



October 2023



2 Kielbasa 3oz w/ Sauerkraut 1/8c/1oz German Potato Salad #8 Peas #8 Rye Bread 1sl Diced Mixed Fruit #8	3 Salisbury Steak 3oz Mashed Potatoes #8 Gravy 2oz Broccoli #8 Multi-grain Bread 1sl Vanilla Yogurt & Berries #8	4 Sloppy Joe #8 On a Bun 1ea Roasted Potatoes #8 Baked Beans #8 Grape Salad #8 October Birthdays	5 Chicken Breast 3oz/1ea Mushroom & Bacon Sauce 2oz Brown Rice #8 Brussels Sprouts #8 Apple Slices #8/ ½ c Fudgy Black Bean Brownies 2x2	6 Beef Chop Suey 8oz Whole Grain Rice #8 Oriental Blend Veggies #8 Pineapple #8 Carrot Cake 2x2
9 Meatloaf 3oz/1ea Mashed Potatoes #8 Gravy 2oz Seasoned Stewed Tomatoes #8 Whole Wheat Bread 1 sl Applesauce #8	10 Lemon & Pepper Fish 3oz Baby Red Potatoes Dill Carrots #8 Rye Bread 1ea Banana 1ea	11 Brat 3oz on a Bun Ketchup Steamed Onions Baked Beans #8 Whole Kernel Corn #8 Potato Salad #8 Chocolate Chip Cookie 1ea Tailgate Party	12 Lasagna 1ea Carrots #8 Mixed Greens 1 cup w/ Dressing 1ea Garlic Breadstick 1ea Fruit Jell-O Dessert 2x2	13 Ham & Scalloped Potatoes 2 each- #8 scoops Peas #8 Pineapple #8 Multi-grain Bread 1ea Chocolate Pudding #8
16 Beef Stroganoff 6oz Mashed Potatoes #8 Broccoli #8 Biscuit 1ea Banana Cake 2x2	17 BBQ Pork 3oz Whole Wheat Hoagie 1ea Scalloped Potatoes #8 Coleslaw #8 Diced Peaches #8 Grapes #8	18 Oven Baked Rosemary Chicken 3oz Baked Sweet Potato 1ea Diced Beets (hot) #8 Cornbread 1ea Cranberry Bar 2x2 Cranberry Fest	19 Chili w/ Macaroni 8oz Crackers 1ea String Cheese 1oz Mixed Greens 1 cup w/ Dressing 1pkt Apple Slices #8	20 Salmon Patty 3oz Twice Baked Mashed Potatoes #8 Carrots #8 Whole Wheat Bread 1sl Beetnik Cake 2x2
23 Swiss Steak 3oz Mashed Potatoes #8 3-Bean Salad #8 Rye Bread 1ea Ambrosia Fruit Salad #8	24 Chicken Florentine 1svg Penne Pasta #8 Cauliflower #8 Mandarin Oranges #8 Bananas & Vanilla Pudding #8	25 Beef Vegetable Stew 8oz Biscuit 1ea Whole Kernel Corn #8 Tossed Romaine/Spinach Salad 1c Dressing pkt Cookie 1ea Halloween Fun	26 Closed for Staff Training	27 Cabbage Rolls (Qty per caterer) w/ Tomato Sauce Country Trio Veggie #8 Whole Wheat Bread 1sl Pineapple #8 Spice Cake 2x2
30 Seasoned Baked Fish 3oz Parsley Buttered Potatoes #8 Tartar Sauce 1ea Carrots #8 Rye Bread 1ea Diced Mixed Fruit #8	31 Swedish Meatballs 3oz Mashed Potatoes #8 Squash #8 Rye Bread 1sl Pineapple #8 Chocolate Cake 2x2	November 1 Italian Rigatoni Casserole 2ea- #8 scoops Green Beans #8 1c Mixed Greens & Dressing 1ea Garlic Breadstick 1ea Gingerbread Cake 2x2	2 Chicken Broccoli Casserole 2-#8 scoops Pacific Veggie Blend #8 Whole Wheat Bread 1ea Grape Juice 4oz Strawberries & Yogurt #8	3 Ham 3oz on Marble Rye 2 sl w/ Romaine Leaf & Tomato Slice Mayo 1ea Minestrone Soup 8oz Crackers 1pkt Peach Slices #8