

Take advantage of this Exclusive Limited Time Offer for Sterling Ranch Residents!!

Sign-up as a member during November or December, and you'll receive your Unlimited Monthly Membership for only \$99!! (Valued at \$149). In addition, you can add on any family member for only \$15 per person.

That means your family of 4 can workout with us for less than our single Unlimited Monthly Membership. Let us break that down for you.

- Single = only \$99 per month
- A couple = only \$114 per month
- Family of 3 = only \$129 per month
- Family of 4 = only \$144 per month
- Family of 5 = only \$159 per month

Our single Unlimited Monthly Membership valued at \$149 is a great deal! (*Minimum age of 12 and an immediate family member)

All ages and fitness levels are welcome in our studio. We have student-athletes as young as 13 years old as well as adults in their 70s able to train with us.

You might be asking yourself; What is Eat the Frog Fitness??

It's only the best-kept secret in Highlands Ranch. We specialize in Personalized Group Training which guarantees you a result in 8 WEEKS. We utilize the science of your body combined with high technology, elite coaches, personalized attention, and a high-energy, but the low-impact environment that will help you reach your fitness goals. Our strength, cardio, and agility sessions run 24 hours a day, ensuring flexibility and convenience. We are a judgment-free zone with an amazing community that feels like family.