



[www.PodiumyMeetings.com](http://www.PodiumyMeetings.com) is all about conferences, seminars, and tradeshows... and those usually involve a fair amount of travel - whether you're a physician attendee, faculty member, or exhibitor. So here are some upcoming meeting destination travel tips to help you along the way!

## DESTINATION

**APMA | The National | Salt Lake City, UT | 7/11-14/19**

## MEET

*Don't get lost during the conference! Below are links to the main conference event locations to help you navigate from lectures to the exhibit hall... to your hotel room... and back again!*

### **Lectures and Exhibits:**

Salt Palace Convention Center

View Schedule from APMA Website

View Exhibitor Booths from APMA Website

### **Hotels:**

Salt Lake Marriott Downtown at City Creek

Holiday Inn Express Salt Lake City Downtown

Hilton Salt Lake City Center

## EAT

*One of Sarah's & Ann's ([www.podiumymeeting.com](http://www.podiumymeeting.com) co-founders) favorite things to do when they travel to a podiatry meeting is finding new and interesting places to eat! Sarah is always on the lookout for oysters and the rarest steak she can find.... while Ann's taste buds are constantly seeking out the best Mexican restaurant in the area! Check out their picks for Salt Lake City. If you end up there, tell us how it was at [beheard@podiatrymeetings.com](mailto:beheard@podiatrymeetings.com)*

### **Sarah's Pick:**

The New Yorker | 60 West Market Street (340 South) | (801) 363-0166

### **Ann's Pick:**

Red Iguana | 736 W North Temple | 801-322-1489

## PLAY

*If you are lucky enough to stay in the area a bit longer and find time to explore... here are some of the area's top attractions and activities!*

### **SHOPPING**

City Creek Center

The Shops at South Town

The Gateway

Outlets at Traverse Mountain

### **ATTRACTI0NS**

The Great Salt Lake

Utah's Hogle Zoo

Rattlesnake Rapids

Olympic Oval

### **RECREATION & PARKS**

This is the Place Heritage Park

Uinta-Wasatch-Cache Nat'l Forest

Timpanogos Cave Nat'l Monument

Salt Lake Bicycle Tours

Mount Olympus Hike

Bonneville Golf Course