

UK Cooperative Extension Service
Multi-County Discussion w/
Kenna Knight, Joan Bowling,
& Kate Thompson



Why are today's kids more anxious, depressed, and fragile than ever before?

Psychologist Jonathan Haidt explores how the rise of smartphones and social media has reshaped childhood - and what we can do to fix it.

*"We have overprotected our children in the real world while underprotecting them in the virtual one."
~Jonathan Haidt~*

THE FIRST 20 PEOPLE TO REGISTER WILL RECEIVE A FREE COPY!

#1 NEW YORK TIMES BESTSELLER

The Anxious Generation

How the Great Rewiring of Childhood Is Causing an Epidemic of Mental Illness

Jonathan Haidt

Coauthor of *The Coddling of the American Mind*

ZOOM BOOK DISCUSSION

Wednesdays | 7 PM
Two-Part Virtual Discussion
September 10th & 24th

Join via Zoom
Call PCEO to register
859-654-3395

Cooperative Extension Service

Agriculture and Natural Resources
Family and Consumer Sciences
4-H Youth Development
Community and Economic Development

MARTIN-GATTON COLLEGE OF AGRICULTURE, FOOD AND ENVIRONMENT

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