



OCTOBER 2017

Yoga with Jonalie Mondays until October 30 10 AM GV Office \$15 per class Reservations Required



Date	Time	Event	Location	Sponsor/Contact	Description
Tuesday	5:30-7:30 p.m.	Managing Retirement Income	Gramatan Village	Gramatan Village Member	Join us as Paul discusses
October 2		With Paul Tramontazzi, CFP	85 Pondfield Road	Services	options to maximize your
		Of KBK Wealth Management	Bronxville	(914) 337-1338	retirement.
Wednesday	10:00-	Gramatan Village	Gramatan Village	Gramatan Village Member	Learn about the benefits of
October 4	12:00 noon	Open House	85 Pondfield Road	Services	membership, volunteering
			Bronxville	(914) 337-1338	opportunities or for current
					members who wish to make
*** * *	10.00	G			the most of their membership!
Wednesday	10:00 a.m.	Gramatan Village's	Gramatan Village	Gramatan Village Member	All are Welcome!
October 11		Book of the Month Club	85 Pondfield Road	Services	Refreshments Provided
		<u>"Girl in Hyacinth Blue"</u> By Susan Vreeland	Bronxville	(914) 337-1338	Reservations Required
Thursday	2:00-3:30 p.m.	Tea & Conversation	Gramatan Village	Gramatan Village Member	Join us with guest speaker
October 12		With Guest Speaker:	85 Pondfield Road	Services	Maria Provenzano from
		<u>Maria Provenzano</u>	Bronxville	(914) 337-1338	Wartburg to hear about a
		<u>From Wartburg</u>			special community program.
Wednesday	10:00- 11:30 a.m.	"All You Need to Know About	Gramatan Village	Gramatan Village Member	Even if you're happy with the
October 18		Medicare Enrollment"	85 Pondfield Road	Services	coverage you have, please join
		Presentation by:	Bronxville	(914) 337-1338	us to review changes in your
		Gilda Press			current Medicare health plan
					and review other options for
					the coming year!
Wednesday	10:00-11:30 a.m.	<u>"Sugar Blues"</u>	Gramatan Village	Gramatan Village Member	Peggy Belles will speak about
October 25		Presentation by:	85 Pondfield Road	Services	how sugar addiction impacts
		Peggy Belles	Bronxville	(914) 337-1338	our health and how to reduce
		<u>Health & Wellness Coach</u>			sugar consumption.
Thursday	12:00-1:30 р.т.	Bruce Museum	The Bruce Museum	Gramatan Village Member	Please join us for a guided
October 26		"In the Limelight: Toulouse-Lautrec	1 Museum Drive	Services	tour of The Toulouse-Lautrec
		<u>Portraits"</u>	Greenwich, CT 06830	(914) 337-1338	Exhibit. Cost: \$12
					*Transportation Provided by
					GV Volunteer Drivers*

To register for any of our programs, call or email us at 914-337-1338 or info@gramatanvillage.org