

Mother's Day Pampering Experience

with Melody Jenkins & Staff
Saturday, May 12
12pm to 5pm
Cost: \$125



Join us for a day of pampering!

Your Pampering Experience will start with a Time of Guided Meditation to help you release any stress from the day and ease into the rest of your relaxing afternoon.

Next you will experience Sound Therapy with Tuning Forks, which introduce the Solfeggio Frequencies into the subtle energy fields of your body.

Next you will be treated to a lovely Hand Massage, which can help with improved circulation, range of motion and cessation of pain. You will feel calm, peaceful and relaxed.

After your Hand Massage, we will move to your feet with Elemental Reflexology. Working on the feet frees up stagnant energy, allowing it to be released and flow freely throughout the body.

Following this, you will be treated to Head, Neck & Scalp Massage, helping release any stressors or tension remaining.

Finally, you will experience Reiki Energy Healing, the practitioner will gently place her hands on multiple locations of your body, assessing the surrounding energy field and bringing the body to balance.

As your Pampering Experience comes to a close, you will receive a beautiful Parting Gift by which you can remember your entire experience!

Your Personal Pamper Day costs only \$125 and must be pre-paid. The order of services has been arranged for you to experience maximum wellness and relaxation. Because of this, there are limited time slots available and you must be punctual in order to ensure that all guests' sessions run on time.

Time slots begin at 12:00pm and run every 20 minutes. The last time slot is 2:40pm and ends at 5:00pm. You may book your Pampering Experience online or by calling The Reiki Center at 614.486.8323.



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