



## VAIL CHRISTIAN HIGH SCHOOL

Student/Faculty Retreat  
Young Life Frontier Ranch  
Buena Vista, CO / 719-395-4111

**MEET** in the VCHS Student Commons

Monday, August 26th promptly at **11:00 a.m.** Lunch will be provided.

**DEPART** from the VCHS parking lot:

**12:00 p.m.**

(Athletic workouts will be held the morning of August 26th)

**RETURN** to the VCHS parking lot:

Wednesday, August 28th between **12:00 p.m. & 12:30 p.m.**

(Coaches will give practice information directly to athletes.  
All other students may go home).

**ACTIVITIES:**

Icebreakers, numerous class competitions, swimming, Ropes Course and more!

Praise and worship and group sessions focusing on Vail Christian's  
theme for the 2019-2020 school year.

**WHAT TO BRING:**

Personal items (toiletries, etc.) modest swimsuit, jeans, sweatshirts, t-shirts, shorts, rain jacket, tennis or athletic shoes, hats, sunscreen, Bible, pen/pencil, paper, \$ for the snack bar, camp store, and Blizzards! **In addition, Hawaiian attire for a themed party!**

Please follow VCHS dress code standards.

**NOTE: Please bring one outfit that can get really dirty or ruined!**

**WHAT TO LEAVE AT HOME:**

In keeping with our school tradition of focusing on school unity, the following items should be left at home: computers, electronic games, iPods and any entertainment sources that will keep you from bonding with your friends and VCHS staff. Please do not bring items which are potentially dangerous such as knives or fireworks. The Parent/Student Handbook should be followed at all times in regards to alcohol, tobacco,

and drugs. **Also, Frontier Ranch provides bedding and towels – leave your sleeping bag at home.**