



## ***The Texas Gathered Community of Spiritual Directors Communal Covenant and “Rhythm & Rule of Life”***

- ☞ We are an ecumenical community of Spiritual Directors, formally ***trained*** in a variety of programs, in many different locations. We encourage and support one another in ministry and life. We meet in person or online with other community members when we can.
- ☞ As individual spiritual directors and as a community of spiritual directors, we abide by shared ethical standards. At the present time, we follow the Ethical Guidelines published by Spiritual Directors International (SDI).
- ☞ Our expectations of one another include but are *not* limited to the following:
  - We follow individual and communal spiritual practices as discerned through developing and following a personal Rhythm & Rule of life.
  - We follow an appropriate means of self care in our personal lives and seek the help of appropriate professionals if, and when, the need arises.
  - We seek regular spiritual direction (4-8 weeks) with a trained spiritual director with whom we maintain good boundaries.
  - We seek continuing education in spiritual direction and spiritually formative opportunities to nurture our diverse callings in the ministry of spiritual direction.
  - ***Confidentiality*** is our Sacred Trust and Obligation.
  - We participate in peer supervision with a group that meets regularly OR we will seek a supervision relationship with an appropriate mentor on a regular basis. One should expect to present a critical incident at least quarterly.
  - Neither The Gathered Community nor its affiliate program, the Charis Spiritual Director Training Program, is a certifying body due to liability issues.
- ☞ We seek to know our own personal limitations and blind spots as spiritual directors and refer directees to appropriate professionals if and/or when the need arises.