

Cape Fear Fitness

5130 Southport-Supply Road, Ste. 103, Southport

<https://www.capefearfitness.net/>

Shop Small Saturday Specials

Thanksgiving Weekend Only - sign up for a year membership with NO SIGN-UP FEES!! You can also buy Personal Training Sessions with 10% off the total price! Good for the weekend of November 29th - December 1st.

November 28th - Closed

November 29th – 8am-2pm

November 30th – 8am-12pm

December 1st - Closed

December 24th – 6am-2pm

December 25th - Closed

December 26th – 6am-8pm

December 27th – 6am-7pm

December 28th – 8am-12pm

December 29th – Closed

December 31st – 6am – 2pm

January 1st - Closed