

CONNECT – RENEW – GROW
ST. CHRISTOPHER'S
SHRINE MONT PARISH WEEKEND UPDATE

October 15 - 17, 2021
(Friday dinner – Sunday lunch)



**Please join us for a weekend away in the Shenandoah Mountains
to relax, refresh, pray and play!**

Our theme for this year's retreat is Connect – Renew – Grow! Mother Carey will lead us through activities and discussions that will help us to connect to one another, to renew our relationship with God, and to grow ourselves and our parish after we return from the mountain. Our program will align with Shrine Mont's mission of being "A Place Apart" which has a new meaning for us as we emerge back into normalcy.

Please see below for Shrine Mont's updated COVID-19 guidelines. Note that Shrine Mont does not require visitors to be vaccinated against COVID-19, but guests are asked to wear masks in all public indoor spaces including dining rooms until you sit down to eat.

We will increase the number of activities that we hold outdoors, including holding evening prayer and morning prayer outside. Note that our Sunday morning worship is always held outdoors at the Shrine as well as our evening stargazing and Friday evening bonfire.

See below for a high-level schedule of the weekend's activities. Please note that everything is optional, and this weekend is yours to spend as you see fit.

DEADLINE: Please submit your registration and deposit by Sunday, October 3.

To learn more about Shrine Mont, please follow this link: <https://shrinemont.com>

What Is Shrine Mont? It's...

a place to get away, nestled in the Shenandoah mountains.

a place for hiking, relaxing, bonfires, and fellowship.

a place to be active or quiet.

a place to get to know other parishioners and to rekindle friendships.

a place for worship of God under the highest ceiling of any cathedral in the world.

a place for children of God of all ages! A place for singles, couples, and families.

Shrine Mont is in Orkney Springs, VA off the Mt Jackson exit of I-81.

Weekend Schedule

Friday, October 15th

Check-In beginning at 4:30

Welcome gathering, icebreaker and games

Bonfire with 'Smores and music

Stargazing, weather permitting

Saturday, October 16th

Morning prayer (outside)

Connect – Renew – Grow program led by Mother Carey

All afternoon - Free time with optional organized hikes, outings, yoga, etc.

Annual St. C Kickball Game – come play or cheer on the players!

Evening Prayer (outside)

Stargazing, weather permitting

Sunday, October 17th

Worship at the Shrine

Check out and back to reality – drive safely!

If you have questions, comments or ideas for our weekend together, please contact Mother Carey Connors (revcareyconnors@gmail.com, 540-220-4593), Mary Johnson (MJohnson311@icloud.com, 703-944-7257), Tammy Flowe (TammyJFlowe@gmail.com, 703-507-7563) or Carroll Hill (CRHill927@msn.com, 571-358-0953).

Parish Weekend Cost and Registration Form

Costs include lodging, 6 meals, on-site activities, and taxes. If the cost of the weekend is a challenge for you, please contact Mother Carey for financial assistance.

- Adults (ages 13 and & up): \$170 each double occupancy and \$223 each single occupancy
- Youth (ages 4-12): \$74 each
- Children under the age of 4: FREE

# Adults double occupancy (13+)	_____	x \$170 =	\$_____
# Adults single occupancy (13+)	_____	x \$223 =	\$_____
# Youth (4-12)	_____	x \$ 74 =	\$_____
# Children (<4)	_____	x \$ 0 =	\$_____
Total			\$_____

Names of attendees. Please includes ages for children.

1. _____
2. _____
3. _____
4. _____
5. _____

Phone: _____

Email: _____

_____ I need a ride to and from Shrine Mont

I can help with:

_____ Children's activities

_____ Transportation

Please submit this form and a deposit for half the total cost via the offering plate or mail by Sunday, October 3. Make checks payable to St. Christopher's Church, earmarked "Shrine Mont." The church address is 6320 Hanover Avenue, Springfield, VA 22150. You may also email your information to the church office at sccparisha@gmail.com.



Shrine Mont will do the following for staff and guest safety and care as of September 1, 2021

During your stay, Shrine Mont will do the following:

- Provide soap at public sinks to encourage hand washing and hand sanitizer in all public spaces
- Guests and staff are asked to wear a mask in all public indoor spaces
- If maintenance is needed in the cottages, staff will coordinate the best time for repairs when the cottage is vacant.

Guests will be expected to do the following:

- Wash hands regularly
- Wear a mask inside all indoor public spaces including the dining rooms until they sit to eat
- Abide by Shrine Mont's quiet time at 10:00 pm
- Upon leaving, empty the refrigerator, turn off all lights, fans, air conditioning (if applicable) and pull the door closed.
- Have a good time!

Meals:

- Shrine Mont will serve meals cafeteria-style in the both kitchens
- Guests are asked to wear masks inside the dining room until they sit to eat.
- Guests are welcome to eat outside or in the dining room when there is space available.

SHRINE MONT WEEKEND MENU

Please Note: Menu may change according to season
*Gluten Free options available

Tucker Dining Hall Served Family Style

Virginia House Dining Hall Served Buffet Style

Shrine Mont strives to accommodate our guests
with food restrictions.

Please feel free to bring your own food, and our staff will be
glad to prepare it for you.

FRIDAY

DINNER - 5:30 PM

Pork BBQ / Buns
Vegetarian Baked Beans
Coleslaw
Pasta Salad
Broccoli Salad
Corn Casserole
Chips
Apple Crunch
Unsweetened Ice Tea, Coffee

SATURDAY

BREAKFAST - 8:00 AM

Eggs
Bacon
Hash Browns
*Toast
Fruit
Yogurt and *Assorted Cold Cereal
Orange Juice, Milk, Coffee

LUNCH - 12:30 PM

*Meatloaf
*Mac and Cheese
Zucchini and Tomatoes
Salad
*Bread
*Homemade Pecan Pie
Unsweetened Ice Tea, Coffee

DINNER - 5:30 PM

Roast Beef
Mashed Potatoes and Gravy
Salad
Green Beans
Homemade Yeast Rolls
Fruit and *Cookies
Unsweetened Ice Tea, Coffee

SUNDAY

BREAKFAST - 8:00 AM

*Pancakes
Oatmeal
Local Sausage
Baked Apples
Yogurt and *Assorted Cold Cereal
Orange Juice, Milk, Coffee

LUNCH - 12:30 PM

*Southern Fried Chicken
Rice and *Gravy
Lima Beans
Coleslaw
Biscuits
Ice Cream and *Cake
Unsweetened Ice Tea, Coffee