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To access the NAHRO app (only available to NAHRO members):

1. Visit your smartphone's app store: either the [Google Play Store](#) (Android) or the [Apple App Store](#) (iPhone).
2. Search for "NAHRO Advocacy Action" in the app store.
3. Download and open the app.
4. Sign in. Your username will be your first name and last name (no space in between, not case sensitive) and password will be your last name (lowercase).

Don't want to download the app? You can also send letters through NAHRO's website at the [Advocacy Action Center](#).

You can follow our progress on Twitter using #NAHROadvocates.