners: Gentle Yoga

Yoga is a calm, yet exhilarating, total-body conditioning exercise. There are many styles of yoga but this class offered at OLLI is gentle enough to be practiced by those over 50. If you are new to yoga or have any physical limitations, this is a great class. Modifications and instructions for proper alignment will be given throughout the practice. We will do strengthening and stretching along with breathing and short meditation. This class is specially designed for OLLI! Bring your own mat and blanket/towel (beach towel or big bath towel) to class.

Instructor: *Akiko Dykhuizen, Veteran Instructor*

Tuesdays Session One (Outdoors): 9/7, 9/14, 9/21, 9/28 **Session Two (Indoors):** 10/12, 10/19, 10/26, 11/2 (No class 10/5) **Session Three (Indoors):** 11/16, 11/23, 11/30, 12/7 (No class 11/9) • 9:15-10:15 a.m.

Location: Outdoor Classes will be held in front of Founders Hall/Indoor Classes will be held in Ryder 244

Price: \$56 for members per session • \$86 for non-members per session

(135/136/137) Continuing: Flow Yoga

This class is for you if you have taken the Beginners class or have been practicing yoga elsewhere and would like to keep up your practice. The instructor will lead the class with creative, slow flowing sequences to increase flexibility, balance, strength and endurance. Modifications and instructions for proper alignment will be given throughout the practice. Bring your own mat and blanket/towel (beach towel or big bath towel) to class.

Instructor: *Akiko Dykhuizen, Veteran Instructor*

Tuesdays • Session One (Outdoors): 9/7, 9/14, 9/21, 9/28 **Session Two (Indoors):** 10/12, 10/19, 10/26, 11/2 (No class 10/5) **Session Three (Indoors):** 11/16, 11/23, 11/30, 12/7 (No class 11/9) • 10:30-11:30 a.m.

Location: Outdoor Classes will be held in front of Founders Hall/Indoor Classes will be held in Ryder 244

Price: \$56 for members per session • \$86 for non-members per session



(138/139) Classical Pilates

Ready to improve your balance, flexibility, and overall strength? Try out Pilates! Classical Pilates utilizes six main principles: breathing, concentration, centering, control, precision and flow. Learn these and a bit of history about this effective and unique movement method. You will need to bring your own mat.

Instructor: *Tara Bird*

Fridays • Session One: 9/10, 9/17, 9/24, 10/1, 10/8, 10/15 **Session Two:** 10/29, 11/5, 11/12, 11/19, 12/3, 12/10 • 9-10 a.m.

Location: R244

Price: \$48 for members per session • \$78 for non-members per session

(140a or b/141 a or b) FREE Senior Fitness Test (Designed for Ages 60-94)

The Senior Fitness Test is an opportunity to participate in 8 activities that provide data on your personal fitness levels. As we age, it is important to be aware of fitness levels and how they relate to functional activities like putting away groceries, getting dressed, or getting around in home or community settings with a decreased risk of falls. Under the supervision of SVSU faculty, students from kinesiology and occupational therapy will do a brief interview to better understand your specific needs and expectations, and then they will guide you through each activity. Results and interpretation of these activities will be discussed with you, and a copy of this information will be provided to take with you when you leave. The entire process takes about 1 hour, and you can decide if you want to take part in all 8 activities, or just some of them, depending on your specific needs. For the safety of all participants, masks will be required for all indoor activities. If weather permits, there will be an option to have some activities outdoors, and mask use may or may not be required.

depending on the university policy at that time. All materials and equipment will be sanitized between use and we are planning on small group sizes to maximize safety. SVSU is monitoring the pandemic conditions and will enact any adjustments closer to the date as needed. There are a total of 4 sessions available, so please specify which day and time frame you prefer when registering. Be sure to wear non-slip shoes (tennis shoes) and comfortable clothing.

Instructor: *Jennifer Bridges and Lisa Brewer, SVSU*

Wednesday 10/20 or Thursday 10/21 • 10:15-11:15 a.m. (a) 11:30 a.m.-12:30 p.m. (b)

Location: *Ryder Recreation Center*

Price: *Free for Members and Non-Members*

Games

(142) Bridge Bidding

Improve your bridge bidding and enjoyment of the game. This eight-week series is designed for those new to bridge or who wish to improve their bidding. This course utilizes the Standard American System and relies on ACBL's Club Series for bidding (not included). Competitive bidding and understanding your partner will be stressed. Strategies for successful play of the hand will be reviewed during play. These two-hour sessions are equally divided between learning the principles of modern bridge bidding and applying them by playing prearranged hands.

Instructor: *Rich Siemer, Veteran Instructor, Ruby Life Master*

Fridays • 9/24, 10/1, 10/8, 10/15, 10/22, 10/29, 11/5, 11/12 • 9:30-11:30 a.m.

Location: *C129*

Price: *\$85 for members • \$115 for non-members*

Health

(143) Mindfulness Meditation

Mindfulness meditation helps us learn to live in the present moment with non-judgmental awareness and acceptance of what is. It helps us to flow more easily within the ups and downs of our lives. It is a practice that helps to create a more peaceful mind and heart, open to deeper wisdom. Controlled clinical studies of mindfulness-based meditation have documented a reduction of physical and emotional distress and an increase in greater health and well-being.

Instructor: *Nan Spence, Veteran Instructor*

Tuesdays • 9/21, 9/28, 10/5, 10/12, 10/19, 10/26, 11/2, 11/9 • 10-11:45 a.m.

Location: *C140*

Price: *\$145 for members • \$175 for non-members*

(144) Centering Prayer

Centering Prayer is a simple method in which we open ourselves to God and consent to God's presence and action within us. This prepares our hearts and minds to receive the attention to the Divine Indwelling Spirit who resides at the center of our being. It also helps us to develop a deeper relationship with the Divine. Nan Spence is uniquely qualified to teach Centering Prayer as she holds a master's degree in counseling and theology and works as a psychotherapist and theology counselor in Saginaw. She studied Centering Prayer with Thomas Keating, a Cistercian monk who designed this form of prayer.

Instructor: *Nan Spence, Veteran Instructor*

Thursday • 10/21 • 9 a.m.-1 p.m.

Location: *C140*

Price: *\$45 for members • \$75 for non-members*



(145) Cause of Wellness

Cause of Wellness is based on the latest independently controlled science, including the research of doctors Caldwell Esselstyn, John McDougall, Dean Ornish, Neal Barnard, and T. Colin Campbell (The China Study). Wellness begins with a whole food plant-based diet. Dr. Allen is a member of the American College of Lifestyle Medicine, the newest medical subspecialty. She is a retired nurse practitioner with a Master's degree in nursing from UCSF and a PhD in Holistic Wellness. Learn the causes of most of the major diseases disabling and bankrupting Americans, such as autoimmune diseases, heart disease, diabetes, obesity, and cancer. Find out how diet influences not only physical health but emotional healing and mental awareness as well.

Instructor: Janet Allen, Veteran Instructor

Wednesdays 11/3, 11/10, 11/17, 11/24, 12/1, 12/8 • 3-5 p.m.

Location: C129

Price: \$62 for members • \$82 for non-members

(146) Medicare ABCs

Medicare is the starting point of retirement planning. Medicare has complicated rules and options that need to be correctly understood, in order to control healthcare costs and receive the health services you may require. Medicare ABCs, an info-only session, will explain details that don't exist in flyers or commercials. Medicare Parts A, B, D, Medigap/Medicare Advantage, and common errors will be addressed. The instructor is a Certified Financial Planner, nationally-recognized Medicare expert, and author of *Maximize Your Medicare*.

Instructor: Jae Oh, Veteran Instructor, Author

Wednesday • 10/13 • 1-3 p.m.

Location: C129

Price: \$18 for members • \$36 for non-members

History**(147) Winston Churchill**

Born in Oxfordshire to a wealthy family, Winston Churchill would go on to be one of the longest-serving politicians in British history, holding his seat in Parliament for the better part of the period from 1900 to 1964. His prolific leadership as Prime Minister during World War II solidified his role in history though he was also a Nobel Prize-winning author, historian, soldier, and painter. Join us as we delve into the mindset and history of this fascinating figure in British and World War II history.

Instructor: John Pafford, Ph.D.

Tuesdays • 11/2, 11/9, 11/16, 11/23 • 10 a.m.-Noon

Location: C129

Price: \$33 for members • \$60 for non-members

(148) Great Sieges of World War II

In this class participants will look at four sieges: Bastogne, Malta, Imphal/Kohima and Leningrad. These sieges lasted from just seven days up to 900 days. The class will examine how these sieges were supplied from the outside by land, sea, and air, the effect on the people involved and how the sieges finally ended.

Instructor: Jim Reha, OLLI Member

Thursdays • 10/7, 10/14, 10/21, 10/28 • 10 a.m.-Noon

Location: C129

Price: \$33 for members • \$60 for non-members





(149) Cemeteries and Funerals in Nineteenth Century Saginaw

In this spooky tour, participants will explore Saginaw's Brady Hill Cemetery. The first recorded burial at Brady Hill was in 1855 and its monuments and landscape offer a unique window into this era of Saginaw history, the lives of the people interred there, and the changing attitudes toward death. After the cemetery tour, participants will drive to Saginaw's west side and tour the building that once held M.I. Benjamin's undertakers as well as St. John's Episcopal Church to discuss how these two buildings fit into the funerary customs of the period. This tour requires walking and standing on uneven terrain.

Instructor: *Tom Trombley, Historian*

Tuesday • 10/12 • 10 a.m.-1 p.m.

Location: *Begins at Brady Hill Cemetery (400 East Holland Avenue, Saginaw)*

Price: *\$21 for members • \$42 for non-members*

(150) Four European Empires, One Untouched Continent and the Greatest Human Disaster in History

In this course, participants will survey the broad causes of the cataclysm in the first and fourth sessions. We will watch two the best movies ever made (one Canadian, one American) that portray it clearly. In our final session we will show how the bets of intentions went dreadfully wrong almost from the beginning of the colonies in New France, New England, the Spanish Colonies and Brazil, and we will explain why that happened and how very different motives in Europe all led to the same catastrophe in the Americas.

Instructor: *Thomas Donahue, Veteran Instructor*

Thursdays • 10/7, 10/14, 10/21, 10/28 • 10 a.m.-Noon

Location: *C140*

Price: *\$33 for members • \$60 for non-members*

(151) Star Trek and The History of the Future

The instructor will lead viewing and discussion of episodes of Star Trek in which the Roddenberry Ideal of a positive and humanist future was used to comment on the society of the era. Our topic this time is The Real Versus the Imaginary. The class will watch TOS's "The Menagerie," pts. 1 & 2, Discovery's "If Memory Serves," and Voyager's "Fair Haven."

Instructor: *Christina Szilagyi, Veteran Instructor*

Tuesdays 9/7, 9/14, 9/21, 9/28 • 1-3 p.m.

Location: *C129*

Price: *\$33 for members • \$60 for non-members*

(152) Medieval Europe in Two Parts: Part One--Europe from the Fall of the Roman Empire to the Crusades

Join us to explore the European Middle Ages. This class will begin by covering the Gallic Warlords who made themselves kings and then move through the beginnings of the Holy Roman Empire, the beginnings of the English monarchy, and end with the Crusades.

Instructor: *Christina Szilagyi, Veteran Instructor*

Tuesdays • 11/2, 11/9, 11/16, 11/23 • 1-3 p.m.

Location: *C129*

Price: *\$33 for members • \$60 for non-members*

(153) The Ottoman Empire in WWI

This class will explore the last years of the Ottoman Empire before, during, and after World War I. We will begin with the Balkan Wars (1912-1913), discuss the First World War, and the creation of the modern Middle East.

Instructor: *Jason Szilagyi, Veteran Instructor*

Tuesdays • 10/5, 10/12, 10/19, 10/26 • 1-3 p.m.

Location: *C129*

Price: *\$33 for members • \$60 for non-members*

(154) The Napoleonic Wars

Explore some of the key battles and personalities of the Napoleonic Wars (1801-1815) in this exciting class. The class will cover the commanders, battles, tactics, and the consequences of the land and naval battles that raged across Europe.

Instructor: Jason Szilagyi, Veteran Instructor

Thursdays • 11/11, 11/18, 12/2, 12/9 • 1-3 p.m.

Location: C129

Price: \$33 for members • \$60 for non-members

**(155) Historic Cemeteries of Detroit**

Join Bailey Sisoy-Moore of Detroit History Tours for a spirited talk about the ghosts of Detroit's famed cemeteries. With over 30 cemeteries in the city you'll have plenty to talk about! From the witch of Delray who was said to murder for profit to the soda king whose gravesite is still toasted with Vernor's ginger ale, and from the first cremation society in America to the burials of industrialist billionaires, come ready to learn the weird, wonderful, spooky, and beautiful stories of Detroit's final resting places in this hour and a half presentation.

Instructor: Bailey Moore, Ph.D., Detroit History Tours

Wednesday • 10/6 • 10-11:30 a.m.

Location: C129

Price: \$18 for members • \$36 for non-members

(156) History of God and Beyond

Join our ongoing discussion of all things related to our search for meaning by studying religious history with current revisions, social and psychological advancements and of course the latest scientific musing on each of them. In an attempt to shake the rust from our gray matter after Covid-19, we will go back to the basics of the how, what, who of religion and other systems on the use of "faith" as the underpinning of the concept. Then a short review of Zoroaster will show the influence of this older system on many of our current ideas. If time allows, we will pursue questions that arise in earlier sessions, which is our take on a review of the basics of one of the world's major faith systems.

Instructor: Ron Taylor, OLLI Member, Veteran Instructor

Thursdays • 9/9, 9/16, 9/23 • 9:30 a.m.-Noon

Location: C129

Price: \$29 for members • \$58 for non-members

(157) Wild Women of Detroit

Detroit may have been founded in 1701, by the French explorer and adventurer Antoine Laumet de La Mothe sieur de Cadillac, but it was his wife Marie who decided much of the town's original layout. From the very beginning, Detroit has been a dame's town. Home to broads, women, cats, ladies, and Rosies, the Motor City's story is interlaced with the triumphs, adventures, dalliances and deeds of its female inhabitants. Join Bailey Moore of Detroit History Tours to hear about some of their stories. From Madam Cadillac to Motown greats, prostitutes to murderers, cults to saints and so much more. We'll talk civil war spies and prohibition smuggling. You'll learn the verdict of the first all-female jury in Michigan and the story of a woman known as "Rocking Chair."

Instructor: Bailey Moore, Ph.D., Detroit History Tours

Wednesday • 10/6 • 1-2:30 p.m.

Location: C129

Price: \$18 for members • \$36 for non-members

(163) Great Moments in the History of Medicine

Have you ever wondered how medical care went from being little more than guesswork to precision medicine, with a specialist or even a special clinic, for every conceivable disease, all in only 150 years? From snake oil to custom-made genetic medicines? In this class you will be present at the breakthroughs and meet the giants; those genius, far-thinking men and women who literally made ours the longest-living and healthiest generation in history.

Instructor: Lou Constan, M.D., OLLI Member

Thursdays • 11/4, 11/11, 11/18 • 10 a.m.-Noon

Location: C129

Price: \$29 for members/ \$58 for non-members

Legal Studies

(158) Supreme Court Update

The United States Supreme Court seems constantly in the political and legal spotlight, especially this new year as a new majority of justices begin to consider again some of the most important and controversial issues facing our nation. This course will first review some of the Court's decisions in its most recent term and then consider some of the key issues that will be before the Court in the coming months.

Instructor: Eric Gilbertson, Veteran Instructor

Mondays • 10/4, 10/11 • 10 a.m.-Noon

Location: C129

Price: \$24 for members • \$48 for non-members

Literature and Writing



(159) Creative Writing: A Forum for Writing and Sharing

As a participant in this course you are encouraged to bring stories of yourself and your family. Examples might be: how dad taught us to love blue cheese; the time a turkey kept reappearing in our kitchen; Grandma's superstitions that came true. Whether written or yet to be written, we will share and explore ways to begin a story, draw out an interesting story, and entice readers.

Instructor: Karen Thams, Veteran Instructor

Tuesdays • 9/21, 9/28, 10/5, 10/12 • 1-3 p.m.

Location: C140

Price: \$33 for members • \$60 for non-members

Science and Nature

(160) Portrait of a Killer

Take an in-depth look at one of America's most interesting sociopaths in this special OLLI course. Robert Hansen, a.k.a. the "Butcher Baker" terrorized Anchorage, Alaska for over a decade all while maintaining a seemingly normal lifestyle and family. How did he do it? How was he finally caught? Did he truly pay for his crimes? The class will focus on the killer's background and family, victims and the crimes, and investigation and trial.

Instructor: Katherine Ellison, Ph.D., SVSU

Fridays 10/15, 10/22, 10/29 • 6-7:30 p.m.

Location: C129

Price: \$23 for members • \$46 for non-members

(161a or b) Wildlife Boating Adventure

This "class" will give you the opportunity to relax and savor the beauty that surrounds you and learn about the ecology and history of one of Michigan's largest watersheds. You'll take a trip through the "Everglades" of Michigan. You'll travel through one of the largest bald eagle habitats and migratory flyways in the Midwest. Our instructor has explored the ecology of this region for over 40 years and has a first-hand understanding of what is happening to our watershed. Sign up quickly-each cruise is limited to 8 participants. Both trips depart from the Saginaw Marina off Lee Street in Saginaw. You will receive an email with logistical information about one day prior to the trip.

Instructor: Wil Hufton III, Johnny Panther Quests

Thursday • 9/30 • 8-11 a.m.(a). OR 4-7 p.m.(b)

Location: Meet at Saginaw Marina

Price: \$48 for members • \$68 for non-members



REGISTRATION BEGINS WEDNESDAY, AUGUST 18 AT 8:30 A.M. FOR MEMBERS/NON-MEMBERS

Two Easy Ways to Register

Payment is accepted by credit card or check (in person). We accept Visa, Mastercard, American Express, and Discover. Please do not leave any registration or credit card information on our voicemail. **We care about your security; therefore, we can no longer accept registration by mail.**



Register anytime through our secure website: sysu.edu/olli



Call: 989-964-4475 M-F 8 a.m.-4:30 p.m.

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