



The Episcopal Church welcomes all.
 With 109 dioceses and 3 regional areas in 16 nations,
 The Episcopal Church is a member province
 of the worldwide Anglican Communion.
 We are one of 160 parishes in the
 Episcopal Church in Connecticut (ECCT)
 and members of its southeast Region.

Parish Office Hours:
 Monday-Friday: 9am~4pm September through June
 Monday-Friday: 9am~2pm July and August

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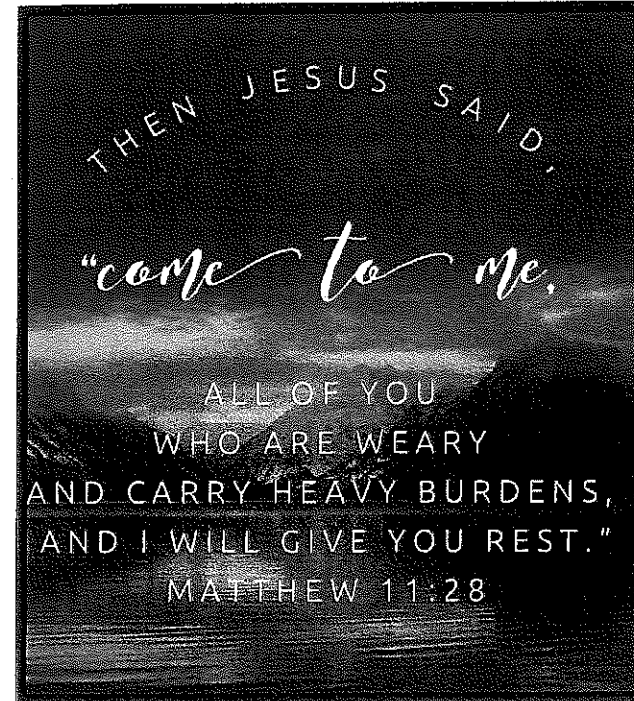
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Fifth Sunday after Pentecost:
 Proper 9
 Year A
 5 July 2020

The Rev. Dr. Anita Louise Schell, Provisional Priest-in-Charge
 Lectors: Peter Griffin, Mac Mummert
 Crucifer/Intercessor: Hal Swope
 Ushers: Peter Griffin,

Saint Ann's Mission Statement

We are a community of Christians, open to all, who serve God in Jesus Christ
 through worship, education, mission, and fellowship.

*Upon entering the sanctuary,
we invite silence, prayer and preparation.*

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and those who are near. This week we pray for:

Sudan, South Sudan, Uganda; Pray for the united Church of Pakistan, The Most Revd Humphrey Peters - Bishop of Peshawar & Moderator of the Church of Pakistan; Christ Church, Oxford; St. John's, Pine Meadow; St. Paul's, Plainfield; Military chaplains, and all who serve this country.

Heavenly Father, giver of life and health: comfort and heal those who suffer in mind, body or spirit, and give your power of healing to those who minister to their needs. Grant that they may be strengthened and have confidence in your loving care. This week we pray for:

Carole Lamourine and Family, Max Belding, Sabin Streeter, Keath, Kristi, Hannah Fiske, Blair, families of the victims of COVID-19, Eleanor Robinson, wife of Mark Robinson, 6th Rector of Saint Ann's, Woody Anderson, Ashley, Burt Devine

Receive our supplications and prayers, which we offer before you for all members of your holy Church. We give thanks for:

... the altar flowers given in memory of Helen & Ollie Nash on their wedding anniversary.

... our parish families:

Monday: Page Rogers

Tuesday: Bob & Carolyn Ross

Wednesday: Jeff & Kathy Rowe

Thursday: Tim Rowe

Friday: Jeffery & Anne Rowthorn

... those having birthdays this week:

Sunday:

Monday:

Tuesday:

Wednesday: Carole Lamourine

Thursday:

Friday:

Saturday: Kitty Law

We pray for those who have died:

All victims of COVID-19;

All victims of violence

We pray for an end to all violence
and racism.

Lord God Almighty, in whose Name the founders of this country won liberty for themselves and for us, and lit the torch of freedom for nations then unborn: Grant, we beseech thee, that we and all the people of this land may have grace to maintain these liberties in righteousness and peace; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.

*Lesser Feasts and Fasts
Page 261*

Hymns are prayers. Please join in silently praying the hymns as Hector plays the music on the organ.

Sunday Worship Rite I

July 5

Prelude

THE WORD OF GOD

Opening Hymn: My country, 'tis of thee ~ *America*

Hymnal 717

1 My coun - try, 'tis of thee, sweet land of
2 My na - tive coun - try, thee, land of the
3 Let mu - sic swell the breeze, and ring from
4 Our fa - thers' God, to thee, au - thor of

lib - er - ty, of thee I sing; land where my
no - ble free, thy name I love; I love thy
all the trees sweet free - dom's song; let mor - tal
lib - er - ty, to thee we sing; long may our

fa - thers died, land of the pil - grim's pride,
rocks and rills, thy woods and tem - pled hills;
tongues a - wake, let all that breathe par - take,
land be bright with free - dom's ho - ly light;

from ev - ery moun - tain - side let freed - om ring,
my heart with rap - ture thrills like that a - bove.
let rocks their si - lence break, the sound pro - long.
pro - tect us by thy might, great God, our King.

Welcome

Opening Sentences BCP p. 323
Celebrant: Blessed be God: Father, Son, and Holy Spirit.
People: **And blessed be his kingdom, now and for ever. Amen.**

Collect for Purity BCP p. 323

Gloria in excelsis BCP p. 324

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

Salutation and Collect of the Day

O God, who hast taught us to keep all thy commandments by loving thee and our neighbor: Grant us the grace of thy Holy Spirit, that we may be devoted to thee with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who liveth and reigneth with thee and the Holy Spirit, one God, for ever and ever. Amen.

A Reading from Zechariah 9:9-12

Rejoice greatly, O daughter Zion! Shout aloud, O daughter Jerusalem! Lo, your king comes to you; triumphant and victorious is he, humble and riding on a donkey, on a colt, the foal of a donkey. He will cut off the chariot from Ephraim and the war horse from Jerusalem; and the battle bow shall be cut off, and he shall command peace to the nations; his dominion shall be from sea to sea, and from the River to the ends of the earth. As for you also, because of the blood of my covenant with you, I will set your prisoners free from the waterless pit. Return to your stronghold, O prisoners of hope; today I declare that I will restore to you double.

The Word of the Lord.
Thanks be to God.

Psalm 145:8-15 ~ Joseph Barnby



8 The Lord is gracious and full of compassion, *
slow to anger and of great kindness.
9 The Lord is loving to everyone *
and his compassion is over all his works.
10 All your works praise you, O Lord, *
and your faithful servants bless you.
11 They make known the glory of your kingdom *
and speak of your power;
12 That the peoples may know of your power *
and the glorious splendor of your kingdom.
13 Your kingdom is an everlasting kingdom; *
your dominion endures throughout all ages.
14 The Lord is faithful in all his words *
and merciful in all his deeds.
15 The Lord upholds all those who fall; *
he lifts up those who are bowed down.

A Reading from Romans

7:15-25a

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

The Word of the Lord.
Thanks be to God.

Sequence Hymn: This is my song - *Finlandia*

E♭ B♭7 E♭ B♭7 E♭ B♭7 E♭ A♭ B♭ E♭ B♭7 E♭ B♭7 E♭

1. This is my song, O God of all the na-tions, A song of peace for
 2. My coun-try's skies are blu-er than the o-cean, And sun-light beams on
 3. This is my prayer, O Lord of all earth's king-doms: Thy king-dom come; on

B♭7 E♭ A♭ E♭ Cm E♭ B♭ Fm

1. lands a - far and mine. This is my home, the coun-try where my heart is;
 2. clo-ver-leaf and pine; But oth-er lands have sun-light too, and clo-ver,
 3. earth thy will be done. Let Christ be lift-ed up till all shall serve him,

C7 Fm E♭ A♭ Fm G E♭ Cm

1. Here are my hopes, my dreams, my ho-ly shrine; But oth-er hearts in
 2. And skies are ev-'ry-where as blue as mine. O hear my song, thou
 3. And hearts u-nit-ed learn to live as one. O hear my prayer, thou

E♭ B♭ Fm C7 Fm E♭ B♭sus4 B♭7 E♭

1. oth-er lands are beat-ing _____ With hopes and dreams as true and high as mine.
 2. God of all the na-tions, _____ A song of peace for their land and for mine.
 3. God of all the na-tions; _____ My-self I give thee; let thy will be done.

Text: 11 10 11 10 11 10; verses 1, 2, Lloyd Stone; verse 3, Georgia Harkness, © 1964, Lorenz Corporation. All rights reserved. Used with permission.
 Music: FINLANDIA; Jean Sibelius, 1865-1957; arr. fr. *The Hymnal* 1933.

Celebrant: The Holy Gospel of our Lord Jesus Christ according to St. Matthew 11:16-19,25-30
 People: **Glory to you, Lord Christ.**

Jesus said to the crowd, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, 'We played the flute for you, and you did not dance; we wailed, and you did not mourn.' For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds." At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Celebrant: The Gospel of the Lord.
 People: **Praise to you, Lord Christ.**

The Sermon

The Rev. Dr. Anita Louise Schell

The Nicene Creed

BCP p. 326

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Come to prayer, all who labor and are heavy laden, and God will give us rest. Come to praise, saying: **Lord, hear our prayer.**

We thank you for the revelation of your gift of abundant life and for the rest coming to those who put their trust in you. For such life and rest, **Lord, hear our prayer.**

We thank you for entrusting us with the message of grace, that we might speak a reconciling word to ur age. For such mercy, **Lord, hear our prayer.**

We thank you for leading us into the ways of peace and for transforming weapons fo war into tools of charity. For such peacemaking, **Lord, hear our prayer.**

We thank you for the people of faith who surround us and for the family and friends, teachers and clergy who assist our growth in grace. For such companions through life, **Lord, hear our prayer.**

We thank you for the gifts of creation and for wholesome times of recreation. For such times of harmony, **Lord, hear our prayer.**

We thank you for those who tend the sick, accompany the frustrated, visit the lonely, comfort the dying, confront the addicted, or minister to any in need. For such attention to human anguish, **Lord, hear our prayer.**

We thank you for sustaining all who are oppressed, all who suffer for reasons of conscience, all who are passionate for justice. For such signs of the coming kingdom, **Lord, hear our prayer.**

Here other intercessions may be offered.

Into you hands, O God, we commend all for whom we pray, trusting in your mercy, through your Son, Jesus Christ. Amen.

*from Intercessions for the Christian People
edited by Gail Ramshaw*

The Confession and Absolution

BCP p. 330

Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.

The Exchange of Peace
Announcements

Offertory Anthem: How can I keep from singing? ~ arranged by Andy Beck
Virtually sung and mixed by Saint Ann's Choir

The Doxology

The Blessing

Hymn: O beautiful for spacious skies ~ *Materna*

Hymnal 719

1 O beau - ti - ful for spa - cious skies, for am - ber waves of grain,
2 O beau - ti - ful for he - roes proved in lib - er - at - ing strife,
3 O beau - ti - ful for pa - triot dream that sees be - yond the years

for pur - ple moun - tain ma - jes - ties a - bove the fruit - ed plain!
who more than self their coun - try loved, and mer - cy more than life!
thine al - a - bas - ter ci - ties gleam, un - dimmed by hu - man tears!

A - mer - i - ca! A - mer - i - ca! God shed his grace on thee,
A - mer - i - ca! A - mer - i - ca! God mend thine ev - ery flaw,
A - mer - i - ca! A - mer - i - ca! God shed his grace on thee,

and crown thy good with bro - ther - hood from sea to shin - ing sea.
con - firm thy soul in self - con - trol, thy lib - er - ty in law.
and crown thy good with bro - ther - hood from sea to shin - ing sea.

Dismissal
Postlude

We will offer one in-person service beginning this Sunday, July 5 at 9:30 am which will also be available through Zoom and will be recorded and available for viewing on Youtube sometime after 9:30 am Sunday service. We will have one service at 9:30 July 5 through September 6.

Look for ushers to seat you. Six foot distanced seating will be on a first come, first served basis. Additional seating will be available in the Griswold Room.

Because of social distancing we will not be able to meet and greet and linger in the church. There will be lots of waves and virtual hugs and tears, I am certain. For now, there will be no communion, choral music nor coffee hour.

The decisions I make are always first and foremost for your safety and all who enter our doors. Look to me, Vestry and ushers for guidance on what to do - there will be signs as well.

Summer Bible Study Sundays at 11 am

Zoom in and join us Sundays at 11 am. We will begin promptly with the collect of the day. Go to the service sheet in the Saturday e newsletter for the readings we will cover. Be prepared. There may be a quiz! Log onto Zoom.com. Sign in ID is . To call in from a phone, dial 929-436-2866

Join us for Morning Prayer at Saint Ann's

Charlie Potts will lead Morning Prayer on Tuesday mornings at 10 am. Log into Zoom.com. Meeting ID is 889 5839 7594. Join the worship of Rite I Morning Prayer from the Episcopal Book of Common Prayer. The Saturday morning eblast will have the bulletin included.

Join us for Compline at 8 pm (Next one is July 12)

Compline, also known as Complin, Night Prayer, or the Prayers at the End of the Day, is the final church service (or office) of the day in the Christian tradition of canonical hours. Join us in this simple end of the day service at 8 pm every other Sunday. Log into Zoom.com.

Scripture Reflection: "Come to me all who are heavy laden and I will give you rest."

In Matthew 23:4, we hear that the scribes and Pharisees "bind heavy burdens and place grievous weights on people's shoulders." The religion of the Pharisees included 600 rules and regulations. Religion became a weight and burden to be loaded onto one's shoulders. Jesus' yoke was entirely different. It is as if Jesus is saying: "Take my teachings, take my life, take my spirit, take my way of life and learn from me instead of learning from the Pharisees and their religious interpretations and religious legalisms," and not from the Pharisees' rule book.

This first Sunday in July, Independence Day weekend, when we celebrate the freedom we have as Americans, I want to look at how we can be freed from heavy burdens, to look at how to be joyful, to set new pathways for what it means to be disciples of Christ in this world, particularly in the time of COVID-19 and in our vital work towards racial justice and reconciliation.

I am reminded of my years as a chaplain in a school where students would come literally heaven laden with their backpacks to Chapel, but I did not allow the backpacks in Chapel. The heavy laden students had to leave all their "stuff" at the door and enter only with themselves. You would see hundreds of very weighty backpacks left in piles outside the Chapel door, students both trusting that their backpacks would be there when they returned for them and saying, "We are entering this sacred space to meet God, burdens left behind."

What heavy burdens can you leave behind this day?

Mother Anita

Let me not look away, O God
by the Rt. Rev. Steven Charleston, Choctaw

*Let me not look away, O God, from any truth I should see.
Even if it is difficult, let me face the reality in which I live.*

*I do not want to live inside a cosseted dream,
imagining I am the one who is always right, or
believing only what I want to hear.*

*Help me to see the world through other eyes,
to listen to voices distant and different,
to educate myself to the feelings
of those with whom I think I have nothing in common.*

*Break the shell of my indifference.
Draw me out of my prejudices
and show me your wide variety.*

Let me not look away.