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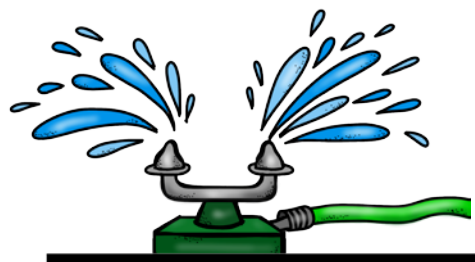
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Summer Activity Calendars

- Enjoy your free summer activity calendars!
- The calendar includes a fun activity to move your body each weekday all summer long!
- Links are included on the calendar to get full explanations or ideas for a particular activity of Pink Oatmeal.
- The blue writing indicates a free printable that you can get from Pink Oatmeal in the freebie library!
- Thank you and enjoy!



June

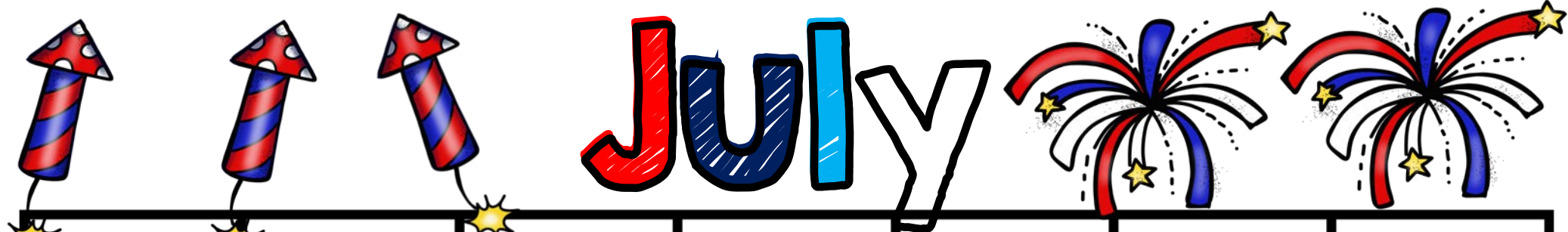


| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|-------------------------|--|-----------------------|----------------------------|------------------------------|----------|
| | Jump Rope | <u>Bumble Bee Relay</u> | Hop Scotch | <u>Side Walk Chalk</u> | Circus Movement Cards | |
| | <u>Basketball Moves</u> | Blow Bubbles | Yoga With A Twist | Play Tag | <u>Hill Exercise</u> | |
| | Ride Bikes | Screen Free Day – No Screens At All Today! | <u>Scooter Boards</u> | Summer Yoga | Play At A Park | |
| | Nature Walk | <u>Camping Yoga</u> | Play Catch | <u>Paper Plate Balance</u> | <u>Balance With Stickers</u> | |

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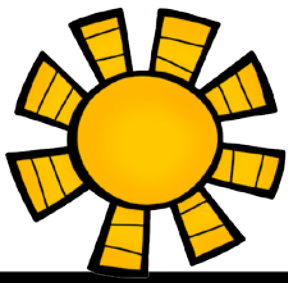
Green = Click on the Link to Learn More on the Website



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|----------------------------|----------------------------|---------------------|--------------------------|-------------------------------|----------|
| | Flashlight Tag | <u>Baseball Moves</u> | Patriotic Yoga | <u>Beach Themed Yoga</u> | Kick Ball | |
| | Go Swimming | <u>Pirate Moves</u> | Screen Free Day | <u>Princess Moves</u> | Transportation Movement Cards | |
| | <u>Balance With Blocks</u> | Run Through The Sprinklers | Gross Motor Dice | Four Square | <u>Bean Bag Balance</u> | |
| | Go For A Walk | <u>50's Themed Moves</u> | <u>Animal Moves</u> | Yoga Kids Cards | <u>Flying Animals</u> | |

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August

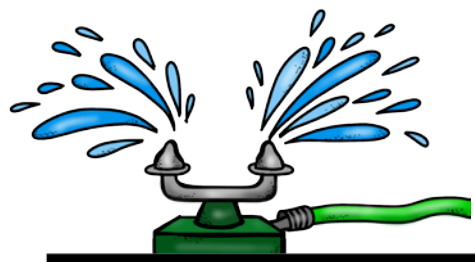


| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------------------------------------|--------------------------------------|------------------------|----------------------------|-----------------------|----------|
| | <u>Alphabet Moves</u> | <u>Cowboy Moves</u> | Firefighter Yoga | <u>Transportation Yoga</u> | Build A Sand Castle | |
| | Hide and Seek | Swing | Hula Hoop | <u>Fishing Moves</u> | Action Dice | |
| | <u>Shape Hunt</u> | Screen Free Day – No Screens All Day | Number Hunt | Roll Down A Hill | <u>Soccer Moves</u> | |
| | Take A Walk Around Your Neighborhood | <u>Win It In A Minute</u> | <u>Superhero Moves</u> | <u>Dinosaur Moves</u> | <u>Superhero Yoga</u> | |

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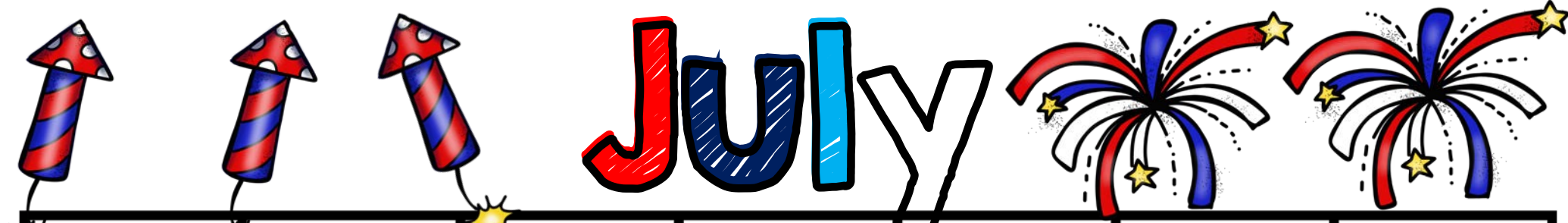
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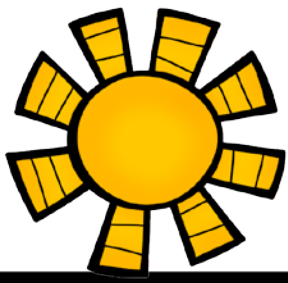
June



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|-------------------------------|--|----------------------------------|----------------|------------------------------------|----------|
| | Jump Rope | Roll Down A Hill | Play Leap Frog | Play Catch | Play Hopscotch | |
| | Crab Walk | Screen Free Day | Bear Walk | Play Tag | Practice Skipping | |
| | Ride Bikes | Screen Free Day – No Screens At All Today! | Walk Backward Up and Down A Hill | Blow Bubbles | Create an obstacle course | |
| | Walk Around Your Neighborhood | Build A Fort | Play Catch | Sidewalk Chalk | Walk Heel To Toe Around Your House | |



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|----------------|----------------------------|-------------------------|----------------|------------------------|----------|
| | Flashlight Tag | Tug Of War | Frisbee | Ride Bikes | Kick Ball | |
| | Go Swimming | Nature Walk | Screen Free Day | Freeze Dance | Play Catch | |
| | Play Tag | Run Through The Sprinklers | Create A Scavenger Hunt | Four Square | March Around The House | |
| | Go For A Walk | Build A Fort | Blow Bubbles | Sidewalk Chalk | Play Catch | |



August



| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--------|--------------------------------------|--------------------------------------|--------------|-------------------------|---------------------|----------|
| | Jump Rope | Jumping Jacks | Animal Walks | Create A Scavenger Hunt | Build A Sand Castle | |
| | Hide and Seek | Swing | Hula Hoop | Go For A Walk | Freeze Dance | |
| | Play Catch | Screen Free Day – No Screens All Day | Play Frisbee | Roll Down A Hill | TV Tag | |
| | Take A Walk Around Your Neighborhood | Play Tag | Build A Fort | Have A Race | Dance Party | |

Credits

