

“My Prayer for Letting Go”

I have close family members who were dismissed from their country of service by a repressive regime. They left behind a business worth 10's of thousands of dollars and all their worldly possessions. They settled into another place, praising the Lord they were not incarcerated, but still stumbling over the disappointment of the move.

In life we all have disappointments in which we are forced from what we sense is God's calling to another location, even vocation. How does a person handle this? There is the temptation to become bitter. A person often resorts to placing the blame. Other situations, after time, we discover the stress has taken a toll on our health. My dear relative, a year after the fact, wrote a paper that I would like to summarize in this article. If you have had a disappointing season maybe you should do what Paul says in 2 Corinthians 10:5b, “. . . and we take captive every thought to make it obedient to Christ.”

Here is a portion of his 3 page prayer of “My Prayer for Letting Go.”

*Letting go of the stress of living there
May stress keep fading and feeling
comfortable in Jesus replace it
Letting go of the fear of being arrested at
any time*

*May fear flee and feeling secure with
Jesus flood in*

*Letting go of suspicion of others
May suspicion be replaced with
discernment and confidence in God's
sovereignty*

*Letting go of the stress of waiting in police
stations, riding in police cars*

Instead may I maintain a balance of trust and sober perspectives on fallen humanity

Letting go of the psychological mind games the authorities were playing on everyone

May the Holy Spirit protect my mind and remove its effects and replace focus on His love

Letting go of the feeling of powerlessness

May I focus on His power and His sovereignty and His plan

Letting God:

Be the Avenger of all justice; smashing, crushing and punishing evil for eternity

Use His children still under oppression to be empowered by the Holy Spirit

Asking God:

To heal my tired body and spirit

To somehow fill me with love for my and His enemies

To free me of my hatred and suspicion of all things...



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