

8TH ANNUAL EDUCATION SUMMIT

Rising Minds: Shaping the Future of Youth Wellness



MAY 9, 2025

8 AM - 4:30 PM



6 OH/KY CEUS

\$75 REGISTRATION



This year, we're going all out on youth wellness. Why?

There are approximately 25.8 million teenagers living in the United States. That's millions of young people who are dealing with a rapidly changing world shaped by technological advancements, social media influences, academic pressures, and societal expectations. At its core, understanding youth mental health requires an appreciation for the unique challenges and complexities that adolescents face during this pivotal stage of their lives.

Session Topics:

- Youth system navigation and safe, supportive adults (HEY! Cincinnati panel of youth)
- Navigating the impacts of social media on mental health
- Youth suicide
- Understanding and supporting gender non-conforming and neurodivergent youth
- Youth peer support (Mental Health America Youth Policy Accelerator panel of youth)
- Evidence-based substance use prevention strategies