



Stretch, Support, Inspire Clubs

Fall A Session: September 9—October 24

Please see the registration form below to sign your student(s) up for clubs—clubs and sports may sometimes run into conflict, so please have that in mind while making your decision. Students can only sign up for one club each day of the week.

Clubs have minimum and maximum participation levels. Should a club exceed the maximum amount of sign-ups, a lottery system will be implemented to decide the roster. The deadline for club sign-ups is end-of-day **Thursday, September 5th**. Students and parents will be notified of their status when club rosters are decided **Friday, September 6th**. Late entries for clubs that reach capacity will be put on a waitlist.

Forms should be emailed to the front desk email or turned in to Becca at the Front Desk. There is no fee for participation in clubs as costs are included in your tuition. There is an expectation that students who sign up for clubs commit to the club and complete the entire session they sign up for. Feel free to send any questions about clubs to Becca at frontdesk@billingsmiddleschool.org.

My student _____ has my permission to stay before and/or after school to participate in the following club(s) (please indicate):

MON	TUES	WED	THURS
____ Band Club	____ Yoga Club	____ Art Club	____ Dungeon School ____ American Sign Language Club

WAIVER:

I understand that all activities, including clubs, involve a certain amount of risk of injury. I understand the risks involved in this activity and that Billings cannot eliminate or prevent injuries from occurring to participants. I hereby give my permission for my child to participate in this activity and I assume and accept all risks related to such participation. I agree that Billings, its officers, trustees, employees and agents shall not be liable for injuries or harm to my student or my child's property or be subject to any claim or demand for any damages, loss, injury, or medical expenses whatsoever arising out of my child's participation in Billings' after school clubs. I hereby give my permission that in the event of an illness or injury, my child may be treated for such illness or injury.

Parent/Guardian Signature: _____

Date: _____

Club	About this Club!	Sessions	Limit
Band Club with Birch ARTS SUPPORT	<p>Come jam out with Birch and the Billings Student Band. This club is designed for students with some experience playing an instrument. This band is a great opportunity to improve as a musician and to collaborate with classmates to form a cohesive sound.</p> <p>Student must bring: Instruments (with exceptions for the Keyboard and Drums)</p>	Monday 3:45-5pm 9/9 9/16 9/23 9/30 10/7 10/14 10/21	Min: 3 Max: 6
Yoga Club with Amira GO! STRETCH	<p>Yoga Club is a fun and low-stakes environment for students to learn about yoga and mindfulness techniques. Open to all skill levels and experiences, the club focuses on basic poses, breathing exercises, and relaxation techniques to help improve focus, mind-body connections, and stress management. Students are expected to wear clothes that they feel comfortable being active in.</p>	Tuesday 3:45-5pm 9/10 9/17 9/24 10/1 10/8 10/15 10/22	Min: 3 Max: 10
Art Club with Becca ARTS INSPIRE	<p>If you are a seasoned scribbler or a casual doodler, come let your creativity run free in Art Club. We will offer the opportunity to work with various different mediums and styles while pushing students to hone their talents.</p>	Wednesday 3:45-5pm 9/11 9/18 9/25 10/2 10/9 10/16 10/23	Min: 4 Max: 10
Dungeon School with Ben HUM STRETCH	<p>A writing class disguised as a game, Dungeon School uses cooperative storytelling to draw out students' creative potential. This class uses play-based incentives to inspire even those who think they can't, to write. Join our quest to unravel the mystery of the Vivomancer and their twisted creations infiltration of The Grand Imperium of the Aritian gnomes.</p>	Thursday 3:45-5pm 9/12 9/19 9/26 10/3 10/10 10/17 10/24	Min: 5 Max: 10
American Sign Language Club with Kruthi HUM STRETCH	<p>This club will introduce students to American Sign Language. We will get an introduction to the language including the alphabet, numbers, introductions, and culture. It will provide a neat opportunity to learn a new language! There will be activities like interpreting songs and other fun games!</p>	Thursday 3:45-5pm 9/12 9/19 9/26 10/3 10/10 10/17 10/24	Min: 3 Max: 10

Stay tuned for Fall B Clubs!