



Marathon
Health™

Schedule Your Annual Biometric Screening

The Healthcare Incentive is Now Open for the 2026 Benefit Premium Discount!

To receive your 2026 benefit year premium discount, employees, and their spouses that are on the City health insurance program will need to complete a biometric screening at a Marathon Health clinic or submit an external provider form to **Marathon Health by August 31, 2025.**

Appointments will take 15 minutes, and providers will measure your:

- ✔ Height
- ✔ Weight
- ✔ Waist circumference
- ✔ Blood pressure
- ✔ Blood sugar & A1c
- ✔ Cholesterol levels



Ready to schedule your biometric screening?

Scan the QR code, call (888-830-6538),
or visit the Marathon Health portal today!

Did you know Marathon Health offers more than just biometric screening? If you haven't completed your annual physical, schedule one with your biometric screening appointment for a convenient and complete wellness check.

