

Home Editions

Edit ~ Organize ~ Simplify

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2017 IS THE YEAR!

A UCLA study states that too much "stuff" can "affect the basic enjoyment of our homes"



Decluttering



Setting Goals

- Make a list. What is draining my energy? What is my biggest frustration?
- Long term/short term goals
- Begin with a manageable project

Plan of Action

- Allocate a set time 1 to 2 hours twice a week
- Keep/Donate/Toss
- If you love it, keep it. If it brings you joy, beauty or is functional, keep it.
- Once you decide, donate or toss

- Organize



Organize: A Place for Everything



- Real Simple Hangers (Bed, Bath and Beyond)
- Clear boxes
- Trays

- Files/labels/plastic sleeves

RESOURCES

Big Brothers Big Sisters 877-399-2570 www.bbbsdonate.org

Purple Heart

800-338-1448

www.purpleheartpickup.org

Habitat for Humanity 914-699-2791

www.habitatwc.org

Furniture Sharehouse 914-834-1294

www.furnituresharehouse.org

Clarke Auction Gallery 914-833-8336

www.clarkeny.com

Estate Treasures 203-637-4200

www.consignmentstoregreenwichct.com

Antiques and Consignments on the Square 914-395-1103

www.consignonthesquare.com

Goodwill Donation Center 19 Mill Road Eastchester 914-337-3749

Salvation Army Thrift Store 562 North Avenue New Rochelle 914-636-5615