



### **36<sup>th</sup> Annual Geriatric Medicine Refresher Day**

*Current and Practical Knowledge to Inspire and Advance Care*

*Wednesday May 3, 2023 • 7:30 a.m. – 4:00 p.m.*

***RBC Place, London – 300 York Street***

*Registration opens on February 1<sup>st</sup> : \$160.00*

*Online Registration Only • [www.sjhc.london.on.ca/grd](http://www.sjhc.london.on.ca/grd)*

#### **Overall Conference Learning Objectives:**

By the end of the conference, participants will be able to:

1. Apply current literature in care of the older adult
2. Apply practical knowledge in the advancement of care of the older adult

A minimum of 25% of this program is dedicated to participant interaction.

#### **FEATURED KEY NOTE SPEAKERS:**

##### **Dr. Mamta Gautam**

##### **Quit Multiplying by Zero – Wellness as Shared Responsibility**



Dr. Mamta Gautam is a psychiatrist at The Ottawa Hospital and in the Department of Psychiatry at the University of Ottawa; and President and CEO of PEAK MD Inc, a company that focuses on enhancing Leadership Development and Leadership Resilience. Dr. Gautam is an internationally renowned clinician, consultant, executive coach, researcher, speaker and author in the areas of Professional Health and Professional Leadership.

##### **Dr. Peter Lin**

##### **Baby Boomers – How to Help Them Age Gracefully and Not Collapse the Healthcare System**



Back by popular demand - Peter Lin has been a family physician for over 20 years. In addition to his busy practice, Peter loves to talk and will talk to anyone who will listen. He has traveled around the world delivering lectures to physicians educating them about a variety of health topics. Tune in to hear Dr. Lin's healthcare house call at 6:10 Wednesday mornings on CBS radio.