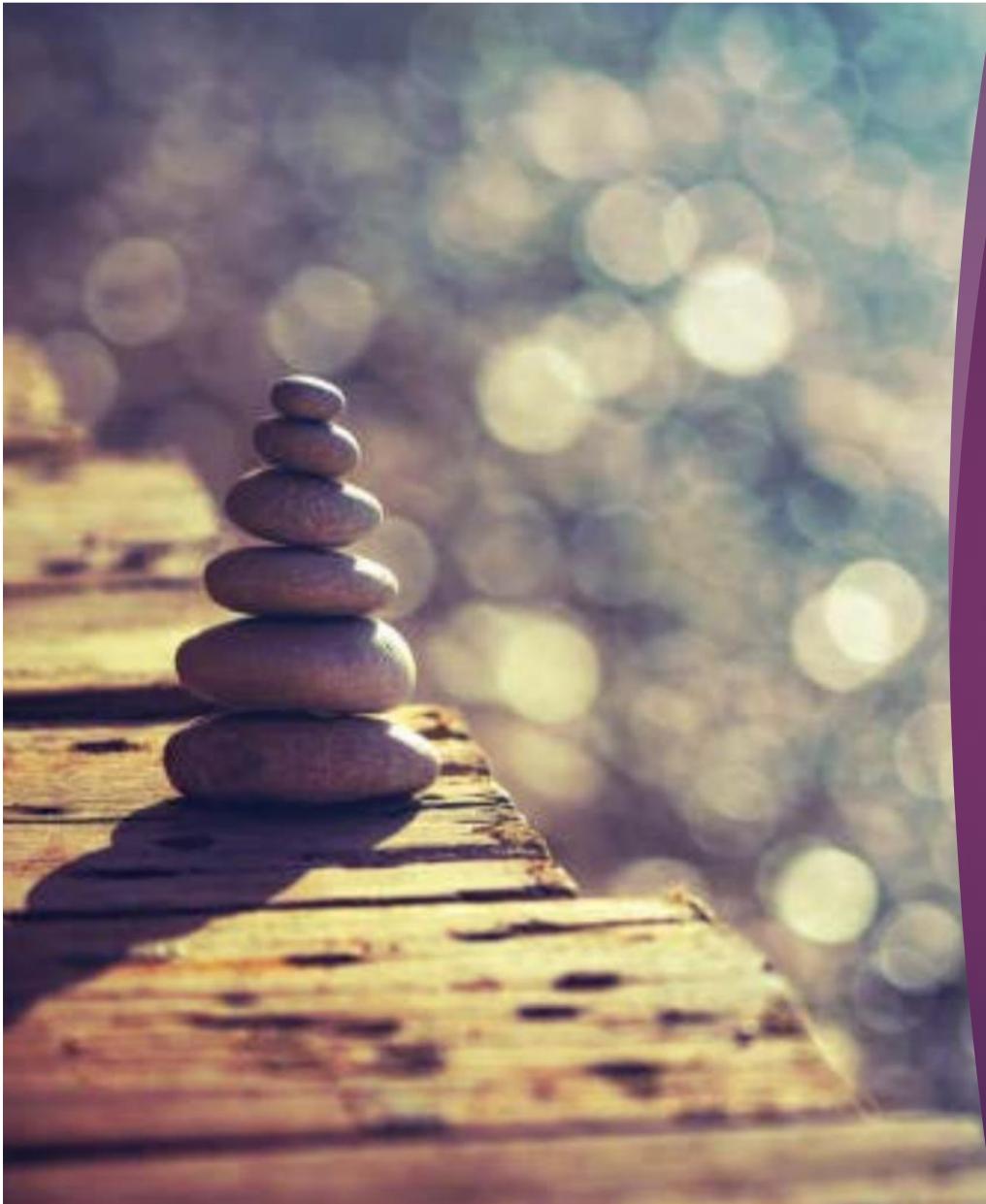


# **COVID-19 Update CPAC Meeting December 9, 2020**

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**SAN FRANCISCO DEPARTMENT OF PUBLIC HEALTH  
COVID COMMAND CENTER  
SCHOOLS-CHILDCARE HUB**



Moment of Mindfulness



What a difference a  
month makes...

Number of  
Cases/Deaths  
Friday,  
December 4,  
2020

Worldwide: 65,757,729 / 1,515,940

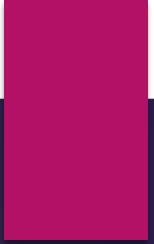
US: 14,336,748 / 278, 563

CA: 1,286,557 / 19,582

SF: 16,208 / 162

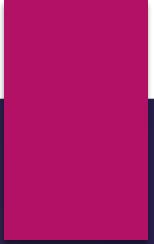
# SFDPH COVID-19 Health Indicators as of Dec 4, 2020

Category	Key Question	Indicator	Triggers to raise or lower level	Level 1 New Normal	Level 2 Low Alert	Level 3 Moderate Alert	Level 4 High Alert
Health Care System	Are there early signs of an increase in hospitalizations?	Rate of increase in total Covid+ hospitalizations	Increase or decrease to meet new threshold over a 7-day period	<10%	10-15%	15-20%	+34.5% >20%
	Do we have capacity to treat severe cases?	Acute care bed available capacity	Meet threshold for over 7 days	25.2% >15%	10-15%	5-10%	<5%
	Do we have capacity to treat severe cases?	ICU bed available capacity	Meet threshold for over 7 days	31.5% >20%	15-20%	10-15%	<10%
Disease Situation	Are there early indicators of an increase in Covid-19 disease	Number of new cases per day/100,000 population	Increase or decrease to meet new threshold over a 7-day period	<1.8	1.8-4.0	4.0-6.0	14.68 >6
	Are we testing enough to detect cases?	Tests per day	Meet threshold for over 7 days	7,273 >1,800	1,800-1,400	1,400-700	<700
Disease Control	Do we have robust case investigation?	90% of new cases reached	Meet threshold for over 7 days	>90%	87% 80-90%	65-80%	<65%
	Do we have robust contact tracing?	90% of named contacts reached	Meet threshold for over 7 days	>90%	84% 80-90%	65-80%	<65%
	Are we protecting health care workers?	Percent of essential PPE with greater than a 30-day supply	Increase or decrease to meet new threshold over a 7-day period	100% 100%	85-100%	60-85%	<60%



# Limited Stay at Home Order

ANNOUNCED NOV 29<sup>TH</sup>



# Regional Stay at Home Order

ANNOUNCED DEC 3RD



**San Francisco  
Department of Public Health**

**Guidance**

**Notice of Suspension or Restrictions of Indoor and Outdoor Activity**

**December 04, 2020**

San Francisco continues to experience a rapid and significant surge in COVID-19 cases with current projections to overload our hospitals and healthcare systems. In accordance with the State's recent limited stay at home order, San Francisco will comply and take action to stop the increase in cases. Accordingly, the Health Officer is suspending and restricting certain indoor and outdoor businesses and activities. Businesses must implement the rollbacks in business capacities and other activities required under the amendments to the Order by 10 p.m. on December 06, 2020. If the surge in cases continues, the Health Officer may further restrict or suspend other activities currently allowed under Health Officer Order C19-07.

**Important Note:** The Health Officer ordered suspensions or restrictions on capacity limits of the activities as shown in the table below. Suspended or restricted businesses may still engage in Minimum Basic Operations as defined in Health Officer Order C19-07. These suspensions or restrictions amend any related orders, directives, or guidance. All impacted people and entities are required to adhere to these new limits and must otherwise continue to monitor and comply with all applicable [Health Orders](#) and [Directives](#).

<b>Business Capacities and Activities Table</b>			
<b>Activity and Amended Order or Directive</b>	<b>Affected Groups</b>	<b>Indoor or Outdoor</b>	<b>Change as of effective date</b>
<b>Retail</b> Directive 2020-17	Retail Stores, Indoor Shopping Centers, Grocery Stores	Indoor	<b>RESTRICTED as of Sunday, December 06, 2020</b> <ol style="list-style-type: none"> <li>1. Implement Metering System to enforce Capacity Limits.</li> <li>2. Total Capacity Limits for all Retail <b>reduced to 20%</b></li> <li>3. Provide Special Hours for Older Adults and those with Health Risks.</li> <li>4. No Indoor Non-Essential Retail from 10pm-5am</li> </ol>
		Outdoor	<b>RESTRICTED as of Sunday, November 29, 2020</b> <ol style="list-style-type: none"> <li>1. No Outdoor Retail from 10pm-5am</li> </ol>
<b>Dining</b> Order C19-07 Appendix C-1 Directive 2020-16	Restaurants, Bars with food, Shopping malls with food, Hotels with Restaurants, Museums, Zoos and Aquariums with Restaurants, Gyms with food, Office Cafeterias	Indoor	<b>SUSPENDED as of Saturday, November 14, 2020</b> <ol style="list-style-type: none"> <li>1. No Indoor Dining allowed. Suspended until further notice.</li> <li>2. Take-out and delivery only</li> </ol>
		Outdoor	<b>SUSPENDED as of Sunday, December 06, 2020</b> <ol style="list-style-type: none"> <li>1. No Outdoor Dining allowed. Suspended until further notice.</li> <li>2. Take-out and delivery only</li> </ol>
<b>Gyms / Fitness Centers</b> Order C19-07 Appendix C-1 Directive 2020-27 Directive 2020-31	Gyms, Fitness Centers	Indoor	<b>SUSPENDED as of Sunday December 06, 2020</b> <ol style="list-style-type: none"> <li>1. No Indoor Gyms / Fitness Center allowed. Suspended until further notice.</li> </ol>
		Outdoor	<b>RESTRICTED as of Sunday, December 06, 2020</b> <ol style="list-style-type: none"> <li>1. Total Capacity Limit <b>reduced to 12 people</b></li> <li>2. No Outdoor Gym / Fitness Center from 10pm-5am</li> </ol>
<b>Personal Services</b> Directive 2020-30	Hair Salons, Barber Shops, Nail Salons, Massage, Estheticians, Skin Care, Cosmetology, Electrology, Tattooing, Piercing, Microblading	Indoor	<b>SUSPENDED as of Sunday, December 06, 2020</b> <ol style="list-style-type: none"> <li>1. No Indoor Personal Services allowed. Suspended until further notice.</li> </ol>
		Outdoor	<b>SUSPENDED as of Sunday, December 06, 2020</b> <ol style="list-style-type: none"> <li>1. No Outdoor Personal Services allowed. Suspended until further notice.</li> </ol>
<b>Movie Theaters</b> Order C19-07 Appendix C-1 Directive 2020-35	Movie Theaters	Indoor	<b>SUSPENDED as of Sunday, November 29, 2020</b> <ol style="list-style-type: none"> <li>1. No Indoor Movie Theaters allowed. Suspended until further notice.</li> </ol>



**San Francisco  
Department of Public Health**

**Guidance**

<b>Museums, Aquariums, and Zoos</b> Directive 2020-32	Museums, Aquariums, and Zoos	Indoor	<b>SUSPENDED as of Sunday, November 29, 2020</b> <ol style="list-style-type: none"> <li>1. No Indoor Museums, Aquariums, and Zoos. Suspended until further notice.</li> </ol>
<b>Hotels and Lodging Facilities</b> Directive 2020-29	Hotels, Lodging Facilities	Indoor	<b>RESTRICTED as of Sunday, December 06, 2020</b> <ol style="list-style-type: none"> <li>1. No Non-Essential Visitors from Out of State unless the visitor quarantines for beginning of the stay.</li> </ol>
<b>Office Facilities</b> Directive 2020-18	Nonessential offices	Indoor	<b>RESTRICTED as of Tuesday, November 17, 2020</b> <ol style="list-style-type: none"> <li>1. Nonessential offices restricted until further notice.</li> </ol>
<b>Religious and Cultural Ceremonies</b> Directive 2020-34	Places of Worship	Indoor	<b>RESTRICTED as of Sunday, December 06, 2020</b> <ol style="list-style-type: none"> <li>1. No Indoor Religious and Cultural Ceremonies. Suspended until further notice. Only Exception is Indoor Individual Prayer.</li> <li>2. No Indoor Individual Prayer from 10pm-5am</li> </ol>
		Outdoor	<b>1. See Gatherings (Religious Activities and Political Protests)</b>
<b>Playgrounds and Family Entertainment Centers</b> Directive 2020-36 Appendix C-1	Outdoor Playgrounds, Outdoor Skate parks, Outdoor Roller and Ice rinks, Outdoor Batting Cages, Outdoor Mini-Golf	Outdoor	<b>SUSPENDED as of Sunday, December 06, 2020</b> <ol style="list-style-type: none"> <li>1. No Playgrounds and Family Entertainment Centers. Suspended until further notice.</li> </ol>
<b>Outdoor Recreation, including Tennis, Pickleball, Golf and Swimming Pools</b> Order No. C19-07 Appendix C-2 Directive 2020-15	Athletic Activities including Tennis, Pickleball, Golf, Swimming Pools	Outdoor	<b>RESTRICTED as of Sunday, December 06, 2020</b> <ol style="list-style-type: none"> <li>1. Total Capacity Limits: Golf, Tennis and Pickleball with only members of the same Household</li> <li>2. Total Capacity Limits: up to 2 swimmers from different households per 300 Sq Ft of Shared Outdoor Swimming Pool Space.</li> <li>3. No Outdoor Recreation from 10pm-5am unless alone or with members of the same Household.</li> </ol>
<b>Gatherings (Drive-In)</b> Order No. C19-07 Appendix C-2		Outdoor	<b>RESTRICTED as of Sunday, December 06, 2020</b> <ol style="list-style-type: none"> <li>1. No Gatherings (Drive-In) allowed. Suspended until further notice.</li> </ol>
<b>Gatherings (Religious Activities and Political Protests)</b> Order No. C19-07 Appendix C-2	Religious Activities, Political Protests	Outdoor	<b>RESTRICTED as of Sunday, November 29, 2020</b> <ol style="list-style-type: none"> <li>1. Total Capacity Limit of up to 200 people</li> <li>2. No Outdoor Special Gatherings from 10pm-5am</li> </ol>
<b>Gatherings (Meal)</b> Order No. C19-07 Appendix C-2		Outdoor	<b>RESTRICTED as of Sunday, December 06, 2020</b> <ol style="list-style-type: none"> <li>1. Outdoor Meal Gatherings with only members of the same Household (maximum 6 people if away from the home)</li> <li>2. No Outdoor Meal Gatherings from 10pm-5am</li> </ol>
<b>Gatherings (Small Outdoor)</b> Order No. C19-07 Appendix C-2		Outdoor	<b>RESTRICTED as of Sunday, December 06, 2020</b> <ol style="list-style-type: none"> <li>1. Total Capacity Limit with only members of the same Household, no eating or drinking (maximum 12 people if away from the home)</li> <li>2. No Small Outdoor Gatherings from 10pm-5am</li> </ol>

**Sfcdcp.org**

# New! Definition of Close Contact

- ▶ **In Early Care and Education, all of the children and staff in the same cohort or pod as a person with COVID-19 are considered close contacts**

Additionally, the SFDPH has adopted the CDC's updated definition of "close contact" ([CDC](#)) for exposure to COVID-19:

- ▶ A close contact is "**someone who was within 6 feet of an infected person for a cumulative total of 15 minutes or more over a 24-hour period starting from 2 days before illness onset (or, for asymptomatic patients, 2 days prior to test specimen collection) until the time the patient is isolated.**"

# Updated

# When someone has suspected or confirmed COVID-19: Quick Guide for Schools, Childcares, and Programs for Children and Youth



San Francisco  
Department of Public Health

Guida

## When someone has suspected or confirmed COVID-19: Quick Guide for Schools, Childcares, and Programs for Children and Youth

November 29, 2020

This guidance was developed by the San Francisco Department of Public Health (SFPDH) for local use. It will be posted at <http://www.sfcdp.org/CovidSchoolsChildcare>.

### Summary of Changes from the 10/16/2020 Version

- “Close contact” definition updated to be a total of 15 minutes or more in a 24 hour period
- All children and staff under 18 in a pod/cohort are considered close contacts.
- Sample templates of advisory letters are now separate documents. Links to templates added to grid.

### Steps to take for COVID-19 symptoms, close contact or confirmed COVID-19

Scenario	Action	Communication
1 Child or staff has symptoms of COVID-19	Send home. Request COVID-19 test. For children with symptoms, send family <a href="#">“Parent Handout: COVID-19 Health Checks/If your child is sick”</a>  Cohort remains OPEN.	None needed.
2 Child or staff had close contact with someone with confirmed COVID-19.	Send home with <a href="#">instructions to quarantine</a> for 14 days after the last exposure. Request testing for child or staff (will not shorten quarantine)  Cohort remains OPEN.	Optional: <a href="#">Notification letter</a> to staff and families of children at the school or program.
3 Child or staff has confirmed COVID-19 infection	Notify the SFPDH Schools/Childcare Hub at <a href="#">(628) 217-7499</a> or <a href="mailto:Schoolschildcaresites@sfph.org">Schoolschildcaresites@sfph.org</a> Send home with <a href="#">instructions to isolate</a> at home for at least 10 days after symptoms started. Identify close contacts, likely including the entire cohort of the person with COVID-19. Send close contacts home to quarantine for 14 days after the last date the person with COVID-19 was at the school/program. Request testing for close contacts (will not shorten quarantine). Clean and disinfect spaces where the person with COVID-19 spent significant time.  Cohort CLOSED for 14 days after last exposure. Non-exposed cohorts remain open.	Staff and children identified as close contacts: <ul style="list-style-type: none"><li>• Inform staff and families of children who are close contact in person or by phone.</li><li>• <a href="#">Quarantine instructions</a></li><li>• <a href="#">Close Contact Advisory - Children under 18</a> or <a href="#">Close Contact Advisory - Adults</a>.</li></ul> All other staff and families: <ul style="list-style-type: none"><li>• <a href="#">General Exposure Advisory - Children Under 18</a> or <a href="#">General Exposure Advisory - Adults</a>.</li></ul>

# New! Advisory Letters

[sfcdcp.org](http://sfcdcp.org)

- ▶ Advisory Letters are now separate documents, published on the website
- ▶ Sample templates for schools, childcares, and programs for children and youth:
  - ▶ Close Contact Advisory for Children and Youth under 18
  - ▶ Close Contact Advisory for Adult
  - ▶ General Exposure Advisory for Children and Youth Under 18
  - ▶ SFDPH General Exposure Advisory for staff
  - ▶ Notification of a Person in Quarantine (General Advisory)

# Ventilation and Portable Air Cleaners



## San Francisco Department of Public Health

### Interim Guidance: Ventilation During the COVID-19 Pandemic UPDATED October 20, 2020

The following guidance was developed by the San Francisco Department of Public Health for use by local facilities, and will be posted at [www.sfcdp.org/COVID-Ventilation](http://www.sfcdp.org/COVID-Ventilation). This interim guidance may change as knowledge, community transmission, and availability of PPE and testing change.

**AUDIENCE:** Non-healthcare organizations (including businesses, companies, offices, schools, faith-based and similar organizations). Healthcare personnel and first responders need to check with their infection control and safety & health groups for guidance as there are specific hazards or hazardous activities which ventilation systems are set to control. Additional information for healthcare organizations can be found at [www.sfcdp.org/covid19hcp](http://www.sfcdp.org/covid19hcp) under Health Care Exposures.

**Please Note:** The ventilation intervention considerations listed below come with a range of initial costs and operating costs which, along with risk assessment parameters such as community incidence rates, facemask compliance and number of occupants in a space, may affect decisions about which interventions to implement. The guidance provided is general in nature and may not be applicable to your specific building or activity. **Always consult** with building engineering or maintenance staff prior to making changes to a mechanical ventilation system. For healthcare organizations, always consult with your (a) infection prevention and control and (b) health and safety support. Be aware that some of the changes may result in increased energy bills or increased wear on ventilation system components.

## Guidance



## San Francisco Department of Public Health

### FAQs: Portable Air Cleaners

As of November 13, 2020

The following FAQs was developed by the San Francisco Department of Public Health for use by local facilities, and will be posted at [www.sfcdp.org/COVID-Ventilation](http://www.sfcdp.org/COVID-Ventilation). These FAQS may change as knowledge, community transmission, and availability of PPE and testing change.

**AUDIENCE:** Non-healthcare organizations (including businesses, companies, offices, schools, faith-based and similar organizations) and the general public. Healthcare personnel and first responders need to check with their infection control and safety & health groups for guidance as there are specific hazards or hazardous activities which ventilation systems are set to control. Additional information for healthcare organizations can be found at [www.sfcdp.org/covid19hcp](http://www.sfcdp.org/covid19hcp) under Health Care Exposures.

### Table of Contents

1. When should I consider using a portable air cleaner (PAC)? ..... 2
2. Is an air purifier the same thing as a portable air cleaner PAC? What about a HEPA filter? ..... 2
3. What about California Air Resources Board (CARB) approval? ..... 2
4. How do I know what size of PAC to purchase for my business? ..... 2
5. What is an Air Change per Hour (ACH) and what are they used for? ..... 4
6. Do I need a PAC for each room or is one enough? ..... 5
7. How and where should I place my PACs? ..... 5
8. How long should I run my PAC? ..... 5
9. What about PACs with ultraviolet lights, ion generators, or free radical generators? ..... 5
10. What about noise levels and PACs? ..... 5
11. Do PACs work with my windows open? ..... 5
12. What are some other considerations for selecting a PAC? ..... 6
13. Resources ..... 6

## Frequently Asked Questions

# New!

# Placard template required for Childcare and Out of School Time Programs



**Good ventilation is  
important to prevent  
COVID-19 transmission.**

Una buena ventilación es muy  
importante para prevenir la transmisión de COVID-19.

良好的通風系統對於防止新型冠狀病毒的傳播極為重要。

Ang mabuting bentilasyon ay mahalaga upang  
maiwasan ang pagkahawa sa COVID-19.

**This facility uses the following type(s) of ventilation (check all that apply):**

Esta instalación utiliza el siguiente(s) tipo(s) de ventilación (marque todos que correspondan):

本設施使用以下類型的通風設備 (請勾選所有使用的通風設備):

Ang pasilidad na ito ay gumagamit ng sumusunod na (mga) klase ng  
bentilasyon (laiyan ng tsek ang kasing dami na naangkop):

**All available windows and doors accessible  
to fresh outdoor air are kept open**

Todas las ventanas y puertas accesibles al aire fresco se mantienen abiertas  
所有可用並與室外空氣對流的門窗均維持開啟狀態  
Lahat ng magagamit na mga bintana at pintuan na may aksesu  
sa sariwang hangin ay pinanatiling bukas

**Fully operational HVAC systems**

Sistemas HVAC que operan en buen estado / 可全面操作運行的暖通空調系統  
Lubos na napapatakbo ang mga HVAC na sistema

**Appropriately sized portable air cleaners in each room**

Limpiaores de aire portátiles de tamaño adecuado en cada habitación  
每個房間放置適當大小的便攜式空氣清新機  
Tamang laki na mga portable na panglinis ng hangin sa bawat kuwarto

**None of the above** Ninguno de los anteriores / 沒有以上所列 / Wala sa itaas

Explain / Explicar / 請另說明 / Ipaliwanag

Name of facility / Nombre de la instalación / 設施名稱 / Pangalan ng pasilidad

Print name of the person completing this sign / Imprima el nombre de la persona que  
completa este signo / 請以正楷列出自稱寫此告示牌人員的姓名 /  
Ilimbag ang pangalan ng tao na kumukumpleto ng karatulang ito

Date / Fecha / 日期 / Petsa

**Call 311 to report businesses that do not adhere to these requirements.**  
Llame al 311 para reportar negocios que no cumplen con las reglas. / 如有任何商店違反以上要求, 請報警 311 備報。  
Tumawag sa 311 upang ihipat ang mga negosyo na hindi sumusumod sa mga kinakailangan na ito.

Note that this sign satisfies all signage requirements in San Francisco's Social Distancing Protocol for businesses.



# Travel

**Travel:** given the current surge, everyone is strongly encouraged not to travel, especially for recreational or non-essential purposes, and anyone who travels is strongly encouraged to quarantine on return to or arrival in the county. All individuals are required to comply with any travel-related orders—including any requirements for mandatory quarantine and isolation—that are issued by the state of California or the San Francisco Department of Public Health.

# Below are some tips to make the process of handling a confirmed or suspect case as efficient as possible.

1. See the *Quick Guide* for what to do when you have a suspected or confirmed COVID case: <https://www.sfdph.org/dph/files/ig/COVID-19-QuickGuide-Suspected-Confirmed-COVID-Schools-Childcares-Programs.pdf>

4. Report the case to the School/Childcare Team at [schools-childcaresites@sfdph.org](mailto:schools-childcaresites@sfdph.org) or (628) 217-7499. An on-call public health professional will get back to you as soon as possible.

2. For any **confirmed cases**, please utilize the *Exposure and Investigation tool* to collect the important details about the case BEFORE contacting the School/Childcare Team. See tool here: <https://www.sfdph.org/dph/files/ig/exposure-investigation-tool.pdf>

5. After consulting with the School/Childcare Team, you may be asked to identify close contacts that were exposed at the site. When conducting interviews with possible close contacts, and informing them that they may have been exposed to COVID 19, **do not disclose the identity of the person with COVID-19**, as required by law.

3. If possible, obtain a copy of the lab report and attach to *Exposure and Investigation tool*. If the school does not have the test results yet, please note the test results are pending.

6. If close contacts are identified, please provide details on a linelist (see attached template) and email securely to [schools-childcaresites@sfdph.org](mailto:schools-childcaresites@sfdph.org) **within 24 hours**. Please put SECURE: in the subject line of the email.

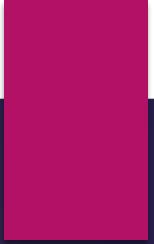
# Flu Prevention

<https://sfhss.org/well-being/flu-prevention>

- ▶ According to the **CDC**, flu and COVID-19 are both contagious respiratory illnesses, but COVID-19 is caused by SARS-CoV-2 and flu is caused by influenza viruses. Symptoms, length of infection, and recovery are similar for each virus and it is possible to contract both—which could be deadly
- ▶ **CDPH** recommends the flu vaccination for everyone six months of age and older
- ▶ **CDPH** is urging Californians to get vaccinated against the flu now to protect yourself and your loved ones. Flu vaccination is part of a public health strategy to reduce the burden of flu, but also to preserve health care resources for patients with COVID-19
- ▶ Flu shots are available at provider offices, clinics, and pharmacies. **Check first with your doctor's office or primary care clinic**, if you do not have a health care provider or your doctor's office does not administer vaccines, use the Health Map Vaccine Finder to find a location

# Get tested in SF

- ▶ **Contact your insurance or health system to get testing. Call your healthcare provider directly if you don't see them on this list:**
  - ◀ Carbon Health: 415-792-6040
  - ◀ Dignity Health GoHealth Urgent Care: 650-448-1455
  - ◀ Kaiser Permanente: 800-454-8855
  - ◀ North East Medical Services (NEMS): 415-391-9686
  - ◀ One Medical: 415-593-1134
  - ◀ UCSF: 415-514-7328
- ▶ **If you DO NOT have health insurance, to schedule a test at one of the following SF Health Network sites, call 415-682-1740 – calls are answered 24 hours a day in most languages.**
  - ◀ Castro Mission Testing Site 3850 17th St.
  - ◀ Maxine Hall Testing Site 1181 Golden Gate Ave.
  - ◀ Southeast Health Center Testing Site 2401 Keith St.
  - ◀ ZSFG Testing Site 1001 Potrero Ave.
  - ◀ Mission Neighborhood Health Center Shotwell Parking Lot 240 Shotwell St. | 415-552-3870
  - ◀ Or visit gov/citytestsf to get screened and schedule a drive-through or walk-through test at CityTestSF



# A little about vaccines

HOPE IN 2021



A large, colorful word cloud centered on the words "Thank You" in multiple languages. The words are arranged in a radial pattern around the center, with "Thank You" in red at the top and "Obrigado" in orange at the bottom. Other prominent words include "Merci" (red), "Grazie" (orange), "Spasibo" (green), "Asante" (orange), "Kia Ora" (pink), "Matondo" (blue), "Kiitos" (blue), "Obrigado" (orange), "Multumesc" (blue), "Dank Je" (blue), "Juspaxar" (pink), "Mamana" (green), and "Velain" (pink). Each word is surrounded by smaller, semi-transparent versions of the same word in various colors, creating a dense, multilingual pattern. The background is white, and the entire graphic is enclosed in a thin black border.



San Francisco Department of Public Health  
COVID Command Center  
Schools-Childcare Hub

Email: [Schools-childcaresites@sfph.org](mailto:Schools-childcaresites@sfph.org)

NEW PHONE NUMBER: (628) 217-7499