

CONTINENCE CARE AT FRIENDSHIP CENTER

**LET'S BE HONEST, THIS ISN'T THE
EASIEST TOPIC TO TALK ABOUT...
BUT IT IS ONE OF THE MOST IMPORTANT.**
For individuals living with dementia,
changes in continence can impact
comfort, dignity, and overall well-being.



How We Support Members

- **Full continence care**
- **Dignity & Respect**
- **Safety & Comfort**
- **Discreet, person-centered care**

We Don't Just Care, We Communicate

- **Track behavior changes**
- **Share updates with families**
- **Help prevent & identify concerns**

Support for Caregivers

You don't have to figure this out alone

- One-on-one continence care training
- Guidance on supplies & techniques
- Ongoing support as needs change

Supplies & training provided at NO extra cost

Why It Matters

Changes in continence care can be one of the first signs that something isn't right. For individuals living with dementia, discomfort is often expressed through behavior rather than words.

Watch for:

- **Trouble following simple directions ("please sit here")**
- **Restlessness or agitation**
- **Withdrawal or sudden mood changes**
- **Changes in body language**

These changes can signal discomfort, infection, or other health concerns.

For support and questions email

programmanager@fcsb.org



FRIENDSHIP CENTER
ADULT DAY SERVICES