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Contact:
Michelle Benjamin, System Director, Corporate Communications
mbenjamin@cayugahealth.org
Cayuga Health
(607) 210-1950

Cayuga Medical Center's Birthplace Earns High-Performance Designation for Maternity Care for Second Consecutive Year

(Ithaca, NY) April 25, 2024 – Cayuga Health is proud to announce that Cayuga Medical Center's Birthplace has been awarded with Fidelis' Maternal Child Health Award for Excellence for the second consecutive year. The evaluation process assesses hospitals based on various performance measures for uncomplicated pregnancies, including Cesarean section delivery rates, early elective delivery rates, overall unexpected newborn complications, routine vaginal births after C-sections, exclusive human milk feeding rates, episiotomy rates, birthing-friendly practices, and transparency on racial and ethnic disparities.

CMC's Birthplace also received recognition for its commitment to maternal health care delivered in a rural setting. "Fidelis is proud to present Cayuga Medical Center with a Maternal Health Award for Excellence, as well as an Award for Excellent Care in a Rural Setting. The high level of maternity care provided by Cayuga Medical Center makes a profound impact on the community and those they serve," said Shannon Lombardo, Regional Director of Sales and Marketing for Fidelis, commended Cayuga Medical Center.

Brenda Lange, MSN, RN, the Director of Maternal Child Health at CMC, said, "Being acknowledged as one of the premiere hospitals for maternity care is truly an honor. We are deeply grateful for the trust the community places in us to provide care during such a significant time in their lives. The dedication of our team to their work is evident in this recognition, and we are humbled by it."

The ongoing recognition reflects Cayuga Health's unwavering dedication to providing exceptional healthcare services to its community, ensuring that every patient receives the highest standard of care.

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About Cayuga Health

Cayuga Health (CH) has two hospitals, Cayuga Medical Center, and Schuyler Hospital, as well as a multi-specialty group, Cayuga Medical Associates. Combined employment, including affiliated

organizations, is over 2,800 employees. CH is clinically affiliated with Mayo Medical Laboratories, Rochester Regional Health for cardiac services, and the University of Rochester for neurosciences. Visit www.cayugahealth.org for more information.