

# Tips for Parents:

## Maximizing Success of Virtual Speech and Language Treatment Sessions

Many children who work with a speech-language pathologist (SLP) at school may now be receiving temporary virtual sessions. Here are some ways to make the most of sessions:



**1 Troubleshoot tech ahead of time**

You don't want to waste valuable treatment time checking your connection, rebooting, or otherwise struggling with technology.

**2 Find a dedicated, quiet spot**

Although this may be difficult with everyone at home, it would be best if there is an area where your child can work with their SLP with as little distraction as possible.

**3 Model flexibility**

Flexibility is required in nearly all aspects of life right now—including treatment. Services likely won't look exactly the same as they did in school. Help your child accept that by showing flexibility and remaining open-minded to service modifications.

**4 Be patient with progress**

Everyone is trying their best under difficult circumstances. Understand that the goal may be to maintain skills rather than to advance them at this unprecedented time.

**5 Keep the lines of communication open with your child's SLP**

If you have concerns either about how services are being delivered or your child's skills, share them directly with their SLP. A good parent-SLP partnership contributes to successful outcomes for your child.

Learn more at [www.asha.org/public](http://www.asha.org/public).



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