

# PLAN TO GET YOUR FLU SHOT

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## STOP THE SPREAD OF THE FLU AND COVID-19

YOU SHOULD GET THE FLU SHOT EVEN IF YOU'VE ALREADY HAD THE COVID-19 VACCINE. THE COVID-19 VACCINE DOESN'T PROTECT YOU FROM THE FLU. BEING PROTECTED FROM BOTH THE FLU AND COVID-19 LOWERS YOUR RISK OF SEVERE HEALTH COMPLICATIONS.



VIBRANT HEALTHCARE ALLIANCE WILL HOST COMMUNITY CLINICS OPEN TO EVERYONE IN NOVEMBER. STAY TUNED! DATES TO BE ANNOUNCED! FLU VACCINES CAN BE PROVIDED WHEN SEEING YOUR FAMILY HEALTH PROVIDER AT VIBRANT

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- ✓ Flu vaccination is free, recommended for everyone 6 months and older
  - ✓ Flu vaccine will be available at local pharmacies, at your doctors' offices and at Toronto Public Health's flu clinics (information is listed on back of this page, starting in November 2021, subject to vaccine availability)

### DO YOU NEED ANY ASSISTANCE TO LOCATE OR BOOK YOUR FLU OR COVID-19 VACCINE APPOINTMENT?

- ✓ For more information contact Vibrant Healthcare Alliance, Anne Crasto, Health Promoter at 416-486-8666 ext. 263 or email [annec@vibranthealthcare.ca](mailto:annec@vibranthealthcare.ca)

**Stay Healthy this Flu Season!** ● Get vaccinated against both the flu & COVID-19

- Stay home and away from others if you feel sick
- Wash your hands often
- When wearing a mask, make sure it covers your nose and mouth

# WHERE TO GET YOUR FLU VACCINE?



<http://www.tphbookings.ca/> to book an appointment for your flu vaccine at a Toronto Public Health Clinics Mass Immunization Clinic location:

Metro Toronto Convention Centre  
North Building at Front & John Street Entrance on Front Street by Second Cup  
255 Front Street West, Toronto ON M5V 2W6

Cloverdale Mall  
250 The East Mall, Toronto ON M9B 6J6

Mitchell Field Community Centre  
89 Church Avenue, Toronto ON M2N 6C9

Scarborough Town Centre  
300 Borough Drive, Scarborough ON M1P 4P5

Woodbine Mall  
500 Rexdale Boulevard, Toronto ON M9W 6K5

For more information call 416-338-7600 or visit [www.toronto.ca/health](http://www.toronto.ca/health)

**Sunnybrook Flu Vaccine Drive-thru Clinic** Sunnybrook Estates,  
Coach House parking lot, 2075 Bayview Avenue, Toronto ON M4B 3M5

**Saturday, November 6, 2021 at 10 am – 4 pm**

Flu vaccines will be given by appointment only. Schedule your flu vaccine online using the link: <https://sunnybrook.ca/content/?page=safht-flu-clinic>

**PHARMACIES:** Enquire at your local preferred pharmacy or use store locators below to book your flu shot appointment, walk ins are also accepted at select stores.

**Shoppers Drug Mart** Flu Shot Store locator

<https://www1.shoppersdrugmart.ca/en/health-and-pharmacy/pharmacy-services/flu-shot/finder>

**Rexall** Flu Shot Store locator <https://www.rexall.ca/appointment>

**NEED TO FIND A FAMILY HEALTH PROVIDER?** If you do not have a family health provider and would like to find one, call Health Care Connect at 1-800-445-1822 or go online [www.ontario.ca/healthcareoptions](http://www.ontario.ca/healthcareoptions)

2398 Yonge Street, Toronto, ON  
M4P 2H4

416-486-8666  
[www.vibranthealthcare.ca](http://www.vibranthealthcare.ca)

November 1, 2021