

# Helpline House Food Kits for the Holidays

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As it is for everyone, this holiday season at Helpline House will look very different. As curbside distribution of prepacked bags of food continues and will continue through the holidays, we are asking our wonderful community to gather "Holiday Kits" for our clients.

A Holiday Kit contains non-perishable ingredients for a recipe or themed items all in one bag.

## INSTRUCTIONS

- All items must fit in one bag – a medium sized clear bag is ideal, and we can provide them if needed.
- All ingredients in the bag must be shelf stable, non-perishable items.
- All ingredients in the bag must not be expired.
- All ingredients in the bag must be commercially packed. For example, flour cannot be measured out in a sandwich bag.

Just some examples to get you thinking...

- Pumpkin Pie – Just add eggs
  - Copy of recipe
  - Canned pumpkin
  - Condensed milk
  - Pumpkin pie spice
  - Unbaked pie crust
- Green Bean Casserole
  - Copy of recipe
  - 2 cans cut green beans
  - Condensed cream of mushroom
  - Can French fried onions
- Stuffing Basics – Just add butter, onions & celery
  - Bag of dried bread cubes
  - 2 cans chicken broth
- Coffee & Tea
  - Gourmet Coffee
  - Specialty Tea
- Holiday Spices
  - Rosemary
  - Oregano
  - Thyme
  - Cinnamon
  - Nutmeg
- Condiments
  - Salad dressing
  - Cranberry Sauce
  - Gravy Mix
  - Fancy Jams/Jellies
- Holiday Essentials
  - Broths (chicken or veggie)
  - Cooking Oils
- Baking Basics
  - Baking Soda
  - Baking Powder
  - Vanilla
  - Chocolate Chips
  - Sugar (white or brown)
- Appetizers
  - Nuts
  - Olives
  - Crackers
  - Pickles
  - Salami, shelf stable
  - Cheese, shelf stable

Donations can be dropped off  
Monday, Tuesday, Thursday or Friday,  
from 9am – 11am

**Thank you and Happy Holidays!!!**

