

COVID-19 Guidelines for Isolation

UNKNOWN ILLNESS: When someone is sick (illness unknown or undiagnosed) the following is according to the guidelines from DHEC regarding school attendance:

Students and staff should be excluded from school if they have:

Any one (1) of the following

- Fever – or-
- Shortness of breath or difficulty breathing -or -
- Loss of taste or smell -or –
- New or worsening cough

Any two (2) of the following:

- Sore throat
- Muscle or body aches
- Chills
- Fatigue
- Headache
- Congestion or runny nose
- Diarrhea
- Nausea or vomiting

COVID-19 POSITIVE: When someone tests positive for Covid-19 or manifests symptoms of Covid-19 and doesn't get tested, the person can be around others after:

- Ten (10) days have passed since symptoms started and
- Three (3) days (72 hours) have passed since last fever without taking medicine to reduce fever and
- Overall improvement in symptoms.

Those who test positive by a PCR test but do not have symptoms will be required to stay out of school until ten (10) days after the specimen was collected.

The criteria above should be used to determine eligibility to return to school. Negative PCR test results are not required after meeting these criteria.

Possible COVID-19 EXPOSURE: If a person thinks or knows they had Covid-19 but was not tested, the person can be around others after:

- Ten (10) days since symptoms first appeared **and**
- 24 hours with no fever without the use of fever-reducing medications **and**
- Other symptoms of COVID-19 are improving**Loss of taste and smell may persist for weeks or months after recovery and need not delay the end of isolation

Most people do not require testing to decide when they can be around others; however, if your healthcare provider recommends testing, they will let you know when you can resume being around others based on your test results.

https://www.cdc.gov/coronavirus/2019-ncov/if-you-are-sick/end-home-isolation.html?CDC_AA_refVal=https%3A%2F%2Fwww.cdc.gov%2Fcoronavirus%2F2019-ncov%2Fprevent-getting-sick%2Fwhen-its-safe.html