



We are looking forward to our third year with Vail Christian High School. Our first day of lunches will be Tuesday, August 20th. We offer lunches Monday-Thursday. Note: no lunch service will be available on Thursday, August 29th. We will resume full service on Tuesday, September 3rd. There are two ways to order; online ordering and Walk-up ordering.

You may order online through our school lunch program website. Lunches will be available for purchase for the 2019-2020 school year on **Thursday, August 15**. You will be able to order for the day, week, month or the school year. This system will allow you to save your credit card information for hassle-free checkout. You will also receive an order confirmation for your records. \*Note: "Day of" online purchases must be ordered before 8:00 a.m.

### What's New this Year?

House Accounts that are prepaid for the school year. If you would like more information or to start your house account today please email us at [rusticfarmtofork@gmail.com](mailto:rusticfarmtofork@gmail.com)

Travel Lunches for extracurricular activities. We understand the long evenings put in when traveling for sports games and it's important to stay nourished and hydrated. We would like to offer boxed lunches to be picked up on the way out for a game. Our meals include a Sandwich or Salad, Chips, Veggie Sticks with Dip, Fruit and a Granola Bar for \$10. These can be ordered on our school lunch program website.

Here is a link to a video that shows how to register and order <https://vimeo.com/309517173>

### Ordering Online Instructions for NEW CUSTOMERS:

- Email [rusticfarmtofork@gmail.com](mailto:rusticfarmtofork@gmail.com) to obtain a student ID#
- Click here: <https://mymealorder.com> to create an account.
- Click on the orange "Register for Free Account Button"
- When creating an account please choose:
  - State: CO and District: Vailchristianschool/Stonecreekcharter
- Please make sure to put in the proper grade for your student and the ID# which you obtained from Rustic Farm to Fork.
- Upon completion of the fields, log in with your username and password.

**Walk-up orders:** may be made throughout the day. We highly recommend ordering before 9 am to ensure the quickest service during the 30 minute lunch period.

\*Our walk-up menu is different from the online ordering so be sure to check out both menus.

\*Reminder: We also offer our prepared frozen and fresh meals that can be taken home at the end of the school day for dinner. To order please visit <https://rusticfarmtofork.com/order-online/> .

Please don't hesitate to reach out with any questions to Chelsea Miller, Rustic Farm to Fork at [rusticfarmtofork@gmail.com](mailto:rusticfarmtofork@gmail.com)



## ONLINE ORDERS ONLY

### Breakfast

- **(\$6)** | Bagel Sandwich-\$6 Scrambled eggs, american cheese and your choice of bacon or ham.
- **(\$5.50)** | Burrito- Scrambled eggs, potatoes, shredded cheese, and your choice of bacon or ham.
- **(\$5)** | Sandwich: English Muffin, eggs, american cheese, and your choice of bacon or ham.
- **(\$3.50)** | Bagels- Plain or Everything with plain cream cheese.

### Wraps/Sandwiches **(\$6.75)** | Combo **(\$8.75)** \*Combo includes Chips and Pasta Salad

- Buffalo Chicken Wrap- Grilled chicken breast shredded and tossed in buffalo sauce with shredded lettuce and cheese, diced tomatoes, and ranch dressing wrapped in a flour tortilla.
- Pesto Club Wrap- Sliced turkey, sliced ham, bacon, shredded lettuce and cheese, diced tomatoes and pesto mayo in a flour tortilla.
- Chicken Club Wrap- Grilled organic chicken, bacon, swiss cheese, shredded lettuce, tomatoes, avocado spread and mayo.
- Veggie Wrap- Lettuce, tomato, bell peppers, onion, cucumber, pesto
- Burger Wrap- Ground beef, onion, tomato, lettuce, pickle,cheese wrapped in a tortilla
- Turkey Sandwich- Sliced turkey, lettuce, tomato, onion, swiss
- Ham Sandwich- Sliced ham, American cheese, lettuce,
- **(\$3)** PBJ Stack- Peanut butter, jelly, white bread stack
- Club Sandwich- Turkey, ham, bacon, lettuce, tomato, swiss, Italian white bread

### Quesadillas **\$6.75** | Combo **\$8.75**: \*Chips and Pasta Salad served w/ sour cream and homemade salsa

- Southwest- chicken, corn, red onion, black beans.
- BBQ- Shredded Pork or Shredded Chicken- red onion, cheese and BBQ sauce.
- Southwest Veggie- Corn, red onions, black beans, tomatoes.
- Chicken Fajita- sautéed peppers, onions, chicken, cheese

### Soup and Salad: Dressings: Ranch, Honey Mustard, Balsamic, Italian, Caesar

- **(\$6)** | Soup and Salad Combo- ½ Salad (Caesar or Mista) + Cup of Soup
- **(\$5.50)** | Classic Caesar- Chopped romaine, shredded parmesan, homemade croutons and Caesar dressing. Add chicken \$2
- **(\$7.50)** | Cobb- Chicken, red onion, bacon, tomato, hard-boiled egg, bleu cheese crumbles.
- **(\$5.50)** | Mista Salad: Mixed greens, tomato, onion, cucumber, croutons, choice of dressing. Add Chicken \$2
- **(\$7.50)** | Chopped Wedge: Chopped romaine, crumbled blue cheese, tomato, bacon, ranch dressing, Add Chicken \$2
- **(\$3.50)** | Rotating Soups: Chicken and Vegetable, Creamy Potato and Bacon, Chicken and Sausage Gumbo, Classic Chicken Noodle, Hearty Vegetable, Cream of Corn, Cream of Spinach, Vegetable Orzo.

### Hot and Fresh

- **(\$7.50)** | 4 Chicken Fingers and French Fries
- **(\$3)** | Grilled Cheese | add Bacon **\$5** | add Tomato **\$5** | add tomato and Bacon **\$6**
- **(\$3)** | Mac n Cheese
- **(\$7)** | Alfredo- Penne Pasta with Alfredo Sauce add Chicken \$8.00
- **(\$8)** | Corn Dog and Fries: 1 Corn Dog with a side of fries
- **(\$7)** | Boneless Chicken Wings: 3 chicken tenders tossed in buffalo sauce served with carrots & celery and choice of blue cheese or ranch.
- **(\$5)** | Pulled Pork Sandwich- Pulled pork, BBQ sauce, pickle
- **(\$7)** | Pulled Pork Sandwich Combo with mac and cheese



## WALK-UP ORDERS ONLY + TAX AND PROCESSING FEE

- (\$6)** | Bagel Sandwich- eggs, american cheese and your choice of bacon or ham.
- (\$5)** | Burrito- eggs, potatoes, shredded cheese, and your choice of bacon or ham.
- (\$5)** | Sandwich: English Muffin, eggs, american cheese, and your choice of bacon or ham.
- (\$3)** | Bagels- Plain or Everything w/ cream cheese or butter
- (\$6)** | Soup and Salad Combo- ½ Salad (Caesar or Mista) + Cup of Soup
- (\$6)** | Classic Caesar- Chopped romaine, shredded parmesan, homemade croutons and Caesar dressing. Add chicken \$2
- (\$6)** | Mista Salad: Mixed greens, tomato, onion, cucumber, croutons, choice of dressing. Add Chicken \$2
- (\$4)** | Rotating Soups: Chicken and Vegetable, Creamy Potato and Bacon, Chicken and Sausage Gumbo, Classic Chicken Noodle, Hearty Vegetable, Cream of Corn, Cream of Spinach, Vegetable Orzo.
- (\$4)** | Grilled Cheese | add Bacon **\$5** | add Tomato **\$5** | add tomato and Bacon **\$6**
- (\$4)** | Mac n Cheese
- (\$4)** | PPJ Stack- 2 layers of creamy peanut butter and strawberry or grape jelly
- (\$7)** | Alfredo- Penne Pasta with Alfredo Sauce | add Chicken **\$9**
- (\$6)** | Pulled Pork Sandwich- Pulled pork, BBQ sauce, pickle
- (\$8)** | Pulled Pork Sandwich Combo with mac and cheese

Chelsea Dickens

Rustic Farm to Fork Owner

970.855.0047

P.O. Box 7082 Avon, CO. 81620

[www.rusticfarmtofork.com](http://www.rusticfarmtofork.com)