



Family Support Wednesdays

Are you a parent or caregiver of a young child with developmental delays (ages birth to 5)? We invite you to connect with others who understand your journey. Every Wednesday, we host a casual group where you can find community, share experiences, and gain valuable insights.

Come as you are and stay as long or as short as you'd like. There's no pressure—just a welcoming space for parents to get to know each other and build connections.

And don't forget to bring your golden nugget! As we navigate the unique challenges of raising children with developmental delays, it's easy to focus on what's difficult and forget to celebrate the successes. Each week, we encourage everyone to share a "golden nugget"—a positive moment from your recent experience. Every flake of gold has value, so there's no nugget too small to celebrate!

We hope to see you there, sharing your stories and finding support together!

English Sessions: 10:00am & 1:00pm

And on the last Wednesday of the month

Join us for our

**special session for caregivers of micro-preemies
and children with special healthcare needs.**

2:00-2:45pm

Link to Join:

<https://meet.google.com/jbx-jjbt-exc>



**Visit our resource bulletin board for
more info!**

<https://tinyurl.com/2cvys996>

Or Contact Debbie Page dpage2@bcps.org 443-809-9696