

## Recharge

Schedules fill up so fast and there never seems to be a lack of student's activities, trips, or shows to attend. My thought for this month is how do we recharge and keep connected with our spouse and family?

The family trips and vacations I see fellow youth pastors post are encouraging. I love to see Youth Pastors spending time with their families and getting time to recharge themselves. The most important ministry we have is the ministry we have to our family. It grows the Kingdom of God and qualifies us for leadership (1 Timothy 3:4-5). If you and your family can travel and find ways to recharge and connect with each other, please share trips, locations, or destinations you would suggest for other Youth Pastors and their families.

If you are in the stage of life I am in with little ones that make traveling more of a hassle than a recharge, how do you recharge? If I am not careful, I can fall into the same routine of fighting to get kids to bed almost on time, do the absolute necessary house chores, sit on the couch exhausted next to my wife and we both give each other that look of exhaustion. Movies with my wife are good, but it still feels like we never talk to each other. This hardly seems like what God is talking about in Genesis 2:24 for a man to "hold fast to his wife". As husbands we are called to lead, provide, and invest in our wife. For me that means more than sitting next to my wife watching something else.

My wife and I we have found a great way to let down from the day and connect with each other (apart for the second part of verse 24), is to play board and card games. The games allow for great conversation and allow us to use our brains for something other than settling arguments or deciphering tattling. Board and card games have also been a great connecting point with other couples, as well as teaching our kids games so they can play with us. Some of our go to games are Azul, Forbidden Island, Forbidden Desert, Splendor, and Codenames. I would like to get suggestions of ways you connect with your wife, kids and family. Any board or card game suggestions?



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