OPTIMUM LIFE®

2023 Continuing Education (CE) Series Schedule

Dignified Death: Approaching, Navigating, Decision-Making and Care at the End of Life

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Assistant Professor of Medicine, Division of Geriatric Medicine at Vanderbilt

Death with dignity is an end-of-life option. This presentation will discuss the social, medical, and psychological aspects of end-of-life care. In addition, this program will also review planning documents including- advance healthcare planning, legal planning, and family planning. Review tips for helping clients and family make decisions regarding end-of-life care. Strategies on communicating about disease trajectory, and shared-decision making. We will also discuss evidence-based guidance on managing symptoms and care at end-of-life.

Following this presentation, the participant will be able to:

1. Identify and navigate end-of-life care planning documents.
2. Define disease prognosis, trajectory, and anticipatory symptom management and feel confident communicating with families about what to expect as end of life approaches.
3. Lead a family discussion on end-of-life care planning.
4. Recognize end-of-life symptom management and find resources on end-of-life care.

The Optimum Life CE series is a pre-recorded webcast. • This program was submitted for approval to the following governing bodies and their required pre-approval statements listed below. The program is approved for CE credit when presented in the month listed. • Email cesupport@brookdale.com for more information about contact hours. • This activity is pending approval from the National Association of Social Workers. • This program has been submitted to The Commission for Case Manager Certification for approval to provide board certified case managers with 1.0 hour. • Brookdale Senior Living Inc. is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0221. • This course is approved by the Michigan Social Work Continuing Education Collaborative. • This activity has been submitted to Emergency Nurses Association for approval to award contact hours. Emergency Nurses Association is accredited as an approver of nursing continuing professional development by the American Nurses Credentialing Center's Commission on Accreditation.

This event is by reservation only. To RSVP or for more information, see below:

Brookdale Ithaca (NY)

Enhanced Assisted Living

Alzheimer's & Dementia Care

103c Bundy Rd

Ithaca, NY 14850-9252

Tuesday, July 25

1:00 p.m.

To RSVP, contact

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