

Supplemental Activities for Incredible Years

School Readiness:

Book: David Goes to School by David Shannon

Song/Episode (on youtube): Dr. Jean Rules Rap/Wondergrove Kids – Understand the Basic School Rules

Website: ABCYA.com – Number Bingo (listen to the numbers), Fuzz Bugs (practice listening and waiting)

Feelings:

Book: The Story of My Feelings by Laurie Berkner

Song/Episode(on youtube): The Sad, Bad Terrible Day by the Learning Station/Name That Emotion with Murray

Website: Starfall.com – Pumpkin face

Solutions:

Book: Groovy Joe: Ice Cream and Dinosaurs by Eric Litwin

Song/Episode (on youtube): My Bear Doesn't Share/Learning Friends – Fox and Penguin Take Turns

Website: ABCYA.com – making a pizza

Anger Management:

Book: How Do Dinosaurs Say I'm Mad by Jane Yolen

Song/Episode: Daniel Tiger – When You Feel So Mad That You Want to Roar/Sesame Street – Belly Breathe

Website: <https://www.do2learn.com/games/feelingsgame/index.htm>

Making Friends:

Book: Should I Share My Ice Cream? By Mo Williams

Song/Episode: The More We Get Together (Cocomelon)/Wondergrove Kids – Working Together As a Team

Website: Pbskids.org – Fairshares Curious George game