See Us, Support Us

SEE and SUPPORT Children of Incarcerated Parents this October

1 in 14 children experience parental incarceration.



This means at least one child in every classroom.

Children of Incarcerated Parents' Bill of Rights*

I have the right not to be judged, blamed, or labeled because of my parent's incarceration.

 Developed by the San Francisco Children of Incarcerated Parents Partnership in 2005

#SeeUsSupportUs





October 2022

Thank you for all you do to support children. We are excited to tell you about **See Us, Support Us**, a resource that you can use to better support the one in 14 children who experience a parent's incarceration.

Launched in 2015, **See Us, Support Us (SUSU)** raises awareness to increase support for children who experience the incarceration of a parent and culminates during our month of action every October. This year, SUSU focuses on supporting children's physical health and emotional wellbeing. Throughout October, SUSU will hold free virtual events, share resources, and feature young people sharing what helps and hinders their success. We invite you to:

- VISIT the <u>SUSU website</u> year round and follow SUSU on social media to connect with resources and more.
- INVITE children and youth to enter the SUSU Art Contest.
- JOIN the free, <u>SUSU Webinar: Supporting Children's Health and Wellbeing</u> on October 27th at 11:30 AM (EST) to learn strategies for supporting children of incarcerated parents' health and well-being from those working in the medical, therapeutic, spiritual, and wellness fields.
- JOIN the <u>SUSU Network</u> to stay informed.
- SHARE the attached <u>SUSU flyer</u> with colleagues and families.

For more information, contact Allison Hollihan at the Osborne Association, ahollihan@osborneny.org

Thank you for SEEING and SUPPORTING children with incarcerated parents.

🖍 www.susu-osborne.org

🕜 @OsborneNY

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