

## What Fills You Up?

With the first month of school ending and entering October, my wife and I both sat down one night, looked at each other, and gave each other an exhausted sigh. Between our own kids starting school, our one kid's activities, youth group starting back up, students sporting events, See You at the Pole, and contacting parents, I have felt like I have been going, going, going.



All too often we as Youth Pastors, can easily slip into busyness for longer than a season. Whether it is us having to prove to our congregation that we are working, lack of youth volunteers, or just overcommitting ourselves, we have to be aware of being too busy. Being busy can make us feel accomplished but can also lead to burn out. I have a passion for longevity of Youth Pastors. While talking with a mentor he gave me advice to focus on the areas that are life giving and encouraging and look to delegate or not to spend too much time on the areas that bring us down.

Not that ministry is ever a walk in the park, this past year has been especially hard and draining. For me at least, Covid has continued to cause heated arguments and division. Events in the world can make the future seem bleak. Earlier this week my wife spoke truth into the vast amount of worry and disperse in my life.

Romans 15:4-6 says, *“For whatever was written in former days was written for our instruction, that through endurance and through the encouragement of the Scriptures we might have hope. <sup>5</sup>May the God of endurance and encouragement grant you to live in such harmony with one another, in accord with Christ Jesus, <sup>6</sup>that together you may with one voice glorify the God and Father of our Lord Jesus Christ.”*<sup>[1]</sup>

Two points I want to share from this passage as we press forward in our ministry:

- 1- Stay in the Word!!!! Social media, the news, and gossip love to take your attention and time. Stay rooted in God's Word. Know the truth and hope of the Gospel, so the light of the Gospel shines the hope of Christ's death on everything else we see and hear throughout the day.
- 2- Make every situation worship to God! There are many strong opinions on both sides, and if we are not careful, we can become more focused on concluding an argument instead of honoring our Creator. Not all arguments need to be won, but every breath should be honoring to God.

I am praying you are encouraged this week, and if you ever need someone to listen please reach out to me.

In Christ,  
Chuck Babbitt  
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<sup>[1]</sup> [The Holy Bible: English Standard Version](#). (2016). (Ro 15:4–6). Wheaton, IL: Crossway Bibles.