



The Episcopal Church welcomes all.
 With 109 dioceses and 3 regional areas in 16 nations,
 The Episcopal Church is a member province
 of the worldwide Anglican Communion.
 We are one of 160 parishes in the
 Episcopal Church in Connecticut (ECCT)
 and members of its southeast Region.

Parish Office Hours:
 Monday-Friday: 9am~4pm September through June
 Monday-Friday: 9am~2pm July and August

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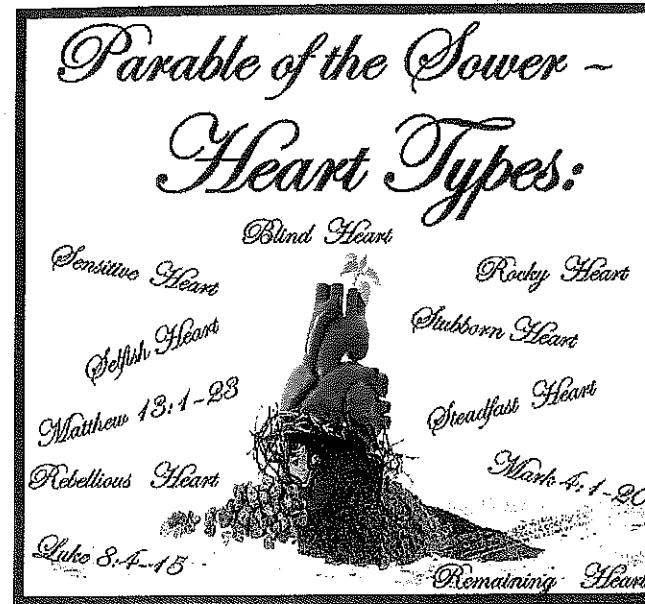
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Sixth Sunday after Pentecost:
 Proper 10
 Year A
 12 July 2020

The Rev. Dr. Anita Louise Schell, Provisional Priest-in-Charge
 Lectors: Seymour Smith, Alden Rockwell Murphy
 Crucifer/Intercessor: Hal Swope
 Ushers: David Griswold, Tia Smith

Saint Ann's Mission Statement

We are a community of Christians, open to all, who serve God in Jesus Christ
 through worship, education, mission, and fellowship.

*Upon entering the sanctuary,
we invite silence, prayer and preparation.*

O God, you have made of one blood all the peoples of the earth, and sent your blessed Son to preach peace to those who are far off and those who are near. This week we pray for:

Djibouti, Somalia; Pray for the Anglican Church of Papua New Guinea, The Most Revd Allan Migi - Archbishop of Papua New Guinea; Christ Church, Pomfret; Trinity, Portland; St. James', Poquetanuck ECCT and parish committees on investments, stewardship, planned giving, insurance, and personnel policy

Heavenly Father, giver of life and health: comfort and heal those who suffer in mind, body or spirit, and give your power of healing to those who minister to their needs. Grant that they may be strengthened and have confidence in your loving care. This week we pray for:

Carole Lamourine and Family, Max Belding, Sabin Streeter, Keath, Kristi, Hannah Fiske, Blair, families of the victims of COVID-19, Eleanor Robinson, wife of Mark Robinson, 6th Rector of Saint Ann's, Woody Anderson, Ashley, Burt Devine

Receive our supplications and prayers, which we offer before you for all members of your holy Church.

... our parish families:

*Monday: Jim & Amanda Rutledge
Tuesday: Vicki Sager
Wednesday: Anita Schell & Steve Macausland
Thursday: Conrad Seifert
Friday: Wendy Shaffer*

We pray for those who have died:

*All victims of COVID-19;
All victims of violence
Marie Faggotti*

... those having birthdays this week:

*Sunday:
Monday:
Tuesday:
Wednesday:
Thursday:
Friday:
Saturday:*

We pray for an end to all violence and racism.

The church and other spaces that are used are cleaned and sanitized before and after their use.

Welcome to Sunday morning in person worship seating:

Single:

We have mapped out seating to keep everyone 6 feet apart. Seating for individuals is on the right hand side of the church. Available seats are indicated by blue stickers. Please sit at the end of the pew directly next to a blue sticker.

Couples/Families:

We have mapped out seating to keep everyone 6 feet apart. Seating for couples and families is on the left hand side of the church. You can sit in any pew marked with blue stickers. You can sit anywhere in that pew.

The 2 chairs in the back on the left side are also available for couples as is the back pew on the right side.

Please be sure to sign in, sanitize your hands when you arrive and leave and wear a mask at all times. Thank you for following these best practices.

Mother Anita

Hymns are prayers. Please join in silently praying the hymns as Hector plays the music on the organ.

Sunday Worship Rite I

July 12

Prelude

THE WORD OF GOD

Opening Hymn: Morning has broken ~ *Bunessan*

Hymnal 8

1 Morn-ing has bro - ken like the first morn - ing,
2 Sweet the rain's new fall sun - lit from hea - ven,
3 Mine is the sun - light! Mine is the morn - ing

black-bird has spo - ken like the first bird.
like the first dew - fall on the first grass.
born of the one light E - den saw play!

Praise for the sing - ing! Praise for the morn - ing!
Praise for the sweet - ness of the wet gar - den,
Praise with e - la - tion, praise ev - ery morn - ing,

Praise for them, spring - ing fresh from the Word!
sprung in com - plete - ness where his feet
God's re - cre - a - tion of the new day!

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Welcome

Opening Sentences

Celebrant: Blessed be God: Father, Son, and Holy Spirit. BCP p. 323
People: **And blessed be his kingdom, now and for ever. Amen.**

Collect for Purity

BCP p. 323

Gloria in excelsis

BCP p. 324

Glory be to God on high, and on earth peace, good will towards men. We praise thee, we bless thee, we worship thee, we glorify thee, we give thanks to thee for thy great glory, O Lord God, heavenly King, God the Father Almighty. O Lord, the only-begotten Son, Jesus Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that sittest at the right hand of God the Father, have mercy upon us. For thou only art holy; thou only art the Lord; thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. Amen.

Salutation and Collect of the Day

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

A Reading from Isaiah

55:10-13

As the rain and the snow come down from heaven, and do not return there until they have watered the earth, making it bring forth and sprout, giving seed to the sower and bread to the eater, so shall my word be that goes out from my mouth; it shall not return to me empty, but it shall accomplish that which I purpose, and succeed in the thing for which I sent it. For you shall go out in joy, and be led back in peace; the mountains and the hills before you shall burst into song, and all the trees of the field shall clap their hands. Instead of the thorn shall come up the cypress; instead of the brier shall come up the myrtle; and it shall be to the Lord for a memorial, for an everlasting sign that shall not be cut off.

The Word of the Lord.
Thanks be to God.

Psalm 65:9-14

Please feel free to quietly say the words.

- 9 You visit the earth and water it abundantly; you make it very plenteous; *
the river of God is full of water.
- 10 You prepare the grain, *
for so you provide for the earth.
- 11 You drench the furrows and smooth out the ridges; *
with heavy rain you soften the ground and bless its increase.
- 12 You crown the year with your goodness, *
and your paths overflow with plenty.
- 13 May the fields of the wilderness be rich for grazing, *
and the hills be clothed with joy.
- 14 May the meadows cover themselves with flocks,
and the valleys cloak themselves with grain; *
let them shout for joy and sing.

A Reading from Romans

8:1-11

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God. But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

The Word of the Lord.
Thanks be to God.

Refrain

There is a balm in Gil - e - ad, to make the wound - ed
 whole, there is a balm in Gil - e - ad, to
 heal the sin - sick soul. soul.

1 Some - times I feel dis - cour - aged, and
 2 If you can - not preach like Pe - ter, if you

think my work's in vain, but then the Ho - ly
 can - not pray like Paul, you can tell the love of

Repeat Refrain

Spi - rit re - vives my soul a - gain.
 Je - sus, and say, "He died for all."

Today we feature the spiritual, "There is a balm in Gilead." By its form and history it is singularly appropriate for these times in which we seek both healing and reconciliation.

In the Old Testament, Gilead was the name of the mountainous region east of the Jordan River. This region was known for having skillful physicians and an ointment or "balm" made from the gum of a tree particular to that area. Many believed that this balm had miraculous powers to heal the body. In the book of Jeremiah, God tells the people of Israel that though many believe in the mysterious healing power of this balm, they can't trust in those powers for spiritual healing or as a relief of their oppression. Jeremiah assures the people that God is ultimately in control, and only God can relieve their suffering. In the New Testament, Jesus becomes our "balm in Gilead." We are called to turn to Jesus in times of trial for healing and comfort, as we heard last week from Matthew's Gospel chapter 11, "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest."

The tune is in the musical form of a spiritual and one of my all-time favorites. I chose this spiritual as the communion anthem for my ordination in 1984. It still sends chills up and down my spine whenever I hear it played or sung. It is a song for our time.
 Mother Anita

Celebrant: The Holy Gospel of our Lord Jesus Christ according to St. Matthew 13:1-9, 18-23
 People: Glory to you, Lord Christ.

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told

them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!" "Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

Celebrant: The Gospel of the Lord.
 People: Praise to you, Lord Christ.

The Sermon

The Rev. Dr. Anita Louise Schell

The Nicene Creed

BCP p. 326

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

Prayers of the People

Lest the Word of God return empty to the heavens, let us turn our hearts to the needs of others and plant the seeds of justice, saying: **In mercy, hear us.**

For the Christian churches throughout the world, that together we may harvests compassion in an abundance of mercy, we pray: **In mercy, hear us.**

That leaders of government refuse to worship Mars, the god of war, but rather attend to Christ's call of peace, we pray: **In mercy, hear us.**

For farmers, harvesters, and migrant workers, and for an end of injustice toward those who work the land, we pray: **In mercy, hear us.**

That people of the earth may honor and respect the natural resources of the planet, and for an end to the consumerism that encourages ravage, we pray: **In mercy, hear us.**

For the catechumens in our communities, that fertile in faith they may be a soil rich in receptivity, we pray: **In mercy, hear us.**

For all the sick, and for all the oppressed, that the reign of God will hold sway in all human life, we pray: **In mercy, hear us.**

Here other intercessions may be offered.

Blessed and praised are you, O God, for the word of your mouth. In your mercy, listen to all who call to you in faith. Let your word find root in our lives. We pray in the name of your child Jesus, who lives with you in the power of the Spirit, forever. **Amen.**

*from Intercessions for the Christian People
edited by Gail Ramshaw*

The Confession and Absolution

BCP p. 330

Most merciful God, we confess that we have sinned against thee in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved thee with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of thy Son Jesus Christ, have mercy on us and forgive us; that we may delight in thy will, and walk in thy ways, to the glory of thy Name. Amen.

The Exchange of Peace

Announcements

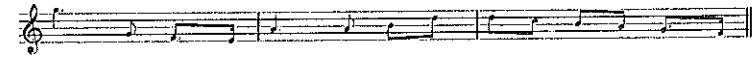
Offertory Anthem: Brother James' Air ~ arranged by Alan Bullard
Virtually sung and mixed by Saint Ann's Choir

The Doxology

The Lord's Prayer

The Blessing

Hymn: O day of peace that dimly shines ~ *Jerusalem*



1 O day of peace that dim - ly shines through all our
2 Then shall the wolf dwell with the lamb, nor shall the



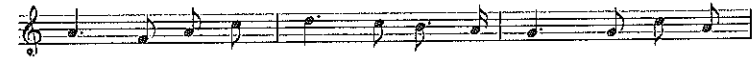
hopes and prayers and dreams, guide us to jus - tice, truth, and
fierce de - vor the small; as beasts and cat - the calm - ly



love, de - liv - ered from our self - ish schemes. May swords of
graze, a lit - tle child shall lead them all. Then en - e -



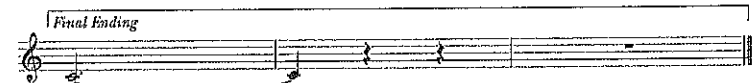
hate fall from our hands, our hearts from en - vy find re -
mies shall learn to love, all crea - tures find their true ac -



lease, till by God's grace our war - ring world shall see Christ's
cord; the hope of peace shall be ful - filled, for all the



prom - ised reign of peace.
earth shall know the (Lord.)



Lord.

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arr. Janet Wynal (b. 1934) Copyright ©1977, Roberton Publications. All rights reserved. Used with permission.

Dismissal

Postlude

We will offer one in-person service through September 6 at 9:30 am which will also be available through Zoom and will be recorded and available for viewing on Youtube sometime after 9:30 am Sunday service.

Masks must be worn at all times. Look for ushers to seat you. Six foot distanced seating will be on a first come, first served basis and we ask household members to sit together. Additional seating will be available in the Griswold Room.

Because of social distancing we will not be able to meet and greet and linger in the church. For now, there will be no nametags, communion, choral music nor coffee hour.

The decisions I make are always first and foremost for your safety and all who enter our doors. Look to me, Vestry and ushers for guidance on what to do - there will be signs as well.

Mother Anita

Summer Bible Study Sundays at 11 am

Zoom in and join us Sundays at 11 am. We will begin promptly with the collect of the day. Go to the service sheet in the Saturday e newsletter for the readings we will cover. Be prepared. There may be a quiz! Log onto Zoom.com. Sign in ID is 841 9586 3181. To call in from a phone, dial 929-436-2866

Join us for Morning Prayer at Saint Ann's

Charlie Potts will lead Morning Prayer on Tuesday mornings at 10 am. Log into Zoom.com. Meeting ID is 889 5839 7594. Join the worship of Rite I Morning Prayer from the Episcopal Book of Common Prayer. The Saturday morning eblast will have the bulletin included.

Join us for Compline at 8 pm this evening.

Compline, also known as Complin, Night Prayer, or the Prayers at the End of the Day, is the final church service (or office) of the day in the Christian tradition of canonical hours. Join us in this simple end of the day service at 8 pm. Log into Zoom.com. Meeting ID 863 9914 7377.

Scripture Reflection: Sowing Seeds

As we move our way through Matthew's Gospel, every Sunday Jesus gives us examples of how to be a disciple of his. We are eager students indeed, and even though we don't live in first century Palestine, we can usually relate to the examples he gives us. In today's Gospel we have a parable. A parable is a story with a message – it could very well have happened just the way that Jesus describes it; but is not meant to be taken literally.

It's a familiar parable. As Jesus explains it, we are to be the "good soil." That is, the soil that hears God's word, understands it, has it taken root within us, and then bears fruit—leading to some kind of change and transformation within us and in the world.

Interestingly enough, however, this parable is not called the "parable of the soil" or the "parable of the seed," although much of the explanation seems to focus on the soil and seed. Instead, Jesus himself calls it the "parable of the sower." What can we learn from this sower?

Today's parable of the sower challenges us here at Saint Ann's - and by extension every church hearing this parable this morning - to scatter seeds of goodness broadly and widely, never hoarding or saving certain seeds for those we deem most worthy.

God gives freely, hoping to find good soil but with no guarantee that this will happen. This kind of lavish abundance is a call and a challenge to us to go and do likewise. So, let's keep planting those seeds of love and compassion, kindness and generosity, humility and thankfulness and don't be so concerned about our success rate. *Mother Anita*

Please Don't Kneel

Please don't kneel
I have nightmares
when I see you kneeling with protestors.

Please don't kneel
It brings back the horror
and I begin to gasp, gasp for breath.

Please don't kneel
I can feel the weight of your knee on my neck
suffocating me without mercy.

Please don't kneel
If my black life doesn't matter to you
then you are just here for a photo opp.

Please don't kneel
unless you will rise with me
for justice and ending the cycle of hatred.

This poem is written by Marc-Yves Regis and is part of his new book, *America Through My Eyes*. Marc is a photojournalist and long-time friend of Saint Ann's. He is the creator/director of Camp Hispaniola, a vacation Bible school that takes place for one week in Haiti and in the Dominican Republic.