



The Kaleidoscope

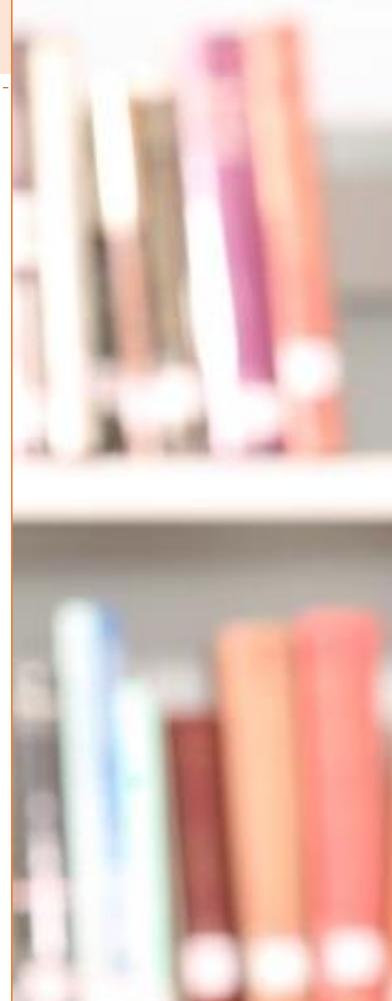
Greetings Everyone,

I hope your semester has gotten off to a great start. I want to point you to a [homepage article](#) a couple of weeks ago in case you didn't see it. It was about how Princeton welcomes the most diverse class of graduate students to campus. While we know there is more to do, we are very excited and extremely proud about the diversity that exists among the graduate student body. We already see the impact in such special and amazing ways, and we look forward to the innovations, research, and ideas that will be generated because of it. We want you all to know that we are even more excited about the work of inclusion and belonging in the graduate community. The efforts of the ADI team and the graduate school staff is about working towards creating an environment where students from all backgrounds are thriving and feel a sense of belonging on this campus. Please continue to read the Kaleidoscope, take the time to get to know us, reach out when you need support, and join us at our events...we are looking forward to getting to know you and supporting you on your graduate school journey.

Cheers to a wonderful and productive week!

Best,

Dean Miller



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SPECIAL POINTS OF INTEREST

- **ADI Happenings in Review**
- **GSP Highlights**
- **Cool Events, Check Out Calendar at a Glance!**

EMAILS/APPOINTMENTS

Important Note:

The ADI Team is always happy to meet with graduate students! When making appointments with Dean Miller, it is much faster to call or email Sarah Mullins (smullins@princeton.edu; 609-258-9637) with your availability when making the initial request, it will make the process easier and more efficient. For appointments with Dean Gonzalez-Perez and/or Truelove, please email Joel Boggess (jboggess@princeton.edu). **Similarly, if you have a routine question that you wish to send by email, please send it to both Sarah and me, and whoever can answer it first, will.**

UPCOMING RECRUITING

Atlanta University Center Consortium (AUCC) Graduate, Professional and Engineering School Fair October 1, 2019

If you are aware of any faculty, staff, students, and/or prospective students attending, please tell them to stop by the Princeton table and say hello! If you ever want to attend with us, send us an email!

We are especially interested in speaking to underrepresented minority (URM) and first generation students interested in graduate school!



ADI Team Website

&

Social Media pages

Check out the Diversity Tab on the Graduate School Website [here](#).

It is a great resource for answers to questions that you may be looking for, while also housing links to important resources.

It includes important links to:

- Funding Resources
- ADI and other Campus Events
- Affinity Group Information
- And much more...

Follow us on Social

Media!

(click the images below)



SIMPLE SELF-LOVE FOR GRAD STUDENTS

By [Natascha Chtena](#)

“You can search throughout the entire universe for someone who is more deserving of your love and affection than you are yourself, and that person is not to be found anywhere. You yourself, as much as anybody in the entire universe deserve your love and affection.” – Buddha

In academia, we're not good at taking care of ourselves, most of us. We're control freaks, perfectionists, type As. We recognize our needs but feel guilty that we have them. So we ignore them. We go and go and give and give until we crash or burn out or become bitter.

Stop and really think about how you treat yourself: Are you kind and loving? Do you forgive yourself for mistakes? Do you encourage yourself? Do you get enough sleep?

Academia doesn't encourage these sorts of questions. It, by and large, refuses to acknowledge that we simply can't be in it for the long haul if we're constantly on the verge of physical and emotional burnout. And a PhD (and academic career) certainly is for the long haul.

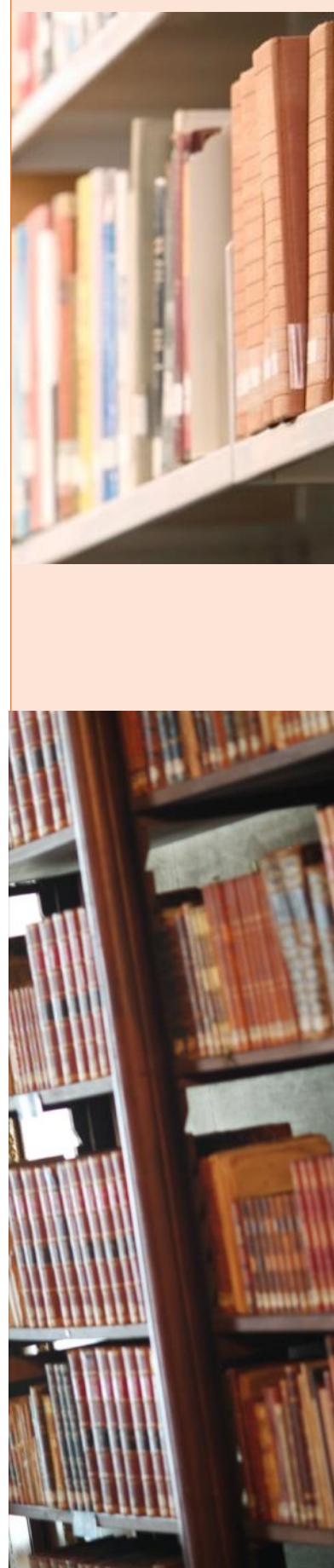
In such a fast-paced culture, how can we become better at taking care of ourselves, physically, mentally and spiritually? We often hear things like “[eat real food](#),” “[exercise regularly](#)” and “[get enough sleep](#),” but I think there's more to it than that.

Practice self-compassion.

Self-compassion is distinctly different from self-esteem, self-pity, or self-indulgence. According to [Kristin Neff](#), it is extending compassion towards yourself when you're feeling inadequate, fail, or notice something you don't like about yourself. As grad students, I think, we know these feelings all too well.

Academia is a culture that does not encourage self-compassion, and it's easy to get stuck in a rut of negative self-talk and criticism. We tend to over-identify with our work and consequently take criticism of our work as criticism of who we are. We beat ourselves up about that thing we did or said in front of our colleagues or students that made us feel bad, embarrassed, or ashamed. We refuse to let go.

[**READ MORE...**](#)



Upcoming GSP Events!

GSP Faculty
Conversation
Series
Featuring
Professor
Rodney Priestley
of CBE

*

Thursday,
Oct. 10th
4:00-6:00pm
The Carl Fields
Center



GSP is...community, social support, academic support, intellectual support, moral support, and much more...!



HIGHLIGHTS FROM THE FIRST GSP MONTHLY MEETUP!



ADI HAPPENINGS!

Fall Back BBQ Highlights



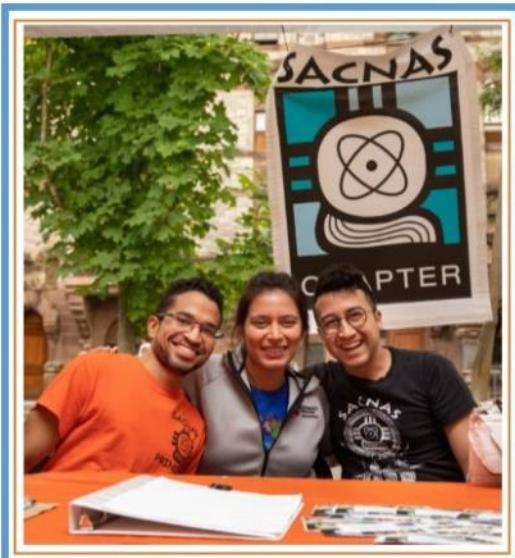
STUDENT GROUPS

Affinity Groups—Sign-Ups

Interested in joining or receiving more information about the Graduate Student Affinity Groups associated with Access, Diversity and Inclusion? Click the sign-up link to be added to any of our group's listservs.

- Black Graduate Caucus (BGC)
- Graduate Women of Color Caucus (GWCC)
- Latino Graduate Student Association (LGSA)
- Graduate Women in Science & Engineering (GWISE)
- Intersecting Queer Identities (IQI) and Queer Graduate Caucus (QGC)
- FLI Grads (First Generation/Low Income Graduate Students Organization)
- Society for the Advancement of Chicanos/Hispanics and Native Americans in Science (SACNAS)
- Women in STEM Leadership Council
- Pan-African Student Org

[SIGN-UP HERE](#)



FELLOWSHIPS



ICRW is now accepting applications for the 2019-2020 Mariam K. Chamberlain Award, which honors the legacy of Dr. Mariam K. Chamberlain, a visionary who founded Re:Gender – formerly the National Council for Research on Women – in 1981.

Under her leadership, Re:Gender grew to become one of the preeminent organizations focused on research on women in the United States. In 2016, Re:Gender merged with ICRW, where we continue to advance women's empowerment and gender equality through a merged global platform.

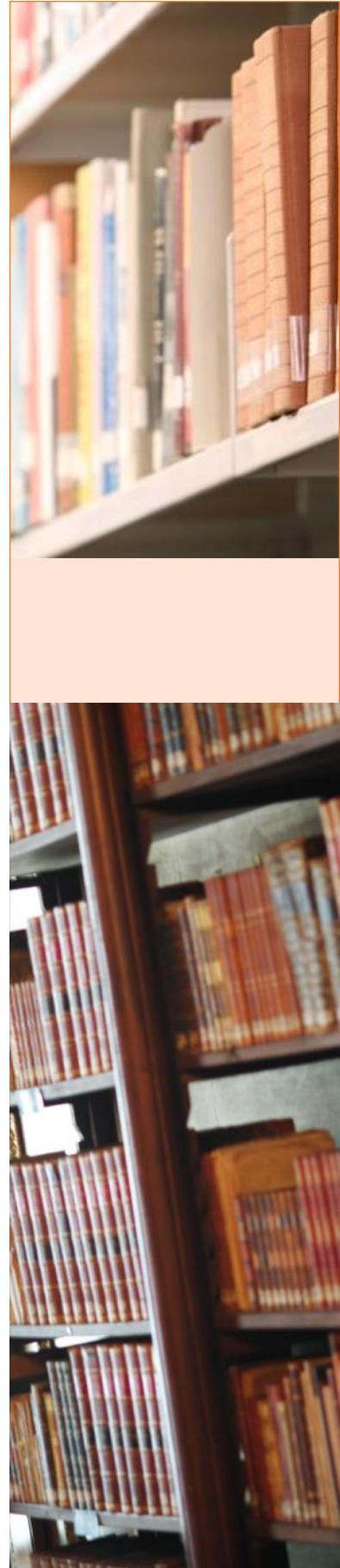
The \$10,000 award will support a first-generation doctoral student, as they work on a dissertation under the close supervision of a senior dissertation advisor over one academic year. Of the award total, the student will receive \$8,500, and the advisor(s) will receive a total of \$1,500.

The graduate student's dissertation must be related to ICRW's mission to advance gender equity, inclusion and shared prosperity worldwide.

Application deadline is Tuesday, October 8, 2019.

For more information and to access the application, visit our web page by clicking [here](#) or on the button below.

APPLY



FELLOWSHIPS



GRADUATE STUDENT FELLOW FOR STEM UNDERGRADUATE LEARNING SUPPORT, FALL 2019

Do you want to share with Princeton STEM undergraduates the expertise you've developed in the areas of effective and efficient learning, studying, problem-solving, and research? The Fellow in this position (funded as an AI3, equivalent to a course preceptor) will develop content and deliver programming that enhances students' skills and strategies for learning, problem solving, research and other aspects of academic success in STEM disciplines. To learn more, please contact [Nic Voge](#).



International Dissertation Research Fellowship (IDRF)

Open for applications, next deadline is **November 5th 2019**.

[Apply Now](#)

OVERVIEW

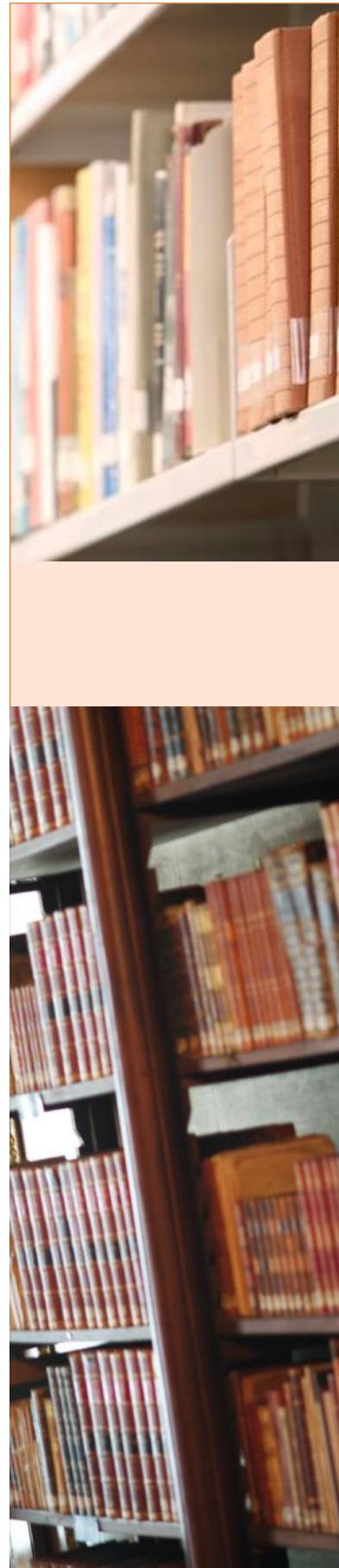
The Mellon International Dissertation Research Fellowship (IDRF) offers nine to twelve months of support to graduate students in the humanities and humanistic social sciences who are enrolled in PhD programs in the United States and conducting dissertation research on non-US topics. Seventy fellowships are awarded annually. Fellowship amounts vary depending on the research plan, with a per-fellowship average of \$23,000. The fellowship includes participation in an SSRC-funded interdisciplinary workshop upon the completion of IDRF-funded research.

ELIGIBILITY

The program is open to graduate students in the humanities and humanistic social sciences—regardless of citizenship—enrolled in PhD programs in the United States. Applicants to the 2020 IDRF competition must complete all PhD requirements except on-site research by the time the fellowship begins or by December 2020, whichever comes first.

The program invites proposals for dissertation research conducted, in whole or in part, outside the United States, on non-US topics. It will consider applications for dissertation research grounded in a single site, informed by broader cross-regional and interdisciplinary perspectives, as well as applications for multi-sited, comparative, and trans-regional research. Proposals that identify the United States as a case for comparative inquiry are welcome; however, proposals that focus predominantly or exclusively on the United States are not eligible.

[Learn More!](#)



CAMPUS HAPPENINGS

In celebration of National Hispanic Heritage Month

ONE-MAN SHOW

JAVIER ÁVILA



THE TROUBLE
WITH
My Name

The Trouble with My Name blends comedy and poetry to shed light on the American Latino experience and to inspire conversation about race, identity, representation and inclusion.

Monday, Sept 30, 2019
4:30 PM

Whitman College
Class of 1970 Theatre

PRINCETON
UNIVERSITY

Latinx Princetonians
Access, Diversity & Inclusion
The Office of The Vice President
for Campus Life

PLAS
PROGRAM IN LATIN
AMERICAN STUDIES

Department of
Spanish & Portuguese

*Three years behind
bars for research...*

**FREE
XIYUE
WANG**



Gather to support our colleague and reaffirm our commitment to global scholarship and scholarly freedom

Campus Vigil
Thu. 10.03 @5pm
East Pyne Courtyard

featuring:
Tracy K. Smith Roger S. Berlind '52 Professor of the Humanities and Chair, Lewis Center for the Arts
Anthony Grafton Henry Putnam University Professor of History
Molly Greene Professor of History and Hellenic Studies
Stanley N. Katz President Emeritus, American Council of Learned Societies
with:
Hua Qu wife of Xiyue Wang
A reading from *Xiyue* by History students
William Whitham Graduate Student, History

For more info contact
mmcgovern@princeton.edu

freexiyuewang.com



Be sure to check out <https://thrive.princeton.edu/schedule/> for a list of campus events in honor of Thrive: Empowering and Celebrating Princeton's Black Alumni – beginning Thursday, October 3rd!



CALENDAR AT A GLANCE

Monday, September 30th, 4:30pm: Javier Ávila: The Trouble With My Name. Javier Ávila's one-man show blends comedy and poetry to shed light on the American Latino experience. Whitman College Class of 1970 Theater.

Thursday , October 3rd — Friday, October 4th: Princeton Prospective PhD Preview (P3)- The ADI team welcomes prospective graduate students from across the country to campus!

Thursday, October 3rd — Saturday, October 5th: Thrive Conference- Empowering and Celebrating Princeton's Black Alumni . Join Princeton alumni for three inspiring and thought-provoking days, celebrating Princeton's black alumni and the impact that they have had on the University and in their communities.

Monday, October 7th, 4:00-6:00pm: GradLead Strengths Based Leadership Training. The GradLead team will be coaching students through a strength based leadership training session. Simpson B60B.

Thursday, October 10th, 4:00-6:00pm: GSP Faculty Conversation series with Professor Rod Priestley. Sit down with CBE's DGS to learn more about the career paths of some of our faculty. The Carl Fields Center, Living Room.

Thursday, October 17th, 11:30am-1:00pm: ADI Pop-Up- Trail Mix Bar! Stop by any time to create your very own trail mix to-go bag. Lots of healthy and yummy options will be provided! Campus Club Sunroom.

- Stay tuned—more to come! -

"Happiness is the joy we feel striving towards our potential"



Access, Diversity & Inclusion
THE GRADUATE SCHOOL