



LILY KUNNING,
COMMUNITY HERBALIST

the
REIKI
center
Center for
Healing Arts

New offering at The Reiki Center!

Offering wellness and herbal consults, custom formulations, classes, and workshops in central Ohio's oldest wellness center is a perfect fit for Lily, a western herbalist by trade. She is proud to be the first herbalist to be hosted by The Reiki Center.

Lily is a practitioner that looks at the whole person- body, mind, and spirit and works with you to create a wellness plan that serves you and promotes a healthy balance. Her practice is body, size, queer, and trans positive. She specializes in chronic issues like auto-immune dysfunction, fibromyalgia, and mood disorders, but she also does tune-ups and "the small stuff". Book a consult today!

She also teaches workshops on herbalism and an 18 month intensive at The Reiki Center.

Foundations of Western Herbalism

18 month intensive on herbal medicine

Want to treat family and friends?

Have a chronic issue you want to manage naturally?

Start making herbal products to sell?

This is the class for you!

Meet with Lily and a cohort of like-minded people once a month (for 18 months) and learn the foundations of being a community herbalist.

Class meets 4th Monday of each month starting in March 2018.

Class is a non-refundable \$1500 and deposits are necessary to secure your place (as only 20 students will be accepted). Payment plans are available directly from Lily.

Learn more about this class at:

lilykunning.com/learn-herbalism

What sorts of folks see Lily?

Pregnant and new moms, hoping to detoxify their home and lives for the new arrival.

People with chronic pain or conditions like fibromyalgia, auto-immune disorders, mood disorders, or MS.

People who are depressed, anxious, or having PTSD or panic attacks.

Someone who just cannot kick that illness. It lingers and comes back stringer, dang it!

People trying to quit addictions. Tobacco, alcohol, opiates, she helps all.

Menopausal women, people with hypothyroid, people with invisible disabilities, and many more!