

**As EFDM family members, students, and staff, we agree to take the following pledge to ensure the safety of our school community. I pledge to:**

- ★ Monitor my family daily according to the self-check survey provided by the school and stay home if we answer “yes” to any of the survey questions. I will report the symptoms/anomalies to school.
  - Follow guidelines of out-of-state travel that may require my family to self-quarantine for 14 days or the specific instruction of public measure mandated by the State of Maine for the traveled-to state.
  - Seek medical care if I’m experiencing any symptoms to determine if testing is necessary and not return to school until medical guidance deems safe and when symptom-free for 24 hours, with no fever-reducing medication.
- ★ Practice social distancing while at school, and wear a mask when physical distancing isn’t possible.
- ★ Make it a priority to receive the flu vaccine this fall (unless medically exempt).
- ★ Stay informed and up-to-date with school practices and safety measures by reading all newsletters and communication provided.
- ★ Be an example of social responsibility: follow public health guidelines outside of school, practice social distancing, mask-wearing, proper hand hygiene, limited travel, etc.
  - If enrolling my student in alternate group activities, not at EFDM, the activities adhere to similar mandates of health as recommended by the Maine Department of Education, the Maine CDC, and the Governor’s office. I will also inform EFDM of the activities/potential exposure.
- ★ Willfully receive testing/participate in contact tracing to ensure the health of the community. If I test positive, am presumed positive, or have been exposed to someone who tested positive, I will follow proper quarantine measures.
- ★ Demonstrate empathy and respect for all community members and refer to EFDM for guidance and assistance with any questions or concerns.