

## Step-by-Step Bathroom Plan

For children who are having difficulty with working towards potty training, breaking down each step and rewarding your child's success can help. Small steps in the right direction will be reinforced to promote positive bathroom behavior. After each step, provide your child with a very small piece of candy/food, paired with verbal praise.

Steps:

1. walk to bathroom
2. pull down pants
3. sit on toilet
4. flush toilet
5. pull up pants
6. wash hands

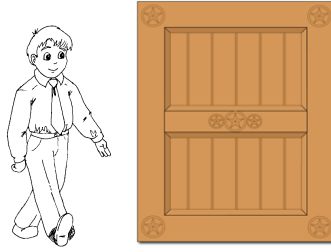
Prior to each step, your child should be provided with a "first...then" command (i.e. "first we walk to the bathroom, then you get candy/food"). He/she should be rewarded immediately for complying with each step with a piece of candy/food, along with specific praise about the behavior he/she did (i.e. "great job walking to the bathroom").

Your child does not need to void in the toilet, rather, he/she receives a piece of candy for simply sitting on the toilet. If your child does void, he/she should be immediately provided with a larger reward and lots of praise.

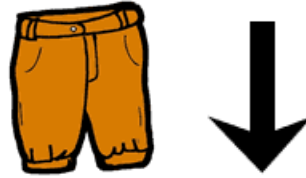
At the completion of all 6 steps, your child should receive a special sticker, and lots of praise.

# BATHROOM TIME

1. walk to bathroom



2. pull down pants



3. sit on potty



4. flush potty



5. pull up pants



6. wash hands

