



Certified Usui Reiki Classes

The Reiki Center is the only facility in central Ohio which provides Reiki training in the traditional (original) method. The difference between traditional and modern (Western) Reiki training is significant, as the original version provides more comprehensive training, and a deeper understanding of the practice's spiritual impact on your life, i.e. finding meaning and purpose. Classes are small, no more than 8 students, to permit maximum time for personal instruction. Four personalized hands-on Attunements for each level.

Reiki 1 Class: Introduction to Reiki

Students will discover peace of mind just by employing an easy to use technique. Learn how to transmit healing energy to relieve a headache or an aching muscle without medication. Hands-on experiences will show you how to feel energy and see its immediate impact on yourself, family, friends and pets. Learn how to create a positive affirmation to help clarify and realize your goals, how to develop intuitive abilities and how to connect with your Guides. Four personalized hands-on Attunements will prepare the student to clear blockages from the body in preparation for receiving, feeling and working with healing energy.

Course includes vegetarian lunches and snacks, as well as a binder of instruction materials. Cost is \$300

Reiki 2 Class: The Advanced Practitioner

The Advanced Reiki Class significantly enhances the skills you discovered in the Reiki 1 class. Develop your intuitive abilities to sense blockages in yourself and others, as well as how to effectively connect with your Guides for their assistance. Learn how and when to use the Reiki symbols for maximum benefit, how to provide a successful distant healing treatment. Learn about the wide variety of physical and emotional responses you or your client may have to a treatment, as well as what actions to take. Discover how to realign your own body and spirit in an extensive Chakra Balancing Exercise. Four personalized hands-on Attunements further clear blockages and extend your connection to the life force energy.

Classes are limited to 8 students, to provide maximum personalized instruction. Students who have not taken the Reiki 1 class at the Center must demonstrate competency and knowledge equivalent to the Center's classes.

Course includes vegetarian lunches and snacks, as well as a binder of instruction materials. Cost \$350.