

Getting the most out of your child's virtual sessions

NIS will provide group and individual session via Zoom or Doxy. Each classroom teacher and therapist will send you the information to join the session.

- An adult must be with the child during the session to help facilitate the activities.
- That adult will now be part of the NIS teaching team and it is only with your help that the virtual sessions are successful.
- Having a routine for the day helps every session. Create a schedule of the day, which includes your child's virtual session. Have your child dressed as if they are attending school.
- Set up a space that is free from noise and distractions as much as possible.
- Some activities and session will involve movement others will involve sitting.
 - The teacher and therapist will communicate which will work best for their session. Example, Pt will likely involve moving around and need some space, the teacher will likely have the child sitting and getting up but need much less space.
- Having an appropriate place for your child to sit is helpful. If possible, have them seated at a small table with their feet on the ground.
- Encourage your child to give their best effort.
 - It's okay if your child can't answer. Do not do the work for your child. You can repeat the therapist's prompt, encourage them to ask for help or ask the therapist/teacher questions.
- Create a school bin that is easy to access materials.