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Contact:
Michelle Benjamin, System Director, Corporate Communications
mbenjamin@cayugahealth.org
Cayuga Health
(607) 210-1950

Carla Baudrons, Donor Relations & Marketing Coordinator
carla@crcfl.net
Cancer Resource Center of the Finger Lakes
(607) 277-0960

Registration Open for the Cancer Resource Center of the Finger Lakes' Annual Walkathon and 5K

(Ithaca, NY) August 28, 2024 – Cayuga Health announces that registration is open for the 2024 Cancer Resource Center of the Finger Lakes Walkathon and 5K, a heartfelt community event dedicated to raising funds and awareness for cancer support services. The event will take place from 8 a.m. - Noon on Saturday, October 5 at Cass Park, Ithaca.

The Walkathon aims to bring together families, friends and supporters for a day of unity and hope. Participants of all ages and abilities are invited to join the easy, two-mile walk along the Riverfront Trail. Breakfast from the Silver Spoon is available for pre-purchase during registration, including gluten-free and vegan options.

Proceeds from the Walkathon will directly benefit the Cancer Resource Center's programs and services, which provide crucial support to area cancer patients and their families. To show your support, sign up today to walk, run the 5K, volunteer, start a fundraising team, or simply donate by clicking the Walkathon banner at www.crcfl.net. Early registration is encouraged to receive a commemorative event t-shirt and access to exclusive pre-walk perks.

"It's amazing to see how everyone comes out of the woodwork around Walkathon to show how much and how deeply we all care for our friends, family, and neighbors affected by cancer," said Carla Baudrons, Donor Relations and Marketing Coordinator for the Cancer Resource Center. "No one should face cancer alone, and it's truly because of the generosity of our community that we're able to make sure they don't!"

For more information about the Walkathon or to learn how you can get involved, please visit www.crcfl.net .

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About Cayuga Health

Cayuga Health (CH) has two hospitals, Cayuga Medical Center, and Schuyler Hospital, as well as a multi-specialty group, Cayuga Medical Associates. Combined employment, including affiliated organizations, is over 3,100 employees. CH is clinically affiliated with Mayo Medical Laboratories, Rochester Regional Health for cardiac services, and the University of Rochester for neurosciences. Visit www.cayugahealth.org for more information.