

S.P.A.R.K.

Sparking Power and Resiliency in Kids

S.P.A.R.K. serves children ages 4-18 who have experienced trauma and their parents/caregivers. Children and caregivers participate in separate groups meetings with their peers for 8-10 sessions.

Children learn:

- To understand how trauma has affected them,
- To develop strategies to increase resiliency, and
- To empower one another to create healthy and safe futures.

Parents/caregivers receive tools:

- To learn trauma-responsive caregiving strategies,
- To learn how to support your child and create calm interactions, and
- To connect and receive support with other parents with similar experiences.

**New Group Starting
9/15/2025**

**Mondays, 6:30-8:00 pm
9/15/25-11/17/25
Family Nurturing Center
5 Spiral Drive, Suite 100
Florence, KY 41042**

For additional information, please contact

Alisha Broughton at 859-538-1616 or alisha.broughton@familynurture.org

**To learn more about Family Nurturing Center,
please visit www.familynurture.org**

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