

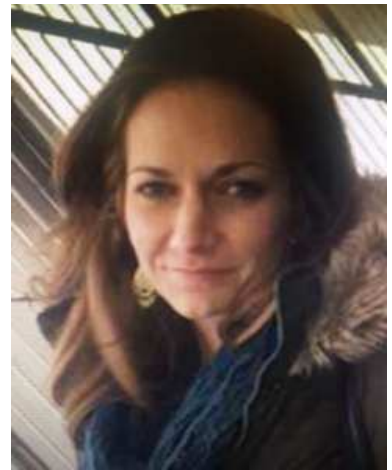
Lunch and Learn Access Bars

with Katharine Daniels

Wednesday, March 18

12-1p

Cost: \$11



What would life be like if you released limiting thoughts, beliefs, ideas, and attitudes?

Join me for a fantastic lunch and learn more about the gentle hands on body process called the Access Bars.

What can the Access Bars help you create in your life?

- * Body acceptance and joy
- * Unlock your hopes and dreams
- * Open the door to more consciousness
- * Increase creativity
- * More ease in relationships
- * Clear limiting beliefs with money
- * Open doors to opportunity
- * Generate shifts in perception

Please be aware that this is in our lower level and you will need to take the stairs



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Registration:

<https://www.schedulicity.com/scheduling/TRCLMY/classes>