

As the owner of Rustic Farm to Fork, I am excited to offer more than just a lunch program for Vail Christian School students. Introducing RFF's Take and Bake Menu with options ranging from pop in the oven and Crock-pot ready meals, to soups and bake your own cookies, all which can be prepared in your own kitchen.

Pick up days are Tuesdays and Thursdays between 3-4pm. Delivery is available but must be scheduled by contacting Chelsea at 540-229-3083 or rusticfarmtofork@gmail.com

We can send meals home with students or you can pick them up curbside with minimal contact. All meals may be ordered through Mymealorder.com the same way you order lunches. If you do not have an account please reach out to <u>rusticfarmtofork@gmail.com</u> and we will set you up.

Ordering will go live on Thursday Dec 10, 2020. All orders need to be received each week by 8pm Saturday evening for the following week. To order please Click on the day you would like your meals, select meal(s), check out.

Please contact Chelsea @ 540-229-3083 or <u>rusticfarmtofork@gmail.com</u> for any questions. We look forward to cooking for you in your own home.

Chelsea Rustic Farm to Fork